

Affiliated to Pondicherry Central University, Recognized by Dental Council of India Chalakkara, P.O. Pallor, Mahe-673 310
U.T. of Puducherry. Ph: 0490 2337765

5.3.3 - Number of sports and cultural activities/competitions organised by the Institution during the year

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### MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL Affiliated to Pondicherry Central University, Recognized by Dental Council of India Chalakkara, P.O. Pallor, Mahe-673 310

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#### CERTIFICATE OF THE HEAD OF INSTITUTION



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Dr.ANIL MELATH, MDS.,

**PRINCIPAL** 

#### **TO WHOMSOEVER IT MAY CONCERN**

This is to certify, the number of sports and cultural activities/competitions organised by the Institution during the year

Year	2022-23
Total Number of sports and cultural	13
activities/competitions	13
organised by the	
Institution during the year	

**PRINCIPAL** 



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**DULY CERTIFIED E-COPIES OF AWARDS** 



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# VOLLEY BALL COMPETITION



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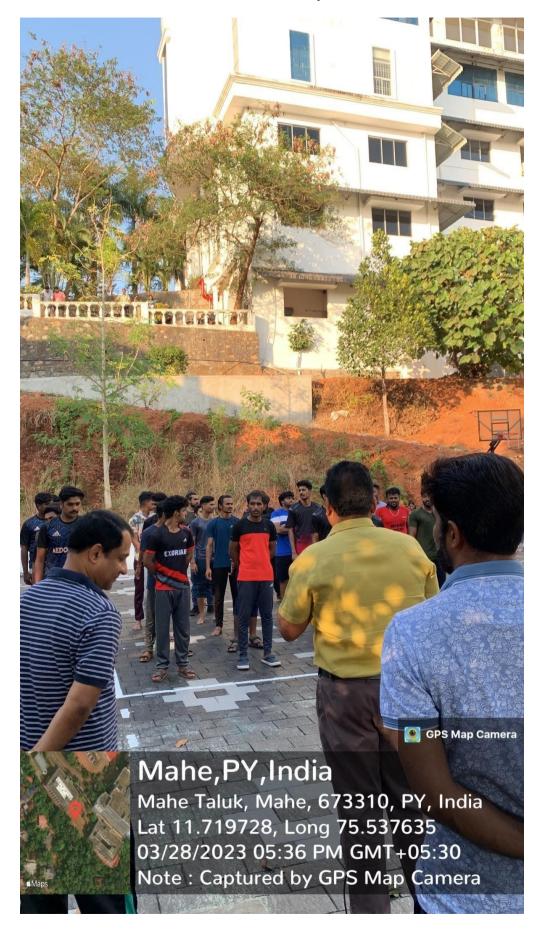
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#### MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL ANNUAL VOLLEYBALL TOURNAMENT

#### RESULTS

First Prize: INTERNS

**Second prize:** PG'S

Third prize: SECOND YEARS

Congratulations winners



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Post-Event Report: Volleyball Competition at Mahe Institute of Dental Sciences and Hospitals

The Volleyball Competition held at Mahe Institute of Dental Sciences and Hospitals was a thrilling and well-attended event aimed at fostering teamwork, sportsmanship, and a healthy competitive spirit among participants. Conducted in the institute's sports facility on 28-03-2023, the competition drew enthusiastic participation from both students and faculty.

With [Number of Teams] teams participating, the event showcased intense matches and impressive displays of volleyball skills. Players exhibited exceptional athleticism, strategic gameplay, and excellent teamwork throughout the competition.

The matches were fiercely contested yet carried out in a spirit of fair play, creating an engaging and supportive atmosphere. Spectators witnessed gripping rallies and remarkable teamwork that underscored the dedication and talent of the participants.

The final rounds were particularly exhilarating, showcasing the highest levels of skill and determination. The audience was treated to thrilling performances, culminating in an atmosphere charged with excitement.

The success of the Volleyball Competition was made possible by the collaborative efforts of the organizing committee, volunteers, and the enthusiastic participation of the teams. Such events promote physical fitness, team building, and a sense of unity within the institute.

We extend our heartfelt appreciation to everyone involved and eagerly anticipate future events that will continue to promote sportsmanship and a healthy, active lifestyle among the members of our institution.



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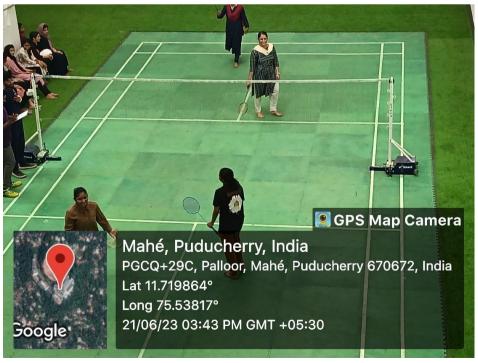
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### **BADMINTON**



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Post-Event Report: Badminton at Mahe Institute of Dental Sciences and Hospitals

Badminton Competition at Mahe Institute of Dental Sciences was a resounding success. Held at our sports facility on 21-06-2023, it attracted enthusiastic participation from students and faculty, showcasing remarkable skill and sportsmanship. With fervent matches across singles and doubles categories, the event fostered a spirited atmosphere of healthy competition. Players demonstrated exceptional agility and determination, culminating in thrilling final rounds. The event's success was a testament to the collaborative efforts of the organizing committee, volunteers, and participants. Such events promote fitness and camaraderie within our institution. We extend gratitude to all involved and eagerly anticipate future tournaments to continue nurturing sportsmanship and athleticism.



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### **BASKET BALL**



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Post-Event Report: Basket Ball at Mahe Institute of Dental Sciences and Hospitals

The recent Basketball Competition at Mahe Institute of Dental Sciences and Hospitals was an enthralling exhibition of skill and team spirit. Held on 6-07-2023, the event saw active participation from both students and faculty members, showcasing their basketball prowess and passion for the sport.

With an impressive lineup of teams, the competition featured highenergy matches filled with strategic and impressive displays of athleticism. The players exhibited commendable teamwork and determination, captivating the audience with their spirited performances.

Throughout the tournament, the atmosphere was charged with excitement and sportsmanship, fostering an environment of healthy rivalry and mutual respect. Spectators were treated to thrilling basketball action, witnessing remarkable plays that highlighted the participants' dedication and abilities.

The finals were a culmination of intense competition, where teams showcased their utmost skill and commitment. The audience was kept on the edge of their seats as the finalists engaged in an exhilarating showdown.

The success of the Basketball Competition was made possible by the collective efforts of the organizing committee, volunteers, and the enthusiastic participation of the teams. Such events promote fitness, teamwork, and unity within our institution.

We extend our sincere appreciation to all involved and eagerly anticipate future events to further cultivate sportsmanship and enthusiasm for basketball among the members of our institute.



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### **THROW BALL**



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Post-Event Report: Throw Ball at Mahe Institute of Dental Sciences and Hospitals

The Throwball Competition at Mahe Institute of Dental Sciences was a dynamic showcase of skill and teamwork. Held on19-05-2023, it attracted spirited participation from students and faculty, displaying exceptional athleticism and enthusiasm for the sport. The event featured engaging matches where teams demonstrated remarkable coordination and strategy. The competition fostered a vibrant atmosphere of sportsmanship and camaraderie among participants and spectators alike. With fervent rallies and impressive teamwork, the event culminated in a thrilling finale. The success of this competition was a result of dedicated teamwork among the organizing committee, volunteers, and passionate participants. Such events promote fitness and solidarity within our institution, paving the way for more inclusive and spirited sporting events in the future.



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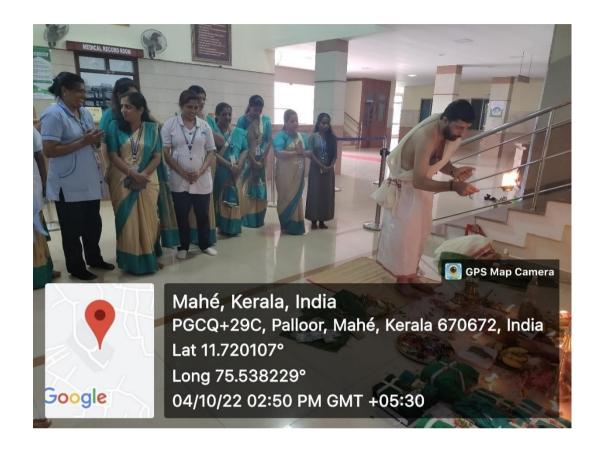


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#### NAVAMI POOJA



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#### NAVAMI POOJA

#### POST EVENT REPORT

Date: 04/10/2022

The Navami Pooja celebration in our college was a spiritually enriching event, where students actively participated in the rituals and traditions. The campus was adorned with festive decorations, and the pooja ceremony was conducted with reverence and devotion. It was a harmonious blend of tradition and festivity, fostering a sense of cultural pride among the college community.



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#### **PONGAL CELEBRATION**



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#### PONGAL CELEBRATION

#### POST EVENT REPORT

Date: 17/01/2023

The Pongal celebration in our college was a festive extravaganza that brought together students in a joyous spirit. The campus was adorned with vibrant decorations, depicting the essence of the harvest festival. Traditional Pongal dishes were prepared, and students actively participated in the cooking process. Cultural programs, including folk dances and music performances, added a lively touch to the celebration. The Pongal pot competition showcased students' creativity in crafting colourful and innovative pots. Overall, the event successfully captured the cultural richness of Pongal, fostering a sense of community and unity among the college students.



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#### **VALENTINES DAY CELEBRATION**



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#### **VALENTINES DAY**

#### POST EVENT REPORT

Date: 14/02/2023

The Valentine's Day celebration in our college was a heartwarming event that embraced love and camaraderie. The campus radiated with romantic decorations, setting a festive atmosphere. Various activities, such as cardmaking and poetry recitations, allowed students to express their sentiments creatively. The event was inclusive, acknowledging different forms of relationships and friendships. While promoting a positive atmosphere, it also emphasized the importance of respect and understanding. Overall, the Valentine's Day celebration in our college was a delightful occasion that brought students together in the spirit of love and friendship.



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# INTERNS ORIENTATION DAY PROGRAMME



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of, No: MINDS.P.O/11022023/2

Date: 11.02.2023

#### CIRCULAR

This is to inform that ORIENTATION PROGRAMME for 'Intern Batch - 2018' will be conducted on following days.

Sl No	Resource person	Date	Venue	Time
1	Dr. Anil Melath	13.02.2023	L-Hall II	10 - 11 am
2	Dr. George Thomas	14.02.2023	L-Hall II	9 - 10 am
3	Dr. Raj A C	15.02.2023	L-Hall II	9 – 10 am

DR. ANIL. M Dr. Anil Melath, Principal Principal Make Institute of Dental Sciences & Hospital MAHE

#### Copy to:

- 1. Chairman
- Vice Principal
   Admin Manager
- 4. All depts.
- 5. NEST Minds
- 6. IQAC



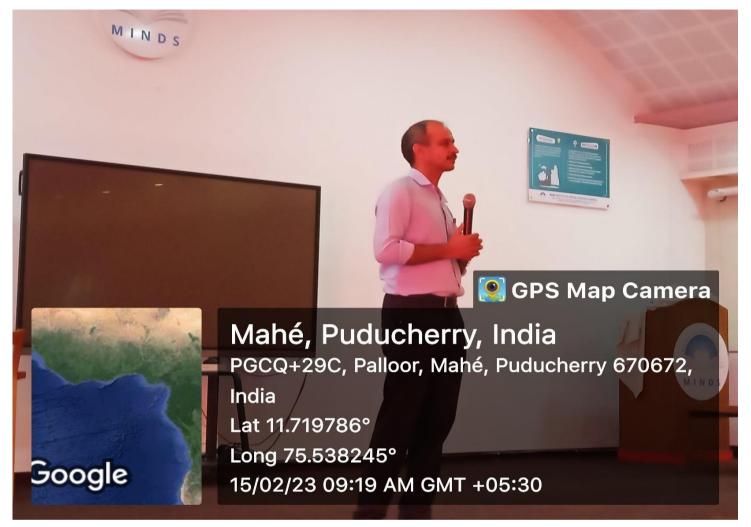
: 0490 2337406, 2336190, 2336191, 8301046544

principal@mahedentalcollege.org | administration@mahedentalcollege.org

www.mahedentalcollege.org



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#### POST EVENT REPORT

Date: 15/02/2023

The Interns' Orientation Day in our college was a constructive and informative event that laid the foundation for a successful internship program. The day commenced with an overview of the internship curriculum and expectations, ensuring clarity for the aspiring dental professionals. Expert presentations covered various aspects of clinical practice, ethical considerations, and patient care protocols.

Interactions with experienced practitioners and facilitated valuable networking opportunities. The orientation successfully created a positive and supportive environment, setting the stage for a successful and enriching internship experience.

Overall, the orientation day was a well-rounded introduction, preparing interns for a rewarding and productive experience in their upcoming roles.



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#### **DENTIST DAY**



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Ref. No: MINDS.P.O/04032023/1

Date: 04.03.2023

#### Circular

This is to inform that Students Council is scheduled to conduct "National Dentist Day" Program on 06.03.2023(Monday).

All teaching staffs and third year students are informed to attend the program without fail.

Venue: Navathara Auditorium

Time: 2pm to 3pm

COPY TO:

1.Chairman

2. CEO

3. Vice Principal

4. Administrative Manager

5.All HOD'S

6.IQAC

DR ANIL. M Dr.AnilMelath PRINCIPAL

Principal Mahe Institute of Dental Sciences & Hosp.... MAHE MAHE



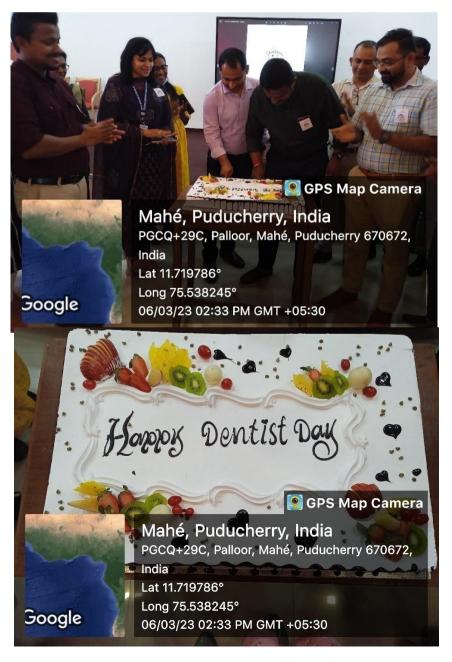
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: principal@mahedentalcollege.org | administration@mahedentalcollege.org



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#### **DENTIST DAY**

#### **POST EVENT REPORT**

Date: 06/03/2023

The Dentist Day celebration in our college was a momentous occasion that celebrated the dedication and contributions of dental professionals. The day commenced with an inaugural ceremony, including inspiring speeches from our esteemed faculties.

Dentist Day in our dental college was not only a day of acknowledgment but also a platform for learning, collaboration, and appreciation for the noble profession of dentistry.



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# **WOMENS DAY**



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Ref. No: MINDS.P.O/07.03.23/01

Date: 07.03.2023

#### CIRCULAR

This is to inform that Committee for women empowerment is conducting a Work Shop on "Empowering Women" as a part of international Women's day Celebration.

Chief Guest:-Mrs.Sreeja M Nambiar, Principal, PRMKHSS, Kolavalloor

All 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> year BDS students are requested to attend the programme without fail.

Venue:-MINDS Convention Centre.

Time:-10.00A M

#### COPY TO :

- 1.Chairman
- 2. CEO
- 3. Vice Principal
- 4. Administrative Manager
- 5.All HOD'S

Dr.Anil Melath PRINCIPAL

Principal
Mahe Institute of Dental Sciences & Hospilal
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# WOMEN'S DAY POST EVENT REPORT

Date: 08/03/2023

The Women's Day celebration in our college was a triumphant acknowledgment of the achievements and contributions of women. The day commenced with an inspiring keynote address from a distinguished guest speaker, emphasizing the importance of gender equality and empowering women.

The event also showcased the talents of female students through various cultural performances, highlighting their creativity and resilience. A recognition ceremony honored outstanding women in academics, sports, and community service, reinforcing the commitment to fostering an inclusive environment.

Overall, the Women's Day celebration in our college was a meaningful and empowering event, promoting awareness and appreciation for the diverse roles women play in academia and society.



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# **HOLI CELEBRATION**













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# **HOLI CELEBRATION**

## **POST EVENT REPORT**

Date: 10/03/2023

The Holi celebration in our college was a riot of colours and exuberance, marking a vibrant and joyous occasion for students and faculty. The campus transformed into a kaleidoscope of hues as students enthusiastically participated in the traditional colour-throwing festivities.

Cultural performances, including energetic dances and melodious music, added to the festive atmosphere. The event also featured a variety of delectable Holi delicacies, bringing together diverse Flavors and culinary delights. The spirit of unity and harmony prevailed as students from different backgrounds joined in the revelry, breaking barriers and fostering a sense of camaraderie.

In conclusion, the Holi celebration was a colourful and memorable event that not only embraced the spirit of the festival but also promoted unity and cultural diversity within the college community.



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# **IFTHAR PARTY**



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Ref. No:MINDS.P.O/ 13.04.23/ 01

Date: 13.04.23

#### CIRCULAR

This is to inform that "IFTHAR PARTY" will be celebrated on 19<sup>TH</sup> April 2023 [Wednesday].

All teaching faculty, post graduates, interns and students are requested to participate for the programme without fail.

Venue: NAVATARA AUDITORIUM

Time: 6:00pm to 8:00pm

COPY TO:

1.Chairman

2.CEO

3. Vice Principal

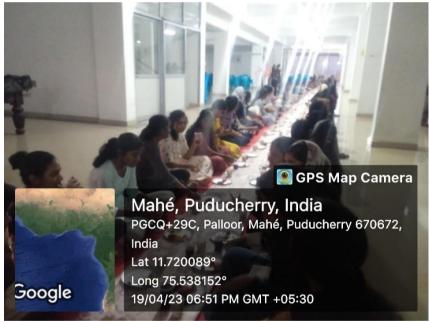
4. Administrative Manager

5.All HODs

Dr. Anil Melath PRINCIPAL











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## FTHAR PARTY

#### POST EVENT REPORT

Date: 19/04/2023

The Ifthar party at our college was a heartwarming and inclusive event that brought together students and faculty to celebrate the spirit of Ramadan. The gathering commenced with a communal prayer, setting a reflective tone for the evening. The Ifthar meal, consisting of traditional dishes, was shared among attendees, fostering a sense of community and togetherness.

Cultural performances and musical presentations, added a festive touch to the event. The atmosphere was one of inclusivity, promoting understanding and appreciation of diverse cultural traditions. The Ifthar party successfully created an environment where students from various backgrounds could come together, share in the joy of the occasion, and strengthen the bonds of friendship within the college community.



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# NURSES' DAY



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Ref. No:MINDS.P.O/ 02.05.23/02

Date: 02.05.23

## CIRCULAR

This is to inform that "NURSES DAY" will be celebrated on  $6^{TH}$  May 2023 [Saturday].

All teaching faculty, post graduates, interns and students are requested to participate for the programme without fail.

**Venue : MINDS Convention Centre** 

Time: 3:00pm - 4:00pm

COPY TO:

1.Chairman

2.CEO

3. Vice Principal

4. Administrative Manager

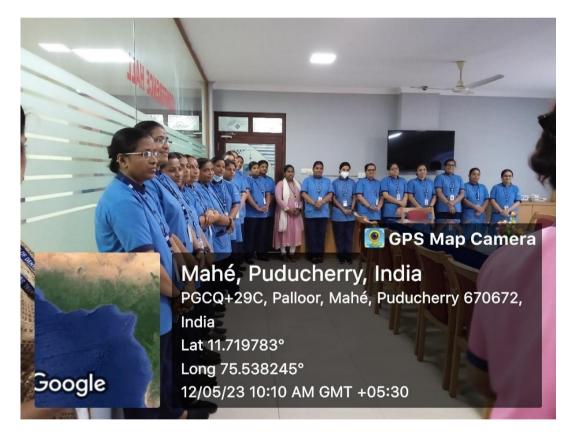
5.All HODs

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## **NURSES DAY**

## POST EVENT REPORT

Date: 12/05/2023

The Nurses Day celebration in our college was a heartfelt tribute to the invaluable contributions of nurses in the healthcare field. The event began with a ceremony expressing gratitude to the nursing staff for their dedication and compassion.

The event also featured a recognition ceremony, acknowledging outstanding nurses for their exemplary service and commitment to healthcare.

Overall, the Nurses Day celebration in our dental college was a meaningful and collaborative event, fostering a sense of unity between dental and nursing professionals in our healthcare community.



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# NO TOBACCO DAY



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Ref. No: MINDS.P.O/29052023/03

Date: 29.05.2023

#### Circular

This is to inform that department of Oralpathology & Microbiology is conducting a Lecture series VIII –"Unmasking Tobacco" as a part of Anti-tobacco day on 31.05.2023(Wednesday).

CHALAKKARA

All second and third year BDS Students are instructed to attend the programme.

Time: 09.30am

Venue: Navathara Auditorium

COPY TO:

1.Chairman

2. CEO

3. Vice Principal

4. Administrative Manager

5.All HOD'S

Dr.Anil Melath PRINCIPAL

Principal
Mahe Institute of Dental Sciences & Hospital
MAHE

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# NO TOBACCO DAY

## POST EVENT REPORT

Date: 31/05/2023

The No Tobacco Day event in our college was impactful, raising awareness about the hazards of tobacco use. Educational sessions and interactive activities engaged students in understanding the health risks associated with smoking and chewing tobacco. The creative anti-tobacco posters and campaigns crafted by students showcased their commitment to a tobacco-free environment. The event successfully promoted a healthier lifestyle and encouraged students to make informed choices.