



**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**  
Affiliated to Pondicherry Central University, Recognized by Dental Council of India  
Chalakkara, P.O. Pallor, Mahe-673 310  
U.T. of Puducherry. Ph : 0490 2337765

**ACADEMIC YEAR 2022-23**

**LIST OF VALUE-ADDED COURSES**

SL.NO	DATES	VALUE ADDED COURSES	COURSE CODE	NO OF PARTICIPANTS
1.	16.1.2023- 20.1.2023	BIOMEDICAL WASTE- A BASIC TRAINING COURSE ON BIOMEDICAL WASTE MANAGEMENT	VAC/22-23/01	65
2.	6.3.2023- 9.3.2023	CERTIFICATE COURSE ON SELF PROTECTION FOR WOMEN	VAC/22-23/02	81
3.	9.03.2023- 11.03.2023	PATHFINDER IN RESEARCH- CERTIFICATE COURSE ON ETHICS IN BIOMEDICAL RESEARCH AND CLINICAL PRACTICE	VAC/22-23/03	14
4.	20.3.2023- 22.3.2023	CRITICAL CARE RESPONSE TRAINING HANDS-ON MEDICAL EMERGENCY	VAC/22-23/04	100
5.	28.04.2023- 4.05.2023	IPR- A CERTIFICATE COURSE ON DENTAL OFFICE MANAGEMENT	VAC/22-23/05	28
6.	18.5.2023- 29.5.2023	EXAM ESSENTIAL – A CERTIFICATE COURSE	VAC/22-23/06	68
7.	22.5.2023- 25.5.2023	PICTURE PERFECT - CERTIFICATE COURSE ON CLINICAL PHOTOGRAPHY	VAC/22-23/07	14
8.	25.5.2023- 27.5.2023	YOGA ALCHEMY- CERTIFICATE COURSE ON YOGA	VAC/22-23/08	86

**TOTAL NO OF COURSES CONDUCTED: 8**

**TOTAL NUMBER OF STUDENTS PARTICIPATED:456**



**DR ANIL . M**

**Dr. Anil Melath, MDS**  
Principal  
Mahe Institute of Dental Sciences & Hospital  
Chalakkara, P.O. Pallor, Mahe -673310  
UT of Puducherry



### Post Event Report

Event Duration: May 25, 2023, to May 27, 2023

This report provides an overview of the Yoga Program conducted from May 25 to May 27, 2023, aimed at providing holistic well-being and mindfulness through yoga practices.

#### **Participants:**

Total Participants: 100 students

#### **Event Overview:**

The three-day Yoga Program offered an immersive experience focusing on a diverse range of yoga practices. The program's objective was to enhance physical flexibility, mental clarity, and emotional well-being through the principles of yoga.

#### **Program Highlights:**

**Variety of Practices:** Participants engaged in various yoga styles, including Hatha, Vinyasa, and Restorative yoga, providing a well-rounded experience for individuals of all skill levels.

**Instructor Expertise:** Highly experienced yoga instructors led the sessions, guiding students through postures, breathing exercises, and meditation techniques effectively.

**Mindfulness and Relaxation:** The program emphasized mindfulness and relaxation, fostering stress reduction and improved mental focus.

**Participant Engagement:** All 100 participants expressed overwhelming satisfaction with the program, citing its impact on their physical and mental well-being.

#### **Feedback Summary:**

100% of participants rated the effectiveness of yoga techniques as 'Highly Effective' or 'Effective.'

All participants expressed being 'Overwhelmed' by the program and its positive impact on their overall well-being.

95% of attendees reported significant improvements in physical flexibility and mental clarity after participating in the program.

The instructors received a unanimous rating of 'Excellent' in guiding and explaining yoga practices.

#### **Conclusion:**

The Yoga Program conducted from May 25 to May 27, 2023, received exceptional feedback from all 100 participating students. The overwhelmingly positive response underscores the program's success in delivering a comprehensive yoga experience, encompassing various styles, expert instruction, and a focus on holistic well-being.

*D. Roshini .cnl*  
*[Signature]*  
*30/5/23.*

*Covered by: Counseling Enrichment Committee.*





Ref. No: MINDS.P.O/24052023/02

Date: 24.05.2023

## Circular

This is to inform that **Value added course on Yoga (Yoga Alchemy)** will be conducted from 25.05.2023(Thursday) to 27.05.203(Saturday) at fourth floor, MINDS Mahe.

**Course Instructor:** Dr.Prasad Aravind,

Professor & HOD, Dept. of Prosthodontics

**Time:** 07.00am

**COPY TO :**

- 1.Chairman
2. CEO
- 3.Vice Principal
4. Administrative Manager
- 5.All HOD'S

Dr.Anil Melath  
PRINCIPAL

Principal  
Mahe Institute of Dental Sciences & Hospita  
MAHE





**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**  
POST GRADUATE INSTITUTE -AFFILIATED TO PONDICHERRY CENTRAL UNIVERSITY  
CHALAKKARA, MAHE, U.T OF PUDUCHERRY

**COURSE INSTRUCTOR**



**DR PRASAD ARAVIND**



**A CERTIFICATE COURSE IN YOGA**

# Yoga Alchemy

Get inner peace and relaxation

**ABOUT THE COURSE**

You'll learn about the different types of meditation and how to find the right one for you. Don't miss this chance to learn about an amazing tool that can change your life!

**DATE: 25-27 MAY 2023**  
**TIME : 7.00 AM**  
**VENUE : FOURTH FLOOR**

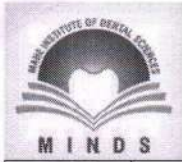




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**CERTIFICATE COURSE ON YOGA**  
**PARTICIPATION LIST**  
**2022-23 | 25.5.2023-27.5.2023**

S.No	Participants list	Sign		
1.	ABDULLA NABRAZ			
2.	ABHINAND P			
3.	ABY GEORGE			
4.	AFRA P			
5.	AGALYA B			
6.	AHZANA FIROZ			
7.	AKSHAYA PRAMOD			
8.	ALBIN JOB			
9.	ALEN JOHN			
10.	ANANDAN			
11.	ANJANA JAGADISH KUMAR			
12.	ANSHANA			
13.	ANUROY			
14.	ANUVIDHYA SUJAYAN			
15.	APARNA AP			
16.	ARCHANA AC			
17.	ARCHANA THANISSERY			
18.	ARPITHA PADMANABHAN			
19.	ARSHA HIDAYATH			
20.	ASLA KP			
21.	ASWANA ASOK			
22.	ASWATHY SANTHOSH			
23.	ATHIRA CHANDRAN			
24.	ATHIRA KARIYADAN			
25.	AYISHA FIDHA			
26.	AYSHA BASHEER			



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27.	AYSHA HAMNA	Aysha	Aysha	Aysha
28.	AZZA FATHIMA	Azza	Azza	Azza
29.	BALAMANIKANDAN	Balenu	A	Babu
30.	BELMA JIJU	Bem	Bem	Bem
31.	BENNY SALLY	Bem	Bho	Bho
32.	D VARSHANA	Darb	Ygl	Ym
33.	DEVIKA SURESH BABU	Dm	Lop	Lop
34.	DILNA VINOD	Dm	dm	dm
35.	DIYA AJAY	Dyja	Dm	Dm
36.	ELJU SARA ELDOSE	Elju	Elju	Elju
37.	FARHANA SHERIN K	Fst	Fst	Fst
38.	FATHIMA NASHVA	A	Ashva	Nashva
39.	FATHIMA SHAMNA A P	Bam	Bam	Bm
40.	FATHIMATH SANA	Sana	Sna	Sna
41.	FIDHA FATHIMA	Fidha	Fidha	Fidha
42.	FITHA KHAN	Fitha	Fitha	Fitha
43.	GOUSHIK DEV L	Gousha	Gousha	Gousha
44.	HUSANA	Hanna	Husa	Hana
45.	JAGILAN S	Janus	Janus	Janus
46.	JAZEERA K N	Jaze	Jaze	Jaze
47.	JELINA J A	Jelina	Jelina	A
48.	KAILAS NANDAN R	Kail	Kail	Kail
49.	KEERTHANA K	Keerth	Keerth	Keerth
50.	KRISHNA S	Kel	Kel	Kel
51.	LINTAMOL P K	Lint	Lint	Lint
52.	LIYANA HASSAN	Liyana	Liyana	Liyana
53.	MEGHA R P	A	Megha	Megha
54.	MERIN BINU GEORGE	Merin	Merin	Merin
55.	MUDRA MARIA MATHEW	Mudra	Mudra	Mudra
56.	MUHAMMED AFREED A M	Muham	Muham	Muham





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57.	MUHAMMED SHAFAF K	Shafaf	Shafaf	Shafaf
58.	NIDHA FATHIMA K	Nidha	Nidha	Nidha
59.	ONESIPHOUR	Onesiphour	Onesiphour	Onesiphour
60.	RENSA ANNA SAJI	Rensa	Rensa	Rensa
61.	SABARINATH S	Sabar	Sabar	Sabar
62.	SALMA R SHUKOOR	Salma	Salma	Salma
63.	SALOMI MANOJ	Salomi	Salomi	Salomi
64.	SAPTHA ANIL	Saptha	Saptha	Saptha
65.	SHADIYA ABDULLA K K	Shadiya	Shadiya	Shadiya
66.	SHAHANA FATHIMA	Shahana	Shahana	Shahana
67.	SHAHANA KATHOON V K	Shahana	Shahana	Shahana
68.	SHANMATHY	Shanmathy	Shanmathy	Shanmathy
69.	SHEONA BINOJ	Sheona	Sheona	Sheona
70.	SHIFA HAMZA	Shifa	Shifa	Shifa
71.	SHIFANA R	Shifana	Shifana	Shifana
72.	SHIREEN SHAHANA M	Shireen	Shireen	Shireen
73.	SONA RACHEL JOSE	Sona	Sona	Sona
74.	SWEDHA G	Swedha	Swedha	Swedha
75.	THUSHARA K S	Thushara	Thushara	Thushara
76.	VADREVVU MOUNIKA	Vadrevvu	Vadrevvu	Vadrevvu
77.	VISWAVINODHINI R	Viswavinodhini	Viswavinodhini	Viswavinodhini
78.	ZAINA KALIPARAMBU HARIS	Zaina	Zaina	Zaina
79.	ALISHA FEROOK	Alisha	Alisha	Alisha
80.	ARSHIN NOUSHAD	Arshin	Arshin	Arshin
81.	ELNA RAJESH	Elna	Elna	Elna
82.	FATHIMA NASMI	Fathima	Fathima	Fathima
83.	PAVITHRA	Pavithra	Pavithra	Pavithra
84.	ASHA	Asha	Asha	Asha
85.	NANDHA DINESH	Nandha	Nandha	Nandha
86.	ASWIN RAJEEV	Aswin	Aswin	Aswin



MINDS

**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**

**Yoga Alchemy**  
A certificate course

## Certificate of appreciation

Awarded to



Dr Prasad Aravind

FOR BEING THE COURSE INSTRUCTOR  
IN THE CERTIFICATE COURSE ON YOGA, ORGANIZED BY  
MAHE INSTITUTE OF DENTAL SCIENCES AND HOSPITAL,  
CHALAKKARA, MAHE, U.T. OF PUDUCHERRY,  
FROM 25-27 MAY 2023

DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL





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**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**

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A certificate course

**Certificate of Participation**

Presented to

ABDULLA NABRAS

FOR ACTIVELY PARTICIPATING  
IN THE CERTIFICATE COURSE ON YOGA, ORGANIZED BY MAHE  
INSTITUTE OF DENTAL SCIENCES AND HOSPITAL,  
CHALAKKARA, MAHE, U.T. OF PUDUCHERRY,  
DURING 25.5.2023-27.5.2023

DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL



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AFRA B

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Presented to

AKEN JOHN

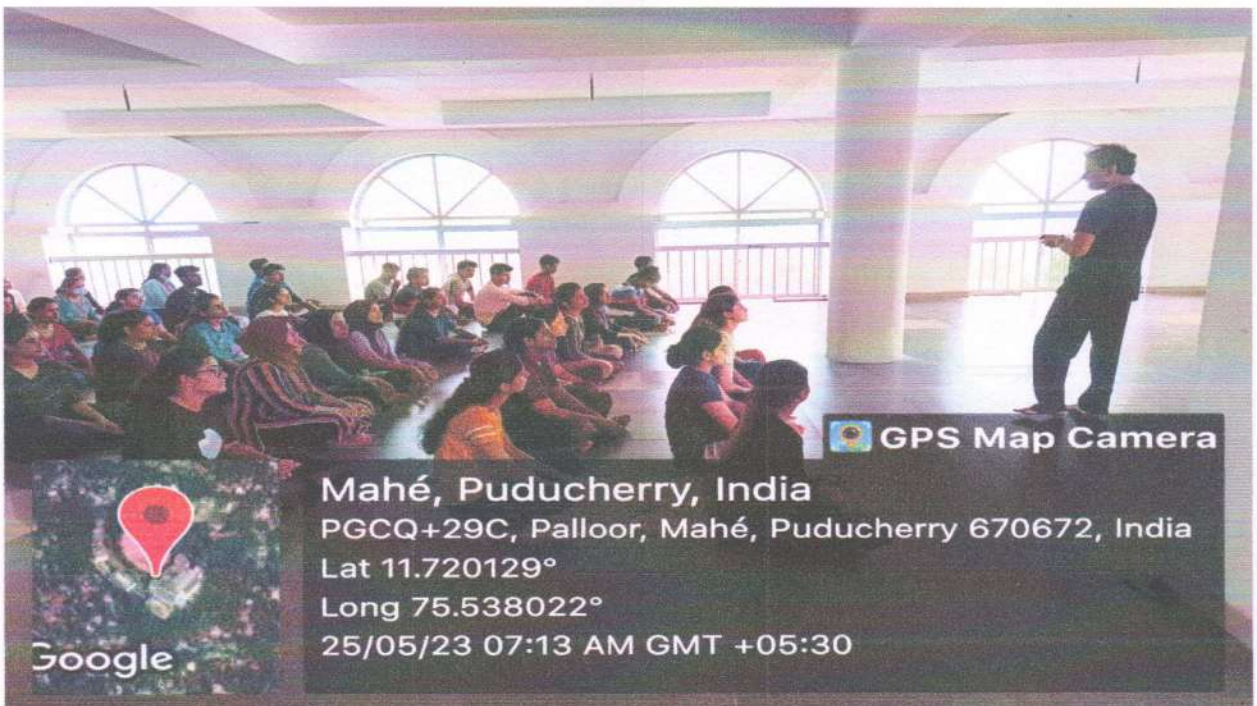
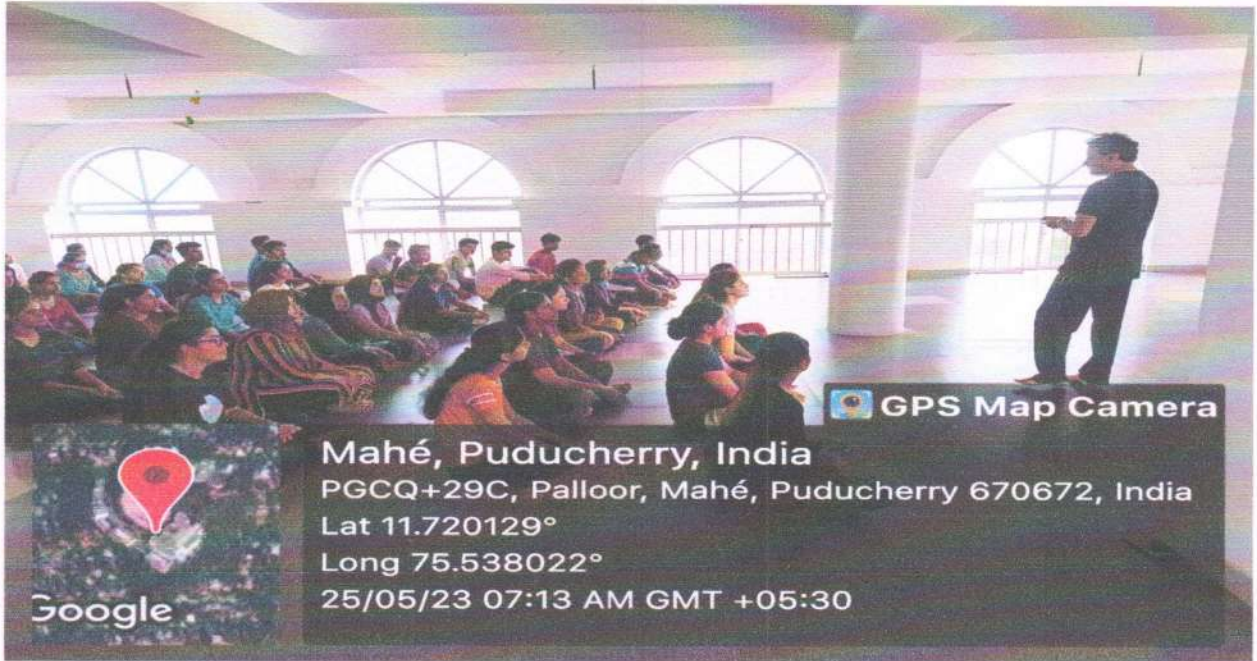
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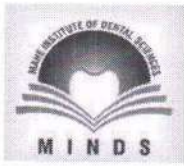
DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL



# YOGA ALCHEMY





**Feedback form - YOGA**

**25.5.2023-27.5.2023**

**1. Effectiveness of Techniques:**

- On a scale of 1 to 10, how would you rate the effectiveness of the yoga techniques taught in enhancing your physical flexibility and strength?  
1 2 3 4 5 6 7 8 9 10

**2. Mindfulness and Relaxation:**

- Did the course adequately address mindfulness and relaxation techniques through yoga practices?
  - Yes
  - No

**3. Variety of Practices:**

- How satisfied were you with the variety of yoga practices (e.g., Hatha, Vinyasa, Restorative) covered in this course?
  - Very Satisfied
  - Satisfied
  - Neutral
  - Dissatisfied
  - Very Dissatisfied

**4. Instructor's Guidance:**

- Rate the instructor's ability to guide and explain yoga postures and breathing techniques:
  - Excellent
  - Good
  - Fair
  - Poor

**5. Physical Benefits:**

- Have you experienced noticeable improvements in your physical well-being (e.g., reduced stress, improved posture) after participating in this yoga course?
  - Significant Improvement
  - Moderate Improvement
  - Slight Improvement
  - No Improvement

**6. Understanding Yoga Philosophy:**

- To what extent did the course cover the philosophical aspects of yoga (e.g., yogic principles, meditation)?
  - Comprehensive Coverage
  - Adequate Coverage
  - Partial Coverage
  - Minimal Coverage
  - No Coverage

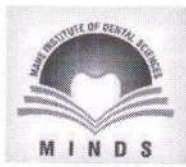
**7. Application of Breathing Techniques:**

- How confident do you feel in applying the breathing exercises (Pranayama) learned in this course to manage stress in daily life?
  - Very Confident
  - Confident
  - Neutral
  - Not very Confident
  - Not Confident at all

**8. Overall Satisfaction:**

- On a scale of 1 to 5, how satisfied are you with the overall value and quality of this yoga value-added course?
  - 1: Very Dissatisfied
  - 2: Dissatisfied
  - 3: Neutral
  - 4: Satisfied
  - 5: Very Satisfied





**Feedback form - YOGA**

**25.5.2023-27.5.2023**

1. <b>Effectiveness of Techniques:</b>
<ul style="list-style-type: none"><li>On a scale of 1 to 10, how would you rate the effectiveness of the yoga techniques taught in enhancing your physical flexibility and strength? 1 2 3 4 5 6 7 8 9 10</li></ul>
2. <b>Mindfulness and Relaxation:</b>
<ul style="list-style-type: none"><li>Did the course adequately address mindfulness and relaxation techniques through yoga practices? <input checked="" type="radio"/> Yes <input type="radio"/> No</li></ul>
3. <b>Variety of Practices:</b>
<ul style="list-style-type: none"><li>How satisfied were you with the variety of yoga practices (e.g., Hatha, Vinyasa, Restorative) covered in this course? <input checked="" type="radio"/> Very Satisfied <input type="radio"/> Satisfied <input type="radio"/> Neutral <input type="radio"/> Dissatisfied <input type="radio"/> Very Dissatisfied</li></ul>
4. <b>Instructor's Guidance:</b>
<ul style="list-style-type: none"><li>Rate the instructor's ability to guide and explain yoga postures and breathing techniques: <input checked="" type="radio"/> Excellent <input type="radio"/> Good <input type="radio"/> Fair <input type="radio"/> Poor</li></ul>
5. <b>Physical Benefits:</b>
<ul style="list-style-type: none"><li>Have you experienced noticeable improvements in your physical well-being (e.g., reduced stress, improved posture) after participating in this yoga course? <input type="radio"/> Significant Improvement <input checked="" type="radio"/> Moderate Improvement <input type="radio"/> Slight Improvement <input type="radio"/> No Improvement</li></ul>
6. <b>Understanding Yoga Philosophy:</b>
<ul style="list-style-type: none"><li>To what extent did the course cover the philosophical aspects of yoga (e.g., yogic principles, meditation)? <input type="radio"/> Comprehensive Coverage <input checked="" type="radio"/> Adequate Coverage <input type="radio"/> Partial Coverage <input type="radio"/> Minimal Coverage <input type="radio"/> No Coverage</li></ul>
7. <b>Application of Breathing Techniques:</b>
<ul style="list-style-type: none"><li>How confident do you feel in applying the breathing exercises (Pranayama) learned in this course to manage stress in daily life? <input checked="" type="radio"/> Very Confident <input type="radio"/> Confident <input type="radio"/> Neutral <input type="radio"/> Not very Confident <input type="radio"/> Not Confident at all</li></ul>
8. <b>Overall Satisfaction:</b>
<ul style="list-style-type: none"><li>On a scale of 1 to 5, how satisfied are you with the overall value and quality of this yoga value-added course? <input type="radio"/> 1: Very Dissatisfied <input type="radio"/> 2: Dissatisfied <input type="radio"/> 3: Neutral <input checked="" type="radio"/> 4: Satisfied <input type="radio"/> 5: Very Satisfied</li></ul>

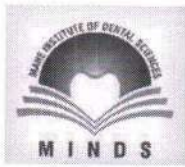


Feedback form - YOGA

25.5.2023-27.5.2023

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3. <b>Variety of Practices:</b>
<ul style="list-style-type: none"><li>How satisfied were you with the variety of yoga practices (e.g., Hatha, Vinyasa, Restorative) covered in this course?<ul style="list-style-type: none"><li><input type="radio"/> Very Satisfied</li><li><input checked="" type="radio"/> Satisfied</li><li><input type="radio"/> Neutral</li><li><input type="radio"/> Dissatisfied</li><li><input type="radio"/> Very Dissatisfied</li></ul></li></ul>
4. <b>Instructor's Guidance:</b>
<ul style="list-style-type: none"><li>Rate the instructor's ability to guide and explain yoga postures and breathing techniques:<ul style="list-style-type: none"><li><input checked="" type="radio"/> Excellent</li><li><input type="radio"/> Good</li><li><input type="radio"/> Fair</li><li><input type="radio"/> Poor</li></ul></li></ul>
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7. <b>Application of Breathing Techniques:</b>
<ul style="list-style-type: none"><li>How confident do you feel in applying the breathing exercises (Pranayama) learned in this course to manage stress in daily life?<ul style="list-style-type: none"><li><input checked="" type="radio"/> Very Confident</li><li><input type="radio"/> Confident</li><li><input type="radio"/> Neutral</li><li><input type="radio"/> Not very Confident</li><li><input type="radio"/> Not Confident at all</li></ul></li></ul>
8. <b>Overall Satisfaction:</b>
<ul style="list-style-type: none"><li>On a scale of 1 to 5, how satisfied are you with the overall value and quality of this yoga value-added course?<ul style="list-style-type: none"><li><input type="radio"/> 1: Very Dissatisfied</li><li><input type="radio"/> 2: Dissatisfied</li><li><input type="radio"/> 3: Neutral</li><li><input type="radio"/> 4: Satisfied</li><li><input checked="" type="radio"/> 5: Very Satisfied</li></ul></li></ul>





Feedback form - YOGA

25.5.2023-27.5.2023

1. **Effectiveness of Techniques:**

- On a scale of 1 to 10, how would you rate the effectiveness of the yoga techniques taught in enhancing your physical flexibility and strength?  
1 2 3 4 5 6 7 8 9 10

2. **Mindfulness and Relaxation:**

- Did the course adequately address mindfulness and relaxation techniques through yoga practices?
  - Yes
  - No

3. **Variety of Practices:**

- How satisfied were you with the variety of yoga practices (e.g., Hatha, Vinyasa, Restorative) covered in this course?
  - Very Satisfied
  - Satisfied
  - Neutral
  - Dissatisfied
  - Very Dissatisfied

4. **Instructor's Guidance:**

- Rate the instructor's ability to guide and explain yoga postures and breathing techniques:
  - Excellent
  - Good
  - Fair
  - Poor

5. **Physical Benefits:**

- Have you experienced noticeable improvements in your physical well-being (e.g., reduced stress, improved posture) after participating in this yoga course?
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7. **Application of Breathing Techniques:**

- How confident do you feel in applying the breathing exercises (Pranayama) learned in this course to manage stress in daily life?
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**Feedback form - YOGA**

25.5.2023-27.5.2023

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2. <b>Mindfulness and Relaxation:</b>	<ul style="list-style-type: none"><li>Did the course adequately address mindfulness and relaxation techniques through yoga practices?<ul style="list-style-type: none"><li><input checked="" type="radio"/> Yes</li><li><input type="radio"/> No</li></ul></li></ul>
3. <b>Variety of Practices:</b>	<ul style="list-style-type: none"><li>How satisfied were you with the variety of yoga practices (e.g., Hatha, Vinyasa, Restorative) covered in this course?<ul style="list-style-type: none"><li><input checked="" type="radio"/> Very Satisfied</li><li><input type="radio"/> Satisfied</li><li><input type="radio"/> Neutral</li><li><input type="radio"/> Dissatisfied</li><li><input type="radio"/> Very Dissatisfied</li></ul></li></ul>
4. <b>Instructor's Guidance:</b>	<ul style="list-style-type: none"><li>Rate the instructor's ability to guide and explain yoga postures and breathing techniques:<ul style="list-style-type: none"><li><input checked="" type="radio"/> Excellent</li><li><input type="radio"/> Good</li><li><input type="radio"/> Fair</li><li><input type="radio"/> Poor</li></ul></li></ul>
5. <b>Physical Benefits:</b>	<ul style="list-style-type: none"><li>Have you experienced noticeable improvements in your physical well-being (e.g., reduced stress, improved posture) after participating in this yoga course?<ul style="list-style-type: none"><li><input type="radio"/> Significant Improvement</li><li><input checked="" type="radio"/> Moderate Improvement</li><li><input type="radio"/> Slight Improvement</li><li><input type="radio"/> No Improvement</li></ul></li></ul>
6. <b>Understanding Yoga Philosophy:</b>	<ul style="list-style-type: none"><li>To what extent did the course cover the philosophical aspects of yoga (e.g., yogic principles, meditation)?<ul style="list-style-type: none"><li><input type="radio"/> Comprehensive Coverage</li><li><input checked="" type="radio"/> Adequate Coverage</li><li><input type="radio"/> Partial Coverage</li><li><input type="radio"/> Minimal Coverage</li><li><input type="radio"/> No Coverage</li></ul></li></ul>
7. <b>Application of Breathing Techniques:</b>	<ul style="list-style-type: none"><li>How confident do you feel in applying the breathing exercises (Pranayama) learned in this course to manage stress in daily life?<ul style="list-style-type: none"><li><input checked="" type="radio"/> Very Confident</li><li><input type="radio"/> Confident</li><li><input type="radio"/> Neutral</li><li><input type="radio"/> Not very Confident</li><li><input type="radio"/> Not Confident at all</li></ul></li></ul>
8. <b>Overall Satisfaction:</b>	<ul style="list-style-type: none"><li>On a scale of 1 to 5, how satisfied are you with the overall value and quality of this yoga value-added course?<ul style="list-style-type: none"><li><input checked="" type="radio"/> 1: Very Dissatisfied</li><li><input type="radio"/> 2: Dissatisfied</li><li><input type="radio"/> 3: Neutral</li><li><input type="radio"/> 4: Satisfied</li><li><input type="radio"/> 5: Very Satisfied</li></ul></li></ul>





### **Post-Event Report:**

#### **Overview:**

The dental macrophotography course spanned four informative days, aiming to equip participants with comprehensive knowledge and practical skills in capturing detailed dental images. The event hosted a total of 14 enthusiastic participants eager to enhance their expertise in this specialized field.

#### **Dates**

22-25.5.2023

#### **Key Highlights**

- **Participants:** 14 passionate individuals engaged actively throughout the course.
- **Content and Instruction:** The course curriculum effectively covered essential aspects of camera settings, lighting techniques, and equipment required for dental macrophotography.
- **Hands-on Sessions:** Practical demonstrations and exercises allowed participants to apply theoretical knowledge to real-life scenarios, fostering a hands-on learning environment.
- **Interactive Discussions:** Engaging discussions and Q&A sessions facilitated a deeper understanding of the nuances of dental macrophotography.

#### **Conclusion:**

The 4-day dental macrophotography course was a success, fostering a conducive learning environment and imparting valuable knowledge to participants. The feedback received will be instrumental in refining future sessions and addressing specific areas for improvement. The enthusiasm and engagement of the participants are indicative of the course's effectiveness in catering to their learning needs.

*Dr. Poshini CN*  
*[Signature]*  
Course Coordinator



Ref. No: MINDS.P.O/19052023/01

Date: 19.05.2023

## Circular

This is to inform that an Add on Certificate Course "Picture Perfect – The art & Science of Dental Photography" is going to be conducted from 22.05.2023 (Monday) to 25.05.2023(Thursday) at 8.30am for second year Post Graduate Students.

All interested Students can attend the same.

Course Faculty:- Dr.Saicharan G

Senior Lecturer

Dept. of Conservative Dentistry & Endodontics

### COPY TO :

1. Chairman
2. CEO
3. Vice Principal
4. Administrative Manager
5. All HOD'S

Dr. Anil Melath  
PRINCIPAL

Principal  
Mahe Institute of Dental Sciences & Hospital  
MAHE







# Picture Perfect

*The Art & Science of Dental Photography*

**A VALUE ADDED CERTIFICATE COURSE**

 **22-25/05/2023**

 **09:00 AM**

 **Dept of Conservative  
Dentistry & Endodontics**

## **RESOURCE PERSON**

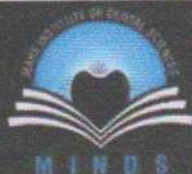


**DR SAICHARAN G**  
ASSISTANT PROFESSOR  
DEPT OF CONSERVATIVE DENTISTRY & ENDODONTICS

For registration Contact : Dr Roshin CN

## **COURSE OUTLINE**

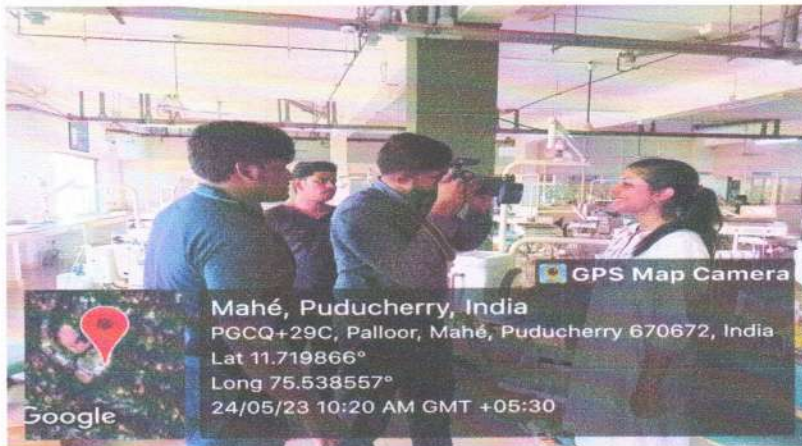
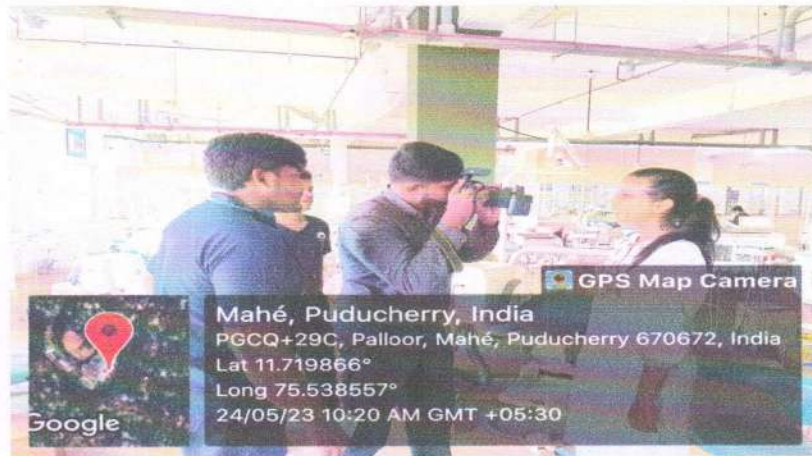
- BASICS OF PHOTOGRAPHY
- DSLR VS MIRRORLESS
- CROP VS FULL FRAME
- TYPES OF LENSES
- MACRO PHOTOGRAPHY
- PHOTOGRAPHY MIRRORS
- REFLECTORS
- RETRACTORS
- CONTRASTORS
- TRIPODS & MONOPODS
- LIGHTING DEVICES



**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**  
POST GRADUATE INSTITUTE -AFFILIATED TO PONDICHERRY CENTRAL UNIVERSITY  
CHALAKKARA, MAHE, U.T OF PUDUCHERRY



# PICTURE PERFECT







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Affiliated to Pondicherry Central University, Recognized by Dental Council of India  
Chalakkara, P.O. Pallor, Mahe-673 310  
U.T. of Puducherry. Ph : 0490 2337765

**PICTURE PERFECT  
PARTICIPATION LIST  
2022-23 | 22.5.2023-25.5.2023**

S.NO	NAME	SIGN			
		22/5/23	23/5/23	24/5/23	25/5/23
1.	Dr.Marjana Shukoor				
2.	Dr.Paventhan Jolie Coeur R				
3.	Dr.Sindhuja S				
4.	Dr.Kanakamani R				
5.	Dr.Sibi Aboobacker				
6.	Dr.Shelja Mohan A				
7.	Dr.Manoly Shabnam				
8.	Dr.Rhoshan B				
9.	Dr.Sherin Shahana				
10.	Dr.Athira R				
11.	Dr.Pushpasanthi M				
12.	Dr.Shemnidha Saleem				
13.	Dr.Harishini S				
14.	Dr. Peter S				



MINDS

**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**

## **Picture Perfect**

*The Art & Science of Dental Photography*

A VALUE ADDED CERTIFICATE COURSE

# **Certificate of appreciation**

Awarded to



**Dr Saicharan G**

**FOR BEING THE RESOURCE PERSON  
IN THE CERTIFICATE COURSE ON DENTAL PHOTOGRAPHY,  
ORGANIZED BY MAHE INSTITUTE OF DENTAL SCIENCES AND  
HOSPITAL, CHALAKKARA, MAHE, U.T. OF PUDUCHERRY,  
DURING 22-25/05/2023**

**DR ANIL MELATH  
PRINCIPAL**

**DR M SELVAMANI  
VICE PRINCIPAL**





MINDS

**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**

**Picture Perfect**

*The Art & Science of Dental Photography*

A VALUE ADDED CERTIFICATE COURSE

# Certificate of Participation

Presented to

DR KANAKAMANI R

FOR ACTIVELY PARTICIPATING  
IN THE CERTIFICATE COURSE ON DENTAL PHOTOGRAPHY,  
ORGANIZED BY MAHE INSTITUTE OF DENTAL SCIENCES AND  
HOSPITAL, CHALAKKARA, MAHE, U.T. OF PUDUCHERRY,  
DURING 22-25/05/2023

DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL



MINDS

**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**

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*The Art & Science of Dental Photography*

A VALUE ADDED CERTIFICATE COURSE

# Certificate of Participation

Presented to

*DR SHELJA MOHAN*

FOR ACTIVELY PARTICIPATING  
IN THE CERTIFICATE COURSE ON DENTAL PHOTOGRAPHY,  
ORGANIZED BY MAHE INSTITUTE OF DENTAL SCIENCES AND  
HOSPITAL, CHALAKKARA, MAHE, U.T. OF PUDUCHERRY,  
DURING 22-25/05/2023

**DR ANIL MELATH**  
PRINCIPAL

**DR M SELVAMANI**  
VICE PRINCIPAL





MINDS

**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**

**Picture Perfect**

*The Art & Science of Dental Photography*

A VALUE ADDED CERTIFICATE COURSE

# Certificate of Participation

Presented to

*DR PETERS*

FOR ACTIVELY PARTICIPATING  
IN THE CERTIFICATE COURSE ON DENTAL PHOTOGRAPHY,  
ORGANIZED BY MAHE INSTITUTE OF DENTAL SCIENCES AND  
HOSPITAL, CHALAKKARA, MAHE, U.T. OF PUDUCHERRY,  
DURING 22-25/05/2023

DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL



MINDS

**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**

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A VALUE ADDED CERTIFICATE COURSE

# Certificate of Participation

Presented to

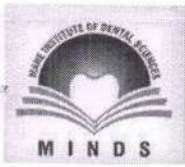
DR SIBI ABOOBACKER

FOR ACTIVELY PARTICIPATING  
IN THE CERTIFICATE COURSE ON DENTAL PHOTOGRAPHY,  
ORGANIZED BY MAHE INSTITUTE OF DENTAL SCIENCES AND  
HOSPITAL, CHALAKKARA, MAHE, U.T. OF PUDUCHERRY,  
DURING 22-25/05/2023

DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL





**Feedback form - PICTURE PERFECT**

**22-25.5.2023**

1. On a scale of 1 to 5, how would you rate the clarity of the course content regarding dental macrophotography techniques?

- 1: Very Poor
- 2: Poor
- 3: Average
- 4: Good
- 5: Excellent

2. Did the course adequately cover essential camera settings, lighting techniques, and equipment required for capturing detailed dental images?

- Yes
- No

3. Were the demonstrations and practical exercises beneficial in applying theoretical knowledge to real-life scenarios?

- Yes
- No

4. Do you believe that any particular areas need further elaboration or additional focus in future sessions to improve the learning experience?

- Yes [.....]
- No

5. On a scale from 1 to 5, how confident do you feel in your ability to apply the macrophotography skills learned in this course to your professional practice or personal projects?

- 1: Not Confident
- 2: Slightly Confident
- 3: Moderately Confident
- 4: Very Confident
- 5: Extremely Confident

6. Any other suggestions ?

*Nil*

.....  
.....  
.....



**Feedback form - PICTURE PERFECT**

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- Yes [.....]
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- 1: Not Confident
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- 4: Very Confident
- 5: Extremely Confident

6. Any other suggestions ?

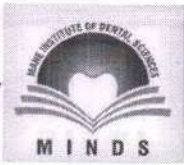
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.....

.....

.....

.....



Feedback form - PICTURE PERFECT

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- 2: Slightly Confident
- 3: Moderately Confident
- 4: Very Confident
- 5: Extremely Confident

6. Any other suggestions ?

*More Case Studies should be included*

.....

.....

.....





**Feedback form - PICTURE PERFECT**

**22-25.5.2023**

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- 1: Not Confident
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- 3: Moderately Confident
- 4: Very Confident
- 5: Extremely Confident

6. Any other suggestions ?

*Additional focus on advanced editing techniques*

.....

.....

.....




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U.T. of Puducherry. Ph : 0490 2337765

### POST EVENT REPORT

Participants: 68 enthusiastic individuals attended the event, contributing to its success and vibrancy.

Instructors: Dr. Anil Melath, Dr. Hemalatha, and Dr. Selvamani led the classes, providing invaluable insights and expertise in their respective areas.

The course, featuring Dr. Anil Melth, Dr. Hemalatha, and Dr. Selvamani as instructors, proved to be an enriching experience for the 68 participants. The insights shared by the instructors and the active participation of attendees contributed significantly to the event's success. The constructive feedback received will be instrumental in refining future events to cater even better to the participants' educational needs.

|  
  
Dr. Po Shini

- Course Coordinator
  - Convenor: Committee for Continuing Education
-





# MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

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A Unit of Mahe Educational & Charitable NRI trust | Chalakkara, Pallor, Mahe- 673310, U.T of Puducherry

Ref. No: MINDS.P.O/16052023/04

Date: 16.05.2023

## Circular

This is to inform that, Department of Oral Pathology is organizing a certificate programme on the topic 'EXAM ESSENTIALS'. All the First year BDS students are requested to attend the programme .

Venue: LH 1

Speakers: 18-29.5.2023



Dr. Anil Melath  
Principal

Mahe Institute of Dental Sciences & Hospital  
Chalakkara, Pallor, Mahe - 673310  
U.T of Puducherry

Copy to:

1. Chairman
2. CEO
3. Vice principal
4. Admin Manager
5. All HOD's
6. IQAC

☎ : 0490 2337406, 2336190, 2336191, 8301046544

✉ : principal@mahedentalcollege.org | administration@mahedentalcollege.org

🌐 : www.mahedentalcollege.org



# EXAM ESSENTIALS

## A CERTIFICATE COURSE

### About The Course

"Exam Essentials" is an intensive and comprehensive course designed to equip students with the essential skills and strategies required to excel in university exams. This course is specifically tailored to meet the unique challenges and demands of university-level assessments

### Our Speakers



DR ANIL MELATH



DR M SELVAMANI



DR HEMALATHA DM

DATE

18-29/5/2023

### COURSE OUTLINE

1. Understanding University Exams
2. Effective Study Techniques
3. Exam Strategies and Approaches
4. Efficient Revision Methods
5. Managing Exam Stress
6. Exam Day Success

DEPT OF ORAL PATHOLOGY, MICROBIOLOGY &  
FORENSIC ODONTOLOGY

MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL







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 Chalakkara, P.O. Pallor, Mahe-673 310  
 U.T. of Puducherry. Ph : 0490 2337765

**Exam essentials  
 PARTICIPATION LIST  
 2022-23**

S.NO	NAME	18/5/23	19/5/23	29/5/23
1.	ABHINAV ANAND	<i>Abhinav</i>	<i>Abhinav</i>	<i>Abhinav</i>
2.	ADHITHYA JEES	<i>Adithya</i>	<i>Adithya</i>	<i>Adithya</i>
3.	ADIL MUBARAK	<i>Adil</i>	<i>Adil</i>	<i>Adil</i>
4.	AKASH A	<i>Akash</i>	<i>Akash</i>	<i>Akash</i>
5.	AKSHAYA R	<i>Akshaya</i>	<i>A</i>	<i>Akshaya</i>
6.	ALAN SHARON JOHN	<i>Alan</i>	<i>Alan</i>	<i>Alan</i>
7.	ALISHA P SEBASTIAN	<i>Alisa</i>	<i>Alisa</i>	<i>Alisa</i>
8.	AMRITHA SUJITH	<i>Amritha</i>	<i>Amritha</i>	<i>Amritha</i>
9.	ANUPRIYA S NAIR	<i>Anupriya</i>	<i>Anupriya</i>	<i>Anupriya</i>
10.	ANUSREE A E	<i>Anusree</i>	<i>Anusree</i>	<i>Anusree</i>
11.	ANZA FATHIMA	<i>A</i>	<i>Anza</i>	<i>Anza</i>
12.	APARNA S	<i>Aparna</i>	<i>Aparna</i>	<i>Aparna</i>
13.	ASMA SHERIN K M	<i>Asma</i>	<i>Asma</i>	<i>Asma</i>
14.	BHAVISHA MOHAN	<i>Bhavisha</i>	<i>Bhavisha</i>	<i>Bhavisha</i>
15.	CHANDANA PRASAD	<i>Chandana</i>	<i>Chandana</i>	<i>Chandana</i>
16.	CHINJU THRESSA ANTONY	<i>Chinju</i>	<i>Chinju</i>	<i>Chinju</i>
17.	E V VAISHAKH	<i>Evvaishakh</i>	<i>Evvaishakh</i>	<i>A</i>
18.	FAHIMA	<i>Fahima</i>	<i>Fahima</i>	<i>Fahima</i>
19.	FATHIMA FIDA ABDURAHMAN	<i>Fathima</i>	<i>A</i>	<i>Fathima</i>
20.	FATHIMA FIDA K	<i>Fathima</i>	<i>Fathima</i>	<i>Fathima</i>
21.	FATHIMA K T	<i>Fathima</i>	<i>Fathima</i>	<i>Fathima</i>



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**U.T. of Puducherry. Ph : 0490 2337765**

22.	FATHIMA RASHEED P A	<i>Fathima</i>	<i>Fathima</i>	<i>Fathima</i>
23.	FATHIMA S	<i>Fathima</i>	A	<i>Fathima</i>
24.	FATHIMA SHADALIYA P	<i>Fathima</i>	<i>Fathima</i>	<i>Fathima</i>
25.	FATHIMATH SHAHAZA	<i>Fathima</i>	<i>Fathima</i>	<i>Fathima</i>
26.	FATHIMATHUL AMANA P M	<i>Fathima</i>	<i>Fathima</i>	<i>Fathima</i>
27.	FAYANA RAFI P A	<i>Fayana</i>	<i>Fayana</i>	<i>Fayana</i>
28.	FIDA SHERIN A M	<i>Fida</i>	<i>Fida</i>	<i>Fida</i>
29.	FIDHA V	<i>Fidha</i>	<i>Fidha</i>	<i>Fidha</i>
30.	GOKUL GOPINATH	<i>Gokul</i>	<i>Gokul</i>	<i>Gokul</i>
31.	HAMDA SHAHZADI	<i>Hamda</i>	<i>Hamda</i>	<i>Hamda</i>
32.	HARANYA ANEESH	<i>Haranya</i>	<i>Haranya</i>	<i>Haranya</i>
33.	HINASHREE	<i>Hinashree</i>	<i>Hinashree</i>	<i>Hinashree</i>
34.	HUSNA UBANA	<i>Husna</i>	<i>Husna</i>	<i>Husna</i>
35.	KARUNYA LOUIES	<i>Karunya</i>	<i>Karunya</i>	<i>Karunya</i>
36.	KIRUBHA LOUIES	<i>Kirubha</i>	A	<i>Kirubha</i>
37.	KISHOR RAJKUMAR	<i>Kishor</i>	<i>Kishor</i>	<i>Kishor</i>
38.	LEMI S	<i>Lemi</i>	<i>Lemi</i>	<i>Lemi</i>
39.	MUFEEED MUSTHAF A	<i>Mufeed</i>	<i>Mufeed</i>	<i>Mufeed</i>
40.	MUHAMMED NABEEH P	<i>Nabeeh</i>	<i>Nabeeh</i>	<i>Nabeeh</i>
41.	MUKESHKUMARAN S	<i>Mukesh</i>	<i>Mukesh</i>	<i>Mukesh</i>
42.	NAFEESA SUHA	<i>Nafeesa</i>	<i>Nafeesa</i>	<i>Nafeesa</i>
43.	NAJIYA NASRIN P P	<i>Najiya</i>	<i>Najiya</i>	<i>Najiya</i>
44.	NANDANA M P	A	<i>Nandana</i>	<i>Nandana</i>
45.	NANDANA O	<i>Nandana</i>	<i>Nandana</i>	<i>Nandana</i>
46.	NETHA FAROOK	<i>Netha</i>	<i>Netha</i>	<i>Netha</i>





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**U.T. of Puducherry. Ph : 0490 2337765**

47.	NETRA NANDHANA	<i>Netra</i>	<i>Netra</i>	<i>Netra</i>
48.	P A ALIYA FARHATH	<i>Aliya</i>	<i>Aliya</i>	<i>Aliya</i>
49.	POOJA SURESH	<i>Pooja</i>	<i>Pooja</i>	<i>Pooja</i>
50.	POURNNAMY JAYAN	<i>Pp</i>	<i>Pp</i>	<i>Pp</i>
51.	PUVISHAA	<i>Puvisha</i>	<i>Puvisha</i>	<i>Puvisha</i>
52.	SAFA	<i>Safa</i>	A	<i>Safa</i>
53.	SAJINIMOL B SAJI	<i>Sajinimol</i>	<i>Sajinimol</i>	<i>Sajinimol</i>
54.	SANA ANSAR	<i>Sana</i>	<i>Sana</i>	<i>Sana</i>
55.	SANA FATHIMA V P	<i>Sana</i>	<i>Sana</i>	<i>Sana</i>
56.	SHADWALA C M	<i>Shadwala</i>	<i>Shadwala</i>	<i>Shadwala</i>
57.	SHAHANA SHERIN	<i>Shahana</i>	<i>Shahana</i>	<i>Shahana</i>
58.	SHAMNA SHERIN V K	<i>Shamna</i>	<i>Shamna</i>	<i>Shamna</i>
59.	SHARON S GEORGE	<i>Sharon</i>	<i>Sharon</i>	<i>Sharon</i>
60.	SHEZA NOUREEN	<i>Sheza</i>	<i>Sheza</i>	<i>Sheza</i>
61.	SHIMNA SHERIN	<i>Shimna</i>	<i>Shimna</i>	<i>Shimna</i>
62.	SNEHA KRISHNA	<i>Sneha</i>	<i>Sneha</i>	<i>Sneha</i>
63.	SRI GHAYATHRI M G	<i>Sri</i>	<i>Sri</i>	<i>Sri</i>
64.	SRUTHAKEERTHI S S	<i>Srutha</i>	<i>Srutha</i>	<i>Srutha</i>
65.	SUDARSANA PRASANTH	<i>Sudarsana</i>	A	<i>Sudarsana</i>
66.	SWATHI UDESH	<i>Swathi</i>	<i>Swathi</i>	<i>Swathi</i>
67.	THIRUVENKATESWARAN M	<i>Thiruv</i>	<i>Thiruv</i>	<i>Thiruv</i>
68.	VARNA SANTHOSH	<i>Varna</i>	<i>Varna</i>	<i>Varna</i>



MINDS

# MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

DEPT. OF ORAL PATHOLOGY & MICROBIOLOGY

## EXAM ESSENTIALS A VALUE ADDED CERTIFICATE COURSE

### Certificate of Appreciation

Awarded to



DR. M SELVAMANI

FOR BEING THE RESOURCE PERSON  
IN THE CERTIFICATE COURSE EXAM ESSENTIALS, ORGANIZED  
BY MAHE INSTITUTE OF DENTAL SCIENCES AND HOSPITAL,  
CHALAKKARA, MAHE, U.T. OF PUDUCHERRY,  
DURING 18-29/05/2023



DR. ANIL MELATH  
PRINCIPAL

DR. M SELVAMANI  
VICE PRINCIPAL

DR. BASTIANT S  
HOD, ORAL PATHOLOGY





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DR. BASTIAN T S  
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DEPT. OF ORAL PATHOLOGY & MICROBIOLOGY

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Presented to

**AKASH . D**

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IN THE CERTIFICATE COURSE EXAM ESSENTIALS, ORGANIZED  
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APARNA . S

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DR. BASTIAN T S  
HOD, ORAL PATHOLOGY





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# Certificate of Participation

Presented to

*FATHIMA*

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IN THE CERTIFICATE COURSE EXAM ESSENTIALS, ORGANIZED  
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DR. ANIL MELATH  
PRINCIPAL

DR. M SELVAMANI  
VICE PRINCIPAL

DR. BASTIAN TS  
HOD, ORAL PATHOLOGY



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DEPT. OF ORAL PATHOLOGY & MICROBIOLOGY

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Presented to

Akshaya R

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CHALAKKARA, MAHE, U.T. OF PUDUCHERRY,  
DURING 18-29/05/2023



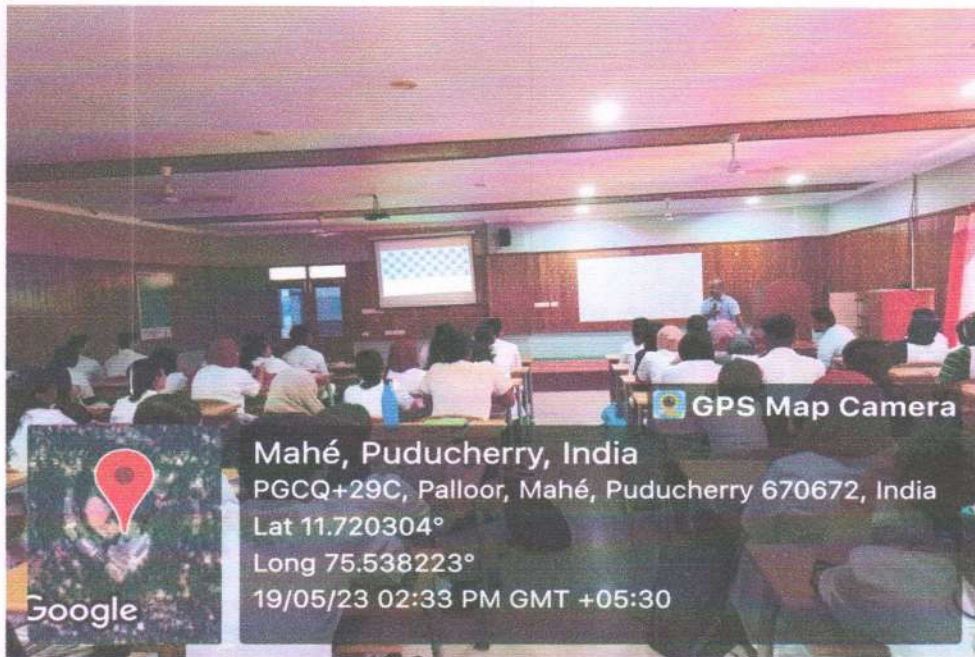
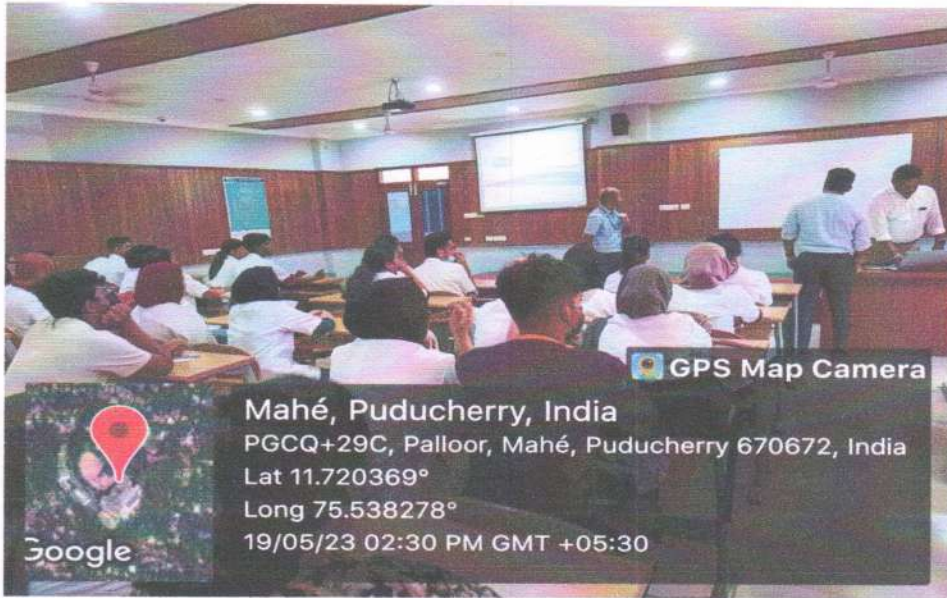
DR. ANIL MELATH  
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DR. M SELVAMANI  
VICE PRINCIPAL

DR. BASTIAN T S  
HOD, ORAL PATHOLOGY



## EXAM ESSENTIALS





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**Chalakkara, P.O. Pallor, Mahe-673 310**  
**U.T. of Puducherry. Ph : 0490 2337765**

**FEEDBACK FORM**  
**EXAM ESSENTIALS**

*Please tick the appropriate option for each parameter.*

1. On a scale of 1 to 5, how relevant was the course content to your exam preparation?

- 1: Not Relevant
- 2: Slightly Relevant
- 3: Moderately Relevant
- 4:  Very Relevant
- 5: Extremely Relevant

2. Rate the effectiveness of the study materials provided for your exam preparation.

- 1: Not Effective
- 2: Slightly Effective
- 3: Moderately Effective
- 4:  Very Effective
- 5: Extremely Effective

3. How clear were the exam preparation strategies taught in the course?

- 1: Unclear
- 2: Somewhat Clear
- 3: Moderately Clear
- 4:  Clear
- 5: Very Clear

4. Rate the instructor's engagement and teaching style during the course.

- 1: Unengaging
- 2: Somewhat Engaging
- 3: Moderately Engaging
- 4:  Very Engaging
- 5: Extremely Engaging

5. Any suggestions

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**DEPARTMENT OF PERIODONTICS**  
**DENTAL OFFICE MANAGEMENT**  
**Post Event Report**

**Date: 05.05.2023**

**Venue: NAVATARA**

**Faculty :** Dr Anil Melath  
Dr. Subair K  
Dr. Raj A C

Department of Periodontics of Mahe Institute of Dental Sciences & Hospital conducted a programme on '**DENTAL OFFICE MANAGEMENT**' for Interns from **28-04-2023 - 04-05-23** in the navatara. Engaging sessions, interactive workshops, and insightful discussions enriched attendees' knowledge and fostered a collaborative approach towards effective management of dental office.



*Dr. Anil M*

Signature of HOD



Ref. No: MINDS.P.O/27042023/02

Date: 27.04.2023

## Circular

This is to inform that the department of Periodontics is conducting "IPR in clinical practice" – A value added course on clinical practice for Interns on 28.04.2023, 03.05.2023 and 04.05.2023.

All Interns are instructed to attend the program without fail.

Venue : Navathara Auditorium

Time : 8.45am to 9.30am

### COPY TO :

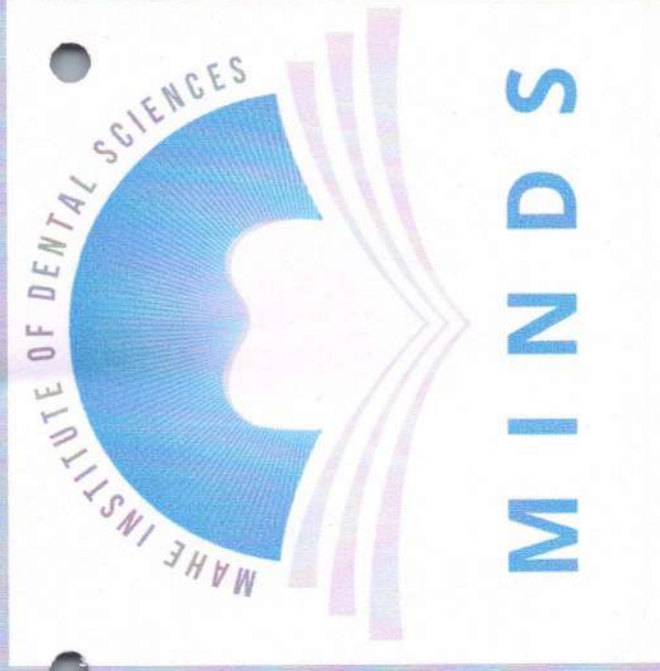
- 1.Chairman
2. CEO
- 3.Vice Principal
4. Administrative Manager
- 5.All HOD'S

Dr.Anil Melath  
PRINCIPAL

Principal  
Mahe Institute of Dental Sciences & Hospital  
MAHE







“

## Course Outline

- Clinic Establishment.
- Drug Prescription in Dentistry.
- Tips for successful clinical practice.

Value added course

**IPR of**

**Clinical Practice**

For Interns

NAVATARA

28.04.2023 - 04.05.2023

09:00am - 10:00am





“  
**Induction**  
**Prescription**  
**Redescription**



**Induction**



**Dr. Subair K**  
Prof. Dept. of Periodontics

**Prescription**



**Dr. Raj A C**  
Prof & HOD Dept. of Oral Medicine &  
Radiology

**Redescription**



**Dr. Anil Melath**  
Principal , MINDS  
Prof & HOD. Dept. of Periodontics





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U.T. of Puducherry. Ph : 0490 2337765

**PROGRAM:** IPR - Induction, Prescription, Rescription  
**DATE:** 28/04/23  
**VENUE:** Navathasa  
**SPEAKER:** Dr. Subair K

**PARTICIPANTS LIST**

S.NO	NAME	SIGNATURE
1.	Meera	[Signature]
2	Harpriyashanth	[Signature]
3	Shamila	[Signature]
4	Shwetha	[Signature]
5.	Sobhit Tegalura	[Signature]
6	Shalini	[Signature]
7	Aaradhna	[Signature]
8	Athira	[Signature]
9.	Harna	[Signature]
10	Dulya Sekhar	[Signature]
11.	ESHA BARKAVIE-S	[Signature]
12.	Fayen Jameela	[Signature]
13	VishnuPriya	[Signature]
14	ATHUL T.V	[Signature]
15	Joe Jose	[Signature]
16.	Seetha Prasad	[Signature]
17	Kanya K	[Signature]
18	Han Lakshmi	[Signature]
19.	Sudaj	[Signature]
20	Aswathi V.K	[Signature]
21	Anusree	[Signature]
22	Bavithra R	[Signature]







MINDS

## MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

Induction

Prescription

Redescription

A HANDS-ON CERTIFICATE COURSE

# Certificate of Appreciation

Presented to

DR RAJ AC

FOR BEING THE COURSE FACULTY  
IN THE CERTIFICATE COURSE ON DENTAL OFFICE  
MANAGEMENT, ORGANIZED BY MAHE INSTITUTE OF DENTAL  
SCIENCES AND HOSPITAL, CHALAKKARA, MAHE, U.T. OF  
PUDUCHERRY,

DURING 28.04.2023-4.05.2023

DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL



# MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

Induction  
Prescription  
Redescription

## *Certificate of Participation*

Presented to

KAVYA K.C

FOR ACTIVELY PARTICIPATING  
IN THE CERTIFICATE COURSE ON DENTAL OFFICE  
MANAGEMENT, ORGANIZED BY MAHE INSTITUTE OF DENTAL  
SCIENCES AND HOSPITAL, CHALAKKARA, MAHE, U.T. OF  
PUDUCHERRY,

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DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL





## MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

Induction  
Prescription  
Redescription

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Presented to

KEERTHANA PRAMOD

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SCIENCES AND HOSPITAL, CHALAKKARA, MAHE, U.T. OF  
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DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL



## MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

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Prescription  
Redescription

### *Certificate of Participation*

Presented to

*Esha Barkavie*

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IN THE CERTIFICATE COURSE ON DENTAL OFFICE  
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SCIENCES AND HOSPITAL, CHALAKKARA, MAHE, U.T. OF  
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PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL





# MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

Induction  
Prescription  
Redescription

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PUDUCHERRY,  
DURING 28.04.2023-4.05.2023

DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL



DEPT OF PERIODONTICS

FEEDBACK FORM

DENTAL OFFICE MANAGEMENT 28-04-2023 - 04-05-23

Please tick the appropriate option for each parameter.

SL NO	QUESTION	4	3	2	1
1.	Procedure explained in a clear and organized manner		✓		
2.	The program objectives were met	✓			
3.	Examples or cases were given to facilitate your understanding	✓			
4.	Opportunities to learn interactively	✓			
5.	Relevancy of the content to professional activities was a reason for you to participate		✓		
6.	Usefulness of handouts and audio-visual materials	✓			
7.	The course content met your expectations		✓		
8.	The procedure room and facilities were comfortable and adequate	✓			
9.	Programme venue	✓			
10.	Degree to which the program is recommended to colleagues		✓		





DEPT OF PERIODONTICS

FEEDBACK FORM

DENTAL OFFICE MANAGEMENT 28-04-2023 - 04-05-23

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SL NO	QUESTION	4	3	2	1
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**DENTAL OFFICE MANAGEMENT 28-04-2023 - 04-05-23**

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1.	Procedure explained in a clear and organized manner	<input checked="" type="checkbox"/>			
2.	The program objectives were met		<input checked="" type="checkbox"/>		
3.	Examples or cases were given to facilitate your understanding	<input checked="" type="checkbox"/>			
4.	Opportunities to learn interactively	<input checked="" type="checkbox"/>			
5.	Relevancy of the content to professional activities was a reason for you to participate		<input checked="" type="checkbox"/>		
6.	Usefulness of handouts and audio-visual materials	<input checked="" type="checkbox"/>			
7.	The course content met your expectations		<input checked="" type="checkbox"/>		
8.	The procedure room and facilities were comfortable and adequate		<input checked="" type="checkbox"/>		
9.	Programme venue	<input checked="" type="checkbox"/>			
10.	Degree to which the program is recommended to colleagues	<input checked="" type="checkbox"/>			





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**DEPARTMENT OF ORAL AND MAXILLOFACIAL SURGERY**

## **POST EVENT REPORT**

**Date: 20.03.2023-22.03.2023**

**Venue: LECTURE HALL 4**

**Faculty: Dr. Chythanniya Viswanathan**  
**Participants: 100 Students**

The Workshop on Medical Emergency Management was a resounding success, evidenced by the overwhelming enthusiasm and positive feedback from the 100 participating students. The event not only provided valuable insights but also inspired a passion for Medical emergency among the attendees, paving the way for their future endeavors in the medical field.

Signature of HOD



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A Unit of Mahe Educational & Charitable NRI trust | Chalakkara, Pallor, Mahe- 673310, U.T of Puducherry

Ref. No: MINDS.P.O/18052023/3

Date: 18.05.2023

## Circular

This is to inform that, Department of Oral and Maxillofacial Surgery is organizing a certificate programme on the topic 'CRITICAL CARE RESPONSE TRAINING'. All the Third year BDS students are requested to attend the programme.

Venue: LH 4

Speakers : 20.03.2023-22.03.2023



Dr. Anil Melath  
Principal

Dr. Anil Melath, MDS  
Principal  
Mahe Institute of Dental Sciences & Hospital  
Chalakkara, P.O Pallor, Mahe -673310  
U.T of Puducherry

Copy to:

1. Chairman
2. CEO
3. Vice principal
4. Admin Manager
5. All HOD's
6. IQAC

☎ : 0490 2337406, 2336190, 2336191, 8301046544

✉ : [principal@mahedentalcollege.org](mailto:principal@mahedentalcollege.org) | [administration@mahedentalcollege.org](mailto:administration@mahedentalcollege.org)

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CHALAKKARA, MAHE, U.T OF PUDUCHERRY

**DEPT OF ORAL & MAXILLOFACIAL SURGERY**



**A CERTIFICATE COURSE IN MEDICAL EMERGENCY**  
**Critical Care Response**  
**Training**

**ABOUT THE COURSE**

A focused course tailored for dental students, emphasizing critical skills necessary for handling emergencies within a dental setting

**DATE: 20-22MARCH 2023**

**VENUE: LH 4**



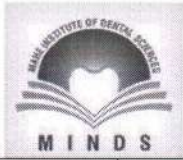
**DR CHAYTHANNIYA V**



Critical Care Response Training  
**PARTICIPATION LIST**  
2022-23 | 20.3.2023-22.03.2023

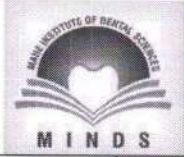
S.No	Participants list	Sign		
		20/3/23	21/3/23	22/3/23
1.	A.DEVIPRIYA			
2.	ABHIRAMI A B			
3.	ADITHYA RAMESH			
4.	ADITHYA SAGAR R S			
5.	ADLA NADEER			
6.	AFNA FATHIMA		A	
7.	AKASH S BIJU			
8.	AKHILA B			
9.	AKHILA SURENDRAN			
10.	ALEENA SHAJI		A	
11.	AMAYA ANIL KUMAR			
12.	ANURRAGHA PRIYA E			
13.	ARADHANA SIVAKUMAR			
14.	ASHITHA A	A		
15.	ASWATHI R			
16.	ASWATHY T L			
17.	ASWIN KALLIDUMBIL RAJEEV		A	
18.	ASWINI THARAYIL			





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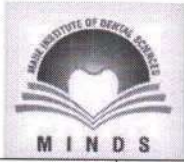
19.	ATHIRA P NAIR	<i>An</i>	<i>M</i>	<i>An</i>	
20.	BALARAMAN G	<i>Bane</i>	<i>Bn</i>	<i>Bn</i>	
21.	BASIM SHAD K K	<i>Basm</i>	<i>A</i>	<i>Bsm</i>	
22.	CHAARUMATHY L	<i>Cham</i>	<i>Chml</i>	<i>Chml</i>	
23.	DAISY C	<i>Daisy</i>	<i>Daisy</i>	<i>Daisy</i>	
24.	DESMIN JAISON	<i>Desmn</i>	<i>Desmn</i>	<i>Desmn</i>	
25.	DHARSHIKA V	<i>A</i>	<i>Dharshika</i>	<i>Dharshika</i>	
26.	DUA FATHIMA	<i>Dua</i>	<i>Dua</i>	<i>Dua</i>	
27.	E .SNEHA	<i>Sneha</i>	<i>Sne</i>	<i>A</i>	
28.	FATHIMA U M	<i>Fath</i>	<i>Fath</i>	<i>Fath</i>	
29.	FATHIMATHU FIZA K P	<i>Fiza</i>	<i>A</i>	<i>Fiza</i>	
30.	FATHIMATHUL SAFAH	<i>Safa</i>	<i>Safa</i>	<i>Safa</i>	
31.	FATHIMATHUL FAHADA	<i>Fahada</i>	<i>A</i>	<i>Fahada</i>	
32.	G ROHITH	<i>Rohith</i>	<i>Rohith</i>	<i>Rohith</i>	
33.	GEETHIKA SAJEEV	<i>Geethika</i>	<i>Geethika</i>	<i>Geethika</i>	
34.	GOUTHAM GOKUL K V	<i>Gokul</i>	<i>A</i>	<i>Gokul</i>	
35.	HANNAH THOMAS	<i>Hannah</i>	<i>Hannah</i>	<i>Hannah</i>	
36.	HENNA K	<i>Henna</i>	<i>Henna</i>	<i>Henna</i>	
37.	HIBA HAMZA	<i>Hiba</i>	<i>Hiba</i>	<i>A</i>	
38.	HIBA MUHAMMED	<i>A</i>	<i>Hiba</i>	<i>Hiba</i>	
39.	HRIDHYA RAMESH	<i>Hridhya</i>	<i>Hridhya</i>	<i>A</i>	
40.	IBTHISAM	<i>Ibthisam</i>	<i>Ibthisam</i>	<i>Ibthisam</i>	



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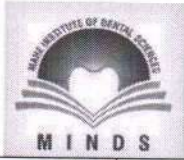
41.	IREEN BABU	A	Ireen	Ireen	d
42.	IRFANA		Irana	Irana	A
43.	JENNA PARVEEN		Jenna	Jenna	Jenna
44.	JINCY JOSEPH		Jincy	A	Jincy
45.	K NAGANANDHINI		Nagaa	Nagaa	Nagaa
46.	K SRIVAIDHYA		Soni	A	A
47.	KEERTHANA S		Keer	Keer	Keer
48.	KRISHNA PRIYA K S		Krip	A	A
49.	MADHUVANDHI	A	Madhu	Madhu	Madhu
50.	MIRAN ABDUL KHADER		Miran	A	Miran
51.	MIRDHULA K		Mirdul	Mirdul	Mirdul
52.	MOHANARANGAN		mohal	mohal	A
53.	MUHAMMED AL SHAMEEL M	A	Shameel	Shameel	Shameel
54.	MUHAMMED ASEEM		Aseem	Aseem	Aseem
55.	MUHAMMED IJAZ A P		Ijaz	Ijaz	A
56.	MUHAMMED THAHA ABDUL RAFEEK		Thaa	Thaa	Thaa
57.	NANDHANA R S		Nandha	Nandha	Nandha
58.	NAVYA KEERTHI T K	A	Navya	Navya	A
59.	NEHALA NAJEEB		Nehal	Nehal	Nehal
60.	NIMA NIHALA P K		Nima	Nima	Nima
61.	P PRASANNA DEVI	A	Prasanna	Prasanna	Prasanna
62.	P R APARNA		Prarna	Prarna	Prarna





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63.	PARVATHI A K	<i>P. Parvathi</i>	<i>P. Parvathi</i>	<i>P. Parvathi</i>
64.	PARVATHY MANOJ	A	<i>Pm</i>	<i>Pm</i>
65.	PEMMADI GOVALAKSHMI	<i>G. Govathi</i>	<i>G. Govathi</i>	<i>G. Govathi</i>
66.	PENUMAKA LIZA	<i>P. Penuma</i>	<i>P. Penuma</i>	<i>P. Penuma</i>
67.	POOJA PATEL P	<i>Pp</i>	A	<i>Pp</i>
68.	R PRITHIMA	<i>P. Prithima</i>	<i>P. Prithima</i>	<i>P. Prithima</i>
69.	RAHFA ISMAIL	A	<del><i>R. Rahfa</i></del>	<del><i>R. Rahfa</i></del>
70.	RAHUL KRISHNA M	<i>Rk</i>	A	<i>Rk</i>
71.	RASHA K	<i>Rashal</i>	<i>Rashal</i>	<i>Rashal</i>
72.	RATHESHA S	<i>rathesha</i>	<i>rathesha</i>	<i>rathesha</i>
73.	RIDA JAVAD	<i>rida</i>	A	<i>rida</i>
74.	RIJI K V	<i>riji</i>	<i>riji</i>	<i>riji</i>
75.	S KAVIYA PRIYA S	A	<i>S. Kaviya</i>	A
76.	S VENKATESAN	<i>S. Venkatesan</i>	<i>S. Venkatesan</i>	<i>S. Venkatesan</i>
77.	SELVAKANI AMUUDHAN N	<i>S. Selvakani</i>	<i>S. Selvakani</i>	<i>S. Selvakani</i>
78.	SHAHNA T	A	<i>Shahna</i>	<i>Shahna</i>
79.	SHAMEEMA AFRAH	<i>Shameema</i>	<i>Shameema</i>	A
80.	SHAMINI R	<i>Shamini</i>	<i>Shamini</i>	<i>Shamini</i>
81.	SHANA	A	<i>Shana</i>	<i>Shana</i>
82.	SNEHAL SHAJITH	<i>Shajith</i>	<i>Shajith</i>	<i>Shajith</i>
83.	SONAL K SURESH	<i>S. Sonal</i>	<i>S. Sonal</i>	<i>S. Sonal</i>
84.	SRUTHY K S	<i>S. Sruthy</i>	<i>S. Sruthy</i>	<i>S. Sruthy</i>



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85.	SUHAIL	<i>Suhail</i>	<i>Suhail</i>	<i>Suhail</i>	
86.	SWARNAMALYA G	<i>Swarnamalya</i>	<i>Swarnamalya</i>	<i>Swarnamalya</i>	
87.	SWATHI S	<i>Swathi</i>	<i>Swathi</i>	<i>Swathi</i>	
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90.	UMMUKULSU P K	<i>Ummukul</i>	<i>Ummukul</i>	<i>Ummukul</i>	
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92.	YAMUNA D	<i>Yamuna</i>	<i>Yamuna</i>	<i>Yamuna</i>	
93.	YUVASREE V	<i>Yuvasee</i>	<i>Yuvasee</i>	<i>Yuvasee</i>	
94.	ZAHIRA KHANUM	<i>Zahira</i>	<i>Zahira</i>	<i>Zahira</i>	
95.	ALISHA FEROOK	<i>Alisha</i>	<i>Alisha</i>	<i>Alisha</i>	
96.	ARSHIN N	<i>A</i>	<i>Arshin</i>	<i>Arshin</i>	
97.	ELNA RAJESH	<i>Elna</i>	<i>Elna</i>	<i>Elna</i>	
98.	FATHIMA NASMI M	<i>Fathima</i>	<i>Fathima</i>	<i>A</i>	
99.	PAVETHRA	<i>Pavethra</i>	<i>Pavethra</i>	<i>Pavethra</i>	
100.	ASHA M	<i>Asha</i>	<i>Asha</i>	<i>Asha</i>	

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*Critical Care Response  
Training*

## Certificate of appreciation

Awarded to



DR CHAYTHANNIYA V

FOR BEING THE COURSE INSTRUCTOR  
IN THE CERTIFICATE COURSE ON CRITICAL CARE RESPONSE  
TRAINING, ORGANIZED BY  
MAHE INSTITUTE OF DENTAL SCIENCES AND HOSPITAL,  
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FROM 20.3.2023-22.03.2023

DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL



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DEPT OF ORAL & MAXILLOFACIAL SURGERY

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## Certificate of Participation

Presented to

ADITHYA RAMESH

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PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL





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Presented to

*AKASH S BIJU*

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PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL



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Presented to

ALEENIA SHAJI

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IN THE CERTIFICATE COURSE ON CRITICAL CARE RESPONSE  
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Presented to

ASWATHI R

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IN THE CERTIFICATE COURSE ON CRITICAL CARE RESPONSE  
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DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL



# Critical care response training







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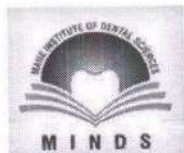
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FEEDBACK FORM

'CRITICAL CARE RESPONSE TRAINING'  
20.03.2023-22.03.2023

Please tick the appropriate option for each parameter.

SL NO	QUESTION	4	3	2	1
1.	Procedure explained in a clear and organized manner	<input checked="" type="checkbox"/>			
2.	The program objectives were met		<input checked="" type="checkbox"/>		
3.	Examples or cases were given to facilitate your understanding	<input checked="" type="checkbox"/>			
4.	Opportunities to learn interactively		<input checked="" type="checkbox"/>		
5.	Relevancy of the content to professional activities was a reason for you to participate	<input checked="" type="checkbox"/>			
6.	Usefulness of handouts and audio-visual materials	<input checked="" type="checkbox"/>			
7.	The course content met your expectations	<input checked="" type="checkbox"/>			
8.	The procedure room and facilities were comfortable and adequate	<input checked="" type="checkbox"/>			
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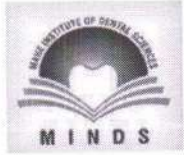
'CRITICAL CARE RESPONSE TRAINING'

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SL NO	QUESTION	4	3	2	1
1.	Procedure explained in a clear and organized manner	<input checked="" type="checkbox"/>			
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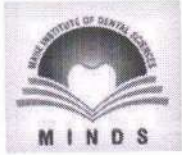
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**DEPT OF ORAL AND MAXILLOFACIAL SURGERY**

**FEEDBACK FORM**

**'CRITICAL CARE RESPONSE TRAINING'**  
**20.03.2023-22.03.2023**

*Please tick the appropriate option for each parameter.*

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6.	Usefulness of handouts and audio-visual materials	<input checked="" type="checkbox"/>			
7.	The course content met your expectations		<input checked="" type="checkbox"/>		
8.	The procedure room and facilities were comfortable and adequate	<input checked="" type="checkbox"/>			
9.	Programme venue	<input checked="" type="checkbox"/>			
10.	Degree to which the program is recommended to colleagues		<input checked="" type="checkbox"/>		



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U.T. of Puducherry. Ph : 0490 2337765

## Post Event Report on Certificate Course on PATHFINDER IN RESEARCH

Dept. of Public Health Dentistry, Mahe Institute of Dental Sciences, organized a three days **Certificate Course on PATHFINDER IN RESEARCH** for the First Year MDS students of the institution– from 09.03.23 -11.03.23.

MAHE INSTITUTE OF DENTAL SCIENCES AND HOSPITAL 

# "PATHFINDER IN RESEARCH"

A CERTIFICATE COURSE  
For First Year Post Graduates  
09.03.2023 - 11.03.2023



## Course Faculty

 <b>DR. SARAVANAN M</b> ASST. PROFESSOR DEPT. OF CLS & TR MALABAR CANCER CENTRE	 <b>DR. SELVAKUMAR</b> HOD & READER DEPT. OF MICROBIOLOGY	 <b>DR. RAJANI MARY GEORGE</b> HOD & PROFESSOR DEPT. OF PUBLI HEALTH DENTISTRY	 <b>DR. ANJALI K</b> ASST. PROFESSOR DEPT. OF MICROBIOLOGY	 <b>DR. TEENU THOMAS</b> SENIOR LECTURER DEPT. OF PUBLIC HEALTH DENTISTRY
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## COURSE CONTENT

- Research insights in the oral microbiome by **Dr. Saravanan.**
- The process of conducting academic research by **Dr. Selvakumar.**
- How to write a research protocol by **Dr. Rajani Mary George.**
- Informed consent in Research by **Dr. Anjali.**
- Literature search by **Dr. Teenu Thomas.**

**NAVATARA AUDITORIUM** 08:30 am - 10:30 am

The resource person for Day 1 was Dr. Selvakumar, Reader and Head, Department of Microbiology. The course was held at Lecture Hall 24 from 8:00 AM – 09:30 AM..





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There were a total of 12 MDS students. The class was on the – PROCESS OF CONDUCTING ACADEMIC RESEARCH. A second lecture on – Research Insights in the Oral Microbiome – was carried out by Guest Speaker – Dr. Saravanan M – MCC, Thalasserry, from 09:30 -11:00 am.



The resource person for Day 2 was Dr. Rajani Mary George – Prof & Head, Dept of Public Health Dentistry. The course was held at Lecture Hall 4 from 09:00 am –





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10:30 am. There were a total of 13 MDS students who attended the program on Day 2. The class was focused on How to write a research protocol.

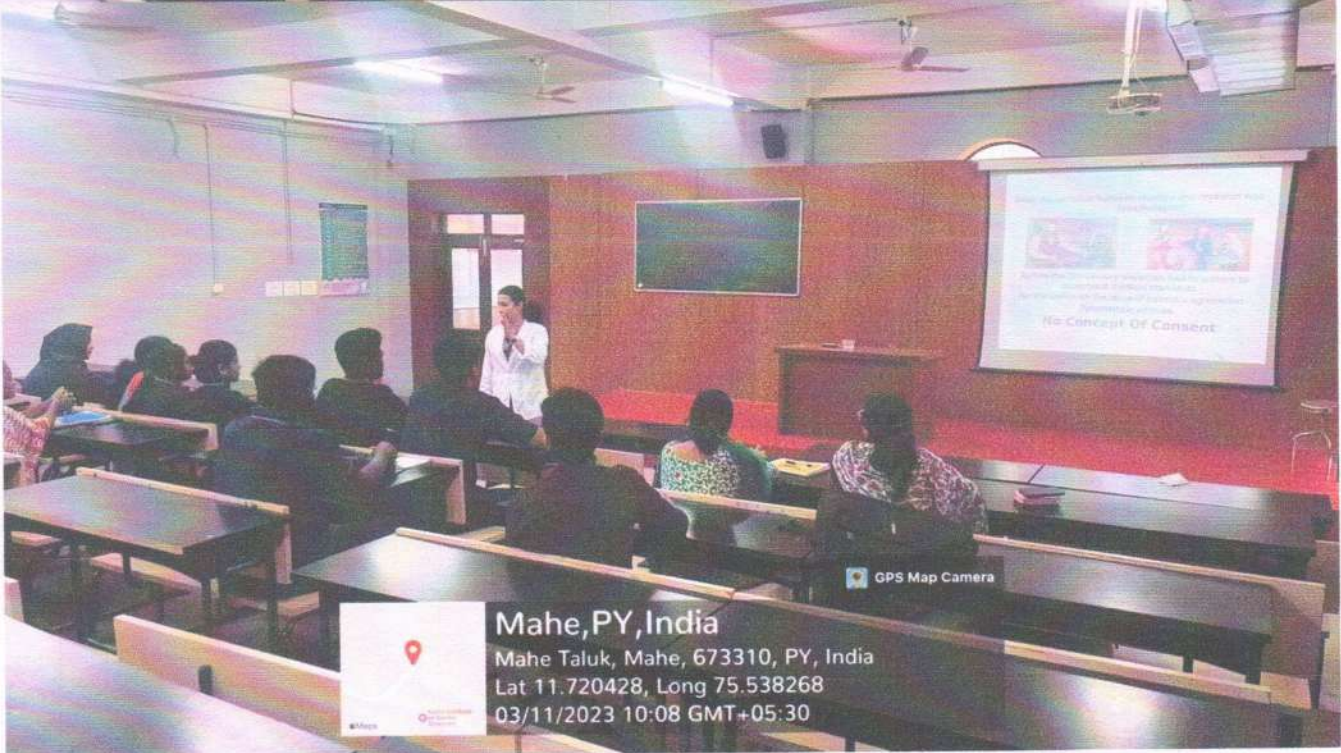
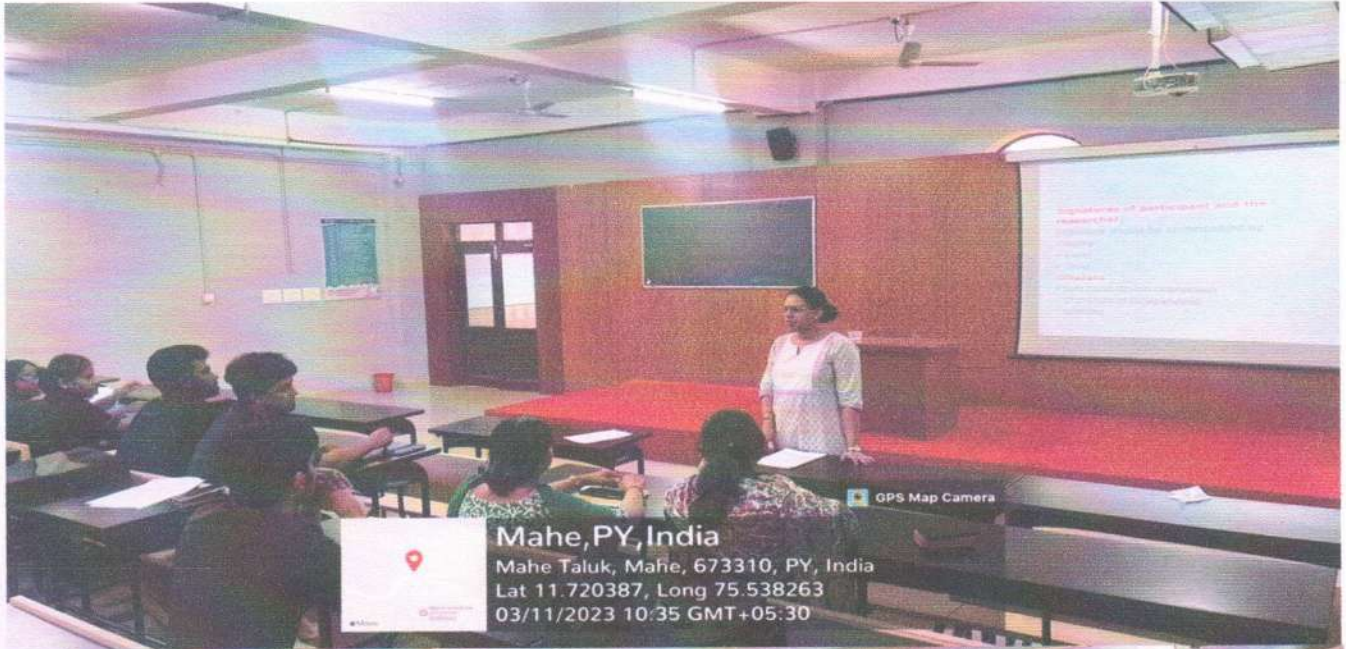


The resource person for Day 3 was Dr. Teenu Thomas, Senior Lecturer, Department of Public Health Dentistry, and the lecture was from 08:45 am – 09:30 am. The topic for the lecture was – Literature Search. The second session on – Informed consent in Research was handled by Dr. Anjali K, Assistant professor, Department of Microbiology. The course was held at Lecture Hall 4 from 09:30 am – 10:30 am. There were a total of 10 MDS students who attended the program on Day 3.





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→ DR. TEENU THOMAS -  
- Course Coordinator





Ref. No: MINDS.P.O/08032023/1

Date: 08.03.2023

## Circular

This is to inform that a Certificate Course on Pathfinder in Research will be organised by Dept. of Public Health Dentistry for the first year MDS students .

The Details are as follows:-

09.03.2023 – 8.30am to 11.00am by Dr.Saravanan M, MCC Thalassery  
Dr.Selvakumar M, HOD ,Dept. of Microbiology

10.03.2023 – 8.30am to 10.00am by Dr.Rajani Mary George , HOD Dept. of PHD

11.03.2023 – 8.30am to 10.30am by Dr.Anjali.K & Dr.Teenu Thomas

**Venue : Lecture Hall I**

DR ANIL M

Dr.Anil Melath  
PRINCIPAL

Principal  
Mahe Institute of Dental Sciences & Hospital  
MAHE



COPY TO :

- 1.Chairman
2. CEO
- 3.Vice Principal
4. Administrative Manager
- 5.All HOD'S

☎ : 0490 2337406, 2336190, 2336191, 8301046544

✉ : [principal@mahedentalcollege.org](mailto:principal@mahedentalcollege.org) | [administration@mahedentalcollege.org](mailto:administration@mahedentalcollege.org)

🌐 : [www.mahedentalcollege.org](http://www.mahedentalcollege.org)



MAHE INSTITUTE OF DENTAL SCIENCES AND HOSPITAL

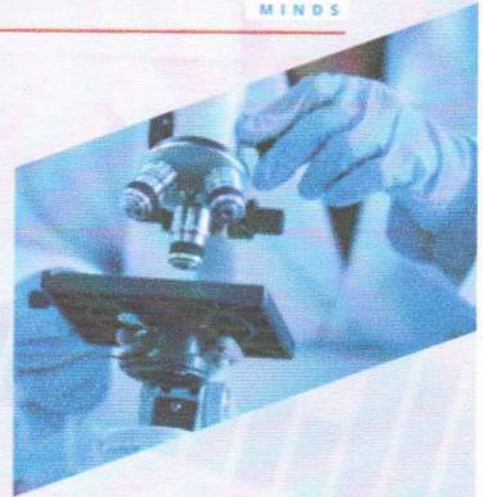


# "PATHFINDER IN RESEARCH"

A CERTIFICATE COURSE

For First Year Post Graduates

09.03.2023 - 11.03.2023



## Course Faculty



**DR. SARAVANAN M**  
ASST. PROFESSOR  
DEPT. OF CLS & TR  
MALABAR CANCER CENTRE



**DR. SELVAKUMAR**  
HOD & READER  
DEPT. OF MICROBIOLOGY



**DR. RAJANI MARY  
GEORGE**  
HOD & PROFESSOR  
DEPT. OF PUBLI HEALTH DENTISTRY



**DR. ANJALI K**  
ASST. PROFESSOR  
DEPT. OF MICROBIOLOGY



**DR. TEENU THOMAS**  
SENIOR LECTURER  
DEPT. OF PUBLIC HEALTH DENTISTRY

## COURSE CONTENT

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**NAVATARA AUDITORIUM** 08:30 am - 10:30 am



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## CERTIFICATE COURSE PARTICIPANT LIST

(14)

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

Programme Name: PATHFINDER IN RESEARCH - 2023

Date: 09.03.23

NO	NAME	SIGNATURE
1.	Dr. Pavendhan Folie Cocur	
2.	Dr. Sindhuja S	
3.	Dr. Manjara Shukoo	
4.	Dr. Esham B	
5.	Dr. Sherin Shahana	
6.	Dr. Mandy Shabnam	
7.	Dr. Alhisa R	
8.	Dr. Shomneha Saleem	
9.	Dr. KANAKANANI	
10.	Dr. SHELSA MOHAN - A	
11.	Dr. Sibaboober 126	
12.	Dr. Purbasanti	
13.	Dr. HARISHINI	
14.	Dr. PETER	
15.		
16.		
17.		
18.		
19.		
20.		





MAHE INSTITUTE OF DENTAL SCIENCES AND HOSPITAL

'PATHFINDER IN RESEARCH'  
VALUE ADDED CERTIFICATE COURSE

# CERTIFICATE

OF APPRECIATION

THIS CERTIFICATE IS PROUDLY PRESENTED TO



*Dr. Saravanan M*

MCC, THALASERRY

For your time, efforts and dedication rendered in delivering a  
Guest Lecture at Mahe Institute of Dental Sciences and  
Hospital, Mahe on 09.03.23

DR. ANIL MELATH  
PRINCIPAL

DR. SELVAMANI  
VICE PRINCIPAL





MINDS

**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**

**PATHFINDER IN RESEARCH**

A VALUE ADDED CERTIFICATE COURSE

## **CERTIFICATE OF PARTICIPATION**

Presented to

DR PAVENTHAN JOLIE COER

FOR ACTIVELY PARTICIPATING  
IN THE CERTIFICATE COURSE, ORGANIZED BY DEPT OF PHD,  
MAHE INSTITUTE OF DENTAL SCIENCES AND HOSPITAL,  
CHALAKKARA, MAHE, U.T. OF PUDUCHERRY, DURING  
9.03.2023-11.03.2023

DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL





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**PATHFINDER IN RESEARCH**

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## **CERTIFICATE OF PARTICIPATION**

Presented to

DR MARIJANA SHUKOOR

FOR ACTIVELY PARTICIPATING  
IN THE CERTIFICATE COURSE, ORGANIZED BY DEPT OF PHD,  
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## **CERTIFICATE OF PARTICIPATION**

Presented to

DR ATHIRA . R

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MINDS

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**PATHFINDER IN RESEARCH**

**A VALUE ADDED CERTIFICATE COURSE**

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Presented to

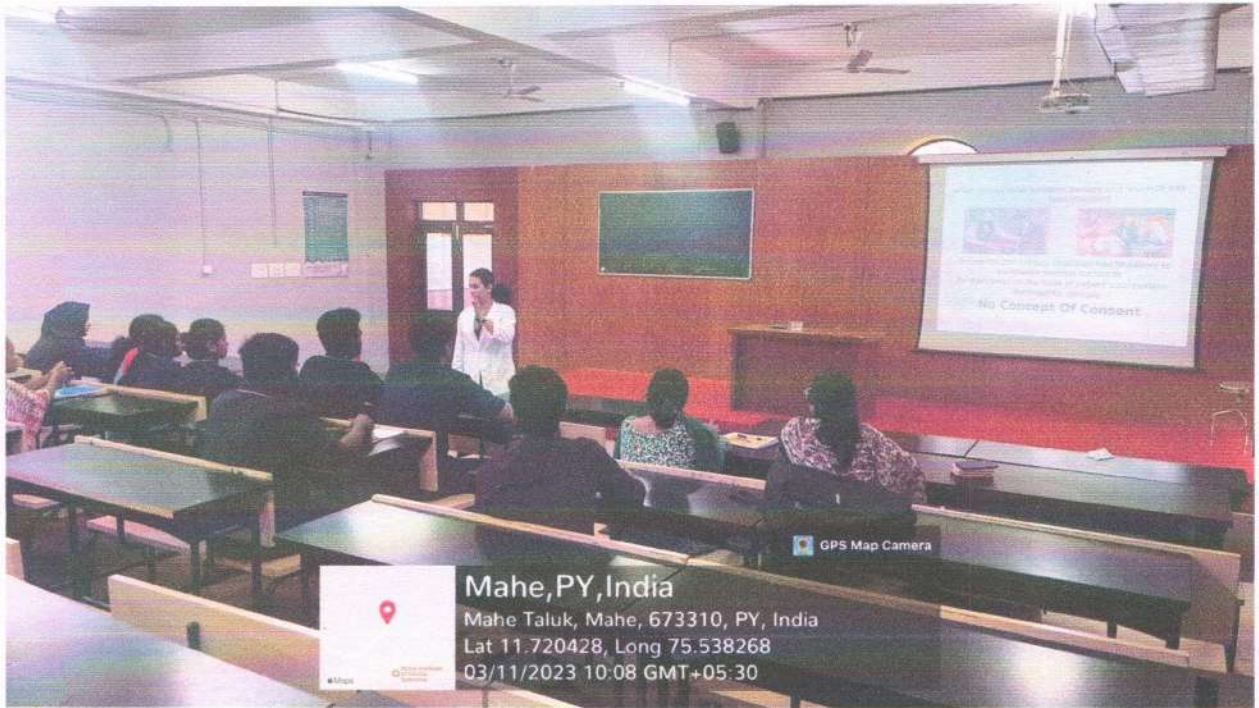
DR HARISHINI

**FOR ACTIVELY PARTICIPATING  
IN THE CERTIFICATE COURSE, ORGANIZED BY DEPT OF PHD,  
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**DR ANIL MELATH  
PRINCIPAL**

**DR M SELVAMANI  
VICE PRINCIPAL**

# PATHFINDER IN RESEARCH







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## CERTIFICATE COURSE FEEDBACK

Programme Name: **PATHFINDER IN RESEARCH - 2023**

Date: **09.03.23**

Name (optional) and designation (student/staff) of the delegate:

Name of the speaker: **DR.SARAVANAN M**

Content title: **RESEARCH INSIGHTS IN ORAL MICROBIOME**

To be filled by the delegate. Kindly spare your valuable time to fill up this feedback form and give your suggestions.

Please tick the appropriate option for each parameter.

SLNO	QUESTION	STRONGLY AGREE	AGREE	STRONGLY DISAGREE	DISAGREE
1	Speaker presented information in a clear and organized manner	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	The programme objective were met	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	Examples or cases were given to facilitate your understanding	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	Speaker included opportunity to learn interactively	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	Relevancy of the content to professional activities was a reason for you to participate	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	Usefulness of handouts and audio-visual materials	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	The course content met your expectations	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	The meeting room and facilities were comfortable and adequate	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	Degree to which the program is recommended to colleagues	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	Any other suggestions				



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10	Any other suggestions	<input type="checkbox"/> -1 good-			



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## Post Event Report

### Feedback Summary:

- 95% of participants rated the effectiveness of the self-defense techniques as 'Effective' or 'Very Effective.'
- 90% agreed that the course adequately covered real-life scenarios requiring self-protection skills.
- 85% felt 'Confident' or 'Very Confident' in applying the learned skills in different situations.
- 98% rated the instructors as 'Highly Knowledgeable and Skilled' or 'Moderately Knowledgeable and Skilled.'
- 80% acknowledged the comprehensive coverage of psychological aspects in self-protection.

**Report:** The Self-Protection Program conducted from March 6 to March 9, 2023, received commendable appreciation from participating students. The overwhelmingly positive feedback highlights the program's effectiveness in imparting practical self-defense skills, addressing diverse aspects of personal safety, and the quality of instruction provided.

Programme Coordinated





# MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

Accredited by NAAC with "A" grade

Recognized by Dental Council of India | Affiliated to Pondicherry Central University

A Unit of Mahe Educational & Charitable NRI trust | Chalakkara, Pallor, Mahe- 673310, U.T of Puducherry

Ref. No: MINDS.P.O/06.032023/02

Date: 06.03.2023

## Circular

This is to inform that a certificate course on self protection for Woman will be conduct from 06.03.2023(Monday) onwards.

All I<sup>st</sup>, II<sup>nd</sup> & III<sup>rd</sup> year BDS Students , interested Post Graduates and Faculties can attend the programme..

**Venue: Badminton Court**

**Time : 03.00pm**

### COPY TO :

- 1.Chairman
2. CEO
- 3.Vice Principal
4. Administrative Manager
- 5.All HOD'S

Dr.Anil Melath  
PRINCIPAL

Principal  
Mahe Institute of Dental Sciences & Hospital  
MAHS

☎ : 0490 2337406, 2336190, 2336191, 8301046544

✉ : principal@mahedentalcollege.org | administration@mahedentalcollege.org

🌐 : www.mahedentalcollege.org



MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

# SELF PROTECTION *For Women*

A VALUE ADDED CERTIFICATE COURSE



*Instructor*

**SENSEI CN MURALI**

**6.3.2023-9.3.2023 | 3.30 PM | COLLEGE INDOOR COURT**





**Self-Protection for Women**  
**CERTIFICATE COURSE**  
**PARTICIPATION LIST**  
 2022-23

S.No	Participants list	Sign			
1.	Geethika Rajeev	<del>Geethika</del>	<del>Geethika</del>	<del>Geethika</del>	<del>Geethika</del>
2.	Aleena shaji	<del>Aleena</del>	<del>Aleena</del>	<del>Aleena</del>	<del>Aleena</del>
3.	Nabeesa Saha.	<del>Nabeesa</del>	<del>Nabeesa</del>	<del>Nabeesa</del>	<del>Nabeesa</del>
4.	Chingiz T.A.	<del>Chingiz</del>	<del>Chingiz</del>	<del>Chingiz</del>	<del>Chingiz</del>
5.	PARVATHI	<del>Parvathi</del>	<del>Parvathi</del>	<del>Parvathi</del>	<del>Parvathi</del>
6.	Adla Nadir	<del>Adla</del>	<del>Adla</del>	<del>Adla</del>	<del>Adla</del>
7.	Shada Luja	<del>Shada</del>	<del>Shada</del>	<del>Shada</del>	<del>Shada</del>
8.	Nada	<del>Nada</del>	A	Nada	Nada
9.	Sayini Meel	<del>Sayini</del>	<del>Sayini</del>	<del>Sayini</del>	<del>Sayini</del>
10.	Bavitha	<del>Bavitha</del>	<del>Bavitha</del>	<del>Bavitha</del>	<del>Bavitha</del>
11.	Pooja Patel	<del>Pooja</del>	<del>Pooja</del>	<del>Pooja</del>	<del>Pooja</del>
12.	Shameema	<del>Shameema</del>	<del>Shameema</del>	<del>Shameema</del>	<del>Shameema</del>
13.	Shane	<del>Shane</del>	A	Shane	Shane
14.	HENIA THOMAS	<del>Henia</del>	<del>Henia</del>	<del>Henia</del>	<del>Henia</del>
15.	Nandana	<del>Nandana</del>	<del>Nandana</del>	<del>Nandana</del>	A
16.	Bavisha	<del>Bavisha</del>	<del>Bavisha</del>	<del>Bavisha</del>	<del>Bavisha</del>
17.	Fathima Fidha	<del>Fathima</del>	<del>Fathima</del>	<del>Fathima</del>	<del>Fathima</del>
18.	Krishnapriya.	<del>Krishna</del>	<del>Krishna</del>	<del>Krishna</del>	<del>Krishna</del>
19.	Hanneth	<del>Hanneth</del>	<del>Hanneth</del>	<del>Hanneth</del>	<del>Hanneth</del>
20.	Desmun jason.	<del>Desmun</del>	A	Desmun	Desmun
21.	Zahira	<del>Zahira</del>	<del>Zahira</del>	<del>Zahira</del>	<del>Zahira</del>
22.	Sone	<del>Sone</del>	<del>Sone</del>	<del>Sone</del>	<del>Sone</del>
23.	Alaya	<del>Alaya</del>	<del>Alaya</del>	<del>Alaya</del>	<del>Alaya</del>
24.	Hinashree	<del>Hinashree</del>	<del>Hinashree</del>	<del>Hinashree</del>	<del>Hinashree</del>
25.	Lemis	<del>Lemis</del>	<del>Lemis</del>	<del>Lemis</del>	<del>Lemis</del>
26.	Adithya Jees	<del>Adithya</del>	<del>Adithya</del>	A	Adithya
27.	Devipriya.	<del>Devipriya</del>	<del>Devipriya</del>	<del>Devipriya</del>	<del>Devipriya</del>
28.	Akhila -	<del>Akhila</del>	<del>Akhila</del>	<del>Akhila</del>	<del>Akhila</del>
29.	Vanna.	<del>Vanna</del>	<del>Vanna</del>	<del>Vanna</del>	<del>Vanna</del>







M I N D S

**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**

# **SELF PROTECTION** *for Women*

A VALUE ADDED CERTIFICATE COURSE

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EMPOWERMENT, MAHE INSTITUTE OF DENTAL SCIENCES AND  
HOSPITAL, CHALAKKARA, MAHE, U.T. OF PUDUCHERRY,  
DURING 06.03.2023-9.03.2023

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PRINCIPAL

**DR M SELVAMANI**  
VICE PRINCIPAL





MINDS

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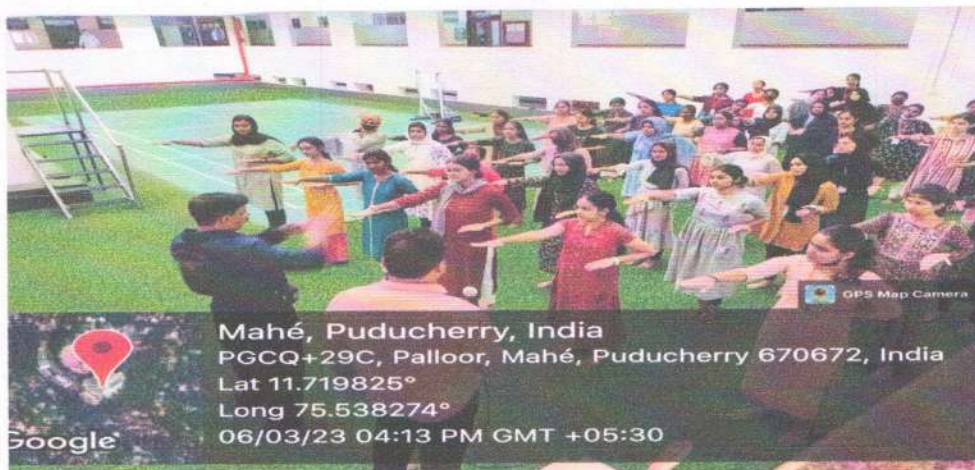
NANDANA R.S

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PRINCIPAL

**DR M SELVAMANI**  
VICE PRINCIPAL

# SELF PROTECTION FOR WOMEN







**Feedback form - Self-Protection for women**

**6.3.2023-9.3.2023**

1. On a scale of 1 to 5, how would you rate the effectiveness of the self-defense techniques taught in this course?

- 1: Very Ineffective
- 2: Ineffective
- 3: Neutral
- 4: Effective
- 5: Very Effective

2. Did the course adequately cover various real-life scenarios where self-protection skills could be applied?

- Yes
- No
- Partially

3. How confident do you feel in applying the skills learned in this course to protect yourself in different situations?

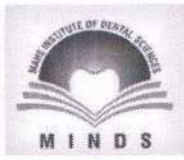
- Very confident
- Confident
- Neutral
- Not very confident
- Not confident at all

4. Were the instructors knowledgeable and skilled in teaching self-protection techniques?

- Highly Knowledgeable and Skilled
- Moderately Knowledgeable and Skilled
- Satisfactory
- Below Average
- Poor

5. To what extent did the course cover the psychological aspects of self-protection (e.g., managing fear, stress, decision-making)?

- Comprehensive Coverage
- Adequate Coverage
- Partial Coverage
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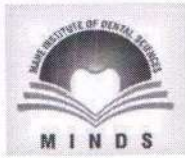
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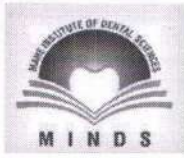
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**DEPARTMENT OF ORAL AND MAXILLOFACIAL SURGERY**

## **Post Event Report**

**Date: 16-01-2023 - 23-01-23**

**Venue: LECTURE HALL**

**Faculty :** Dr. Manoj Kumar V  
Dr. Anjali, sudhakaran

Department of Oral and Maxillofacial Surgery of Mahe Institute of Dental Sciences & Hospital conducted a programme on '**BIOMEDICAL WASTE**' for students from **16-01-2023 - 23-01-23** in the lecture hall. Engaging sessions, interactive workshops, and insightful discussions enriched attendees' knowledge and fostered a collaborative approach towards effective biomedical waste management.

Signature of HOD





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A Unit of Mahe Educational & Charitable NRI trust | Chalakkara, Pallor, Mahe- 673310, U.T of Puducherry

Ref. No: MINDS.P.O/13012023/1

Date: 13.01.2023

## Circular

This is to inform that, Department of Oral and Maxillofacial Surgery is organizing a certificate programme on the topic 'BIOMEDICAL WASTE'. All the fourth year BDS students are requested to attend the programme .

Venue : LH 4

Speakers : 16.1.2023-20.1.2023



*Handwritten signature in green ink: DR. ANIL.M*

Dr. Anil Melath  
Principal

Dr. Anil Melath, MDS  
Principal  
Mahe Institute of Dental Sciences & Hospital  
Chalakkara, P.O. Pallor, Mahe - 673310  
U.T of Puducherry

Copy to:

1. Chairman
2. CEO
3. Vice principal
4. Admin Manager
5. All HOD's
6. IQAC

☎ : 0490 2337406, 2336190, 2336191, 8301046544

✉ : [principal@mahedentalcollege.org](mailto:principal@mahedentalcollege.org) | [administration@mahedentalcollege.org](mailto:administration@mahedentalcollege.org)

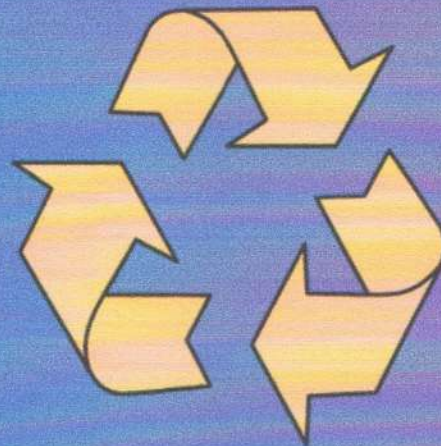
🌐 : [www.mahedentalcollege.org](http://www.mahedentalcollege.org)



A VALUE ADDED CERTIFICATE COURSE

# BIOMEDICAL

# WASTE



16.1.2023-20.1.2023 | LH 4

## COURSE OUTLINE

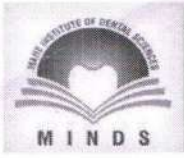
1. INTRODUCTION TO BIOMEDICAL WASTE
2. HEALTH AND ENVIRONMENTAL IMPLICATIONS
3. BIOMEDICAL WASTE REGULATIONS AND GUIDELINES
4. SEGREGATION, COLLECTION, AND STORAGE
5. TRANSPORTATION AND HANDLING
6. TREATMENT AND DISPOSAL TECHNIQUES
7. OCCUPATIONAL SAFETY AND PERSONAL PROTECTIVE EQUIPMENT (PPE)
8. TRAINING AND EDUCATION
9. CASE STUDIES AND BEST PRACTICES
10. FUTURE TRENDS AND INNOVATIONS
11. FINAL ASSESSMENT AND CERTIFICATION



## COURSE FACULTY







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U.T. of Puducherry. Ph : 0490 2337765

**DEPARTMENT OF ORAL AND MAXILLOFACIAL SURGERY**  
**BIOMEDICAL WASTE**

**PARTICIPATION LIST**  
**16.1.2023-20.1.2023**

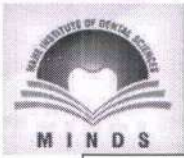
S.NO	NAME	16.1.2023	17.1.2023	20.1.2023	SIGN
1.	ABHIJITH BABU	P	P	P	<i>Abhi</i>
2.	ADARSH UDAYAKUMAR.R	P	P	P	<i>Adarsh</i>
3.	ADVAITHA.S	P	P	P	<i>Advait</i>
4.	AISWARYA RESHMI.K.K	P	P	P	<i>Aiswarya</i>
5.	AL THAUF ALI.N	P	P	P	<i>Althauf</i>
6.	AMRITHA MOHAN.K.T	P	P	P	<i>Amritha</i>
7.	ANAYA PRAVEEN	P	P	P	<i>Anaya</i>
8.	ANGELA GRACE PRAVEEN	P	P	P	<i>Angela</i>
9.	ANJANA BABU	P	A	P	<i>Anjana</i>
10.	ANUSHKA.K.S.BABU	P	P	P	<i>Anushka</i>
11.	ASCHARYA.K.SASI	P	P	P	<i>Ascharya</i>
12.	ATHIRA.P	P	P	P	<i>Athira</i>
13.	DEENADAYALAN.M	P	P	P	<i>Deenadayalan</i>
14.	DEVASUDHA.M	P	P	P	<i>Devasudha</i>
15.	DEVIKA.M	P	A	P	<i>Devika</i>
16.	ESWARI NIVETHA.K	P	P	P	<i>Eswari</i>
17.	GAYATHRI GOVARDANAN	P	P	P	<i>Gayathri</i>
18.	GEETHU.M.K	P	P	P	<i>Geethu</i>
19.	HARFATH.P	P	P	P	<i>Harfath</i>
20.	HARIBHARATH.M	P	P	P	<i>Haribharath</i>
21.	HEMACHANDIRAN.R	P	P	A	<i>Hemachandiran</i>
22.	KAVITHA.R	P	P	P	<i>Kavitha</i>
23.	KEERTHANA LAKSHMI.K	P	P	P	<i>Keerthana</i>



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24.	MOHANA PRIYA	P	P	P	Mohana Priya
25.	MUHAMMED NIHAL	P	P	P	M. Nihal
26.	MUHAMMED SAHAL ABOOBACKER	P	P	P	Sahal
27.	NADINE ANNE EDISON	P	P	P	Nadine
28.	NAYANIKA	P	P	P	Nayani
29.	NIHALA.A.G	P	P	P	Nihala
30.	NITHYA JAYASHREE.B	P	P	P	Nithya Jayashree
31.	NIVEDHYA.K	P	P	P	Nivedhya
32.	PAVITHRA.N	P	P	P	Pavithra
33.	PRATHYUSHA PRAKASH	P	P	P	Prathyusha
34.	PRITHI.S	P	P	P	Prithi
35.	PRUDHVINATH CHOWDARLE	P	P	P	Prudhvinath
36.	PUNYA.K	P	P	P	Punya
37.	RAGA RANGINI.D	P	P	P	Raga Rangini
38.	RAHUL.P.A	P	P	P	Rahul
39.	RASHENA NELOFUR.A	P	P	P	Rashena
40.	RENJU CARDOZ	P	P	P	Renju
41.	RENTHA FATHIMA.M	P	P	P	Rentha
42.	SANA MUNIR KANJARANDY	P	P	P	Sana
43.	SANDRA.S.L	P	P	P	Sandra
44.	SANJEEVINI.R	P	P	P	Sanjivini
45.	SAYOOJYA.V	P	P	P	Sayoojya
46.	SENEGA.S.G	P	P	P	Senega
47.	SHADHA LIYANA.P.P	P	P	P	Shadha
48.	SHAHANA THESNEEM	P	P	P	Shahana
49.	SHAHNA.P.T	P	P	P	Shahna
50.	SHAKOUFA NAZIR	P	P	P	Shakoufa
51.	SHINU.M.CHERIAN	P	P	P	Shinu
52.	SHREYA.S	P	P	P	Shreya





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53.	SITHARA RAZACK	P	P	P	<i>Sithara Razack</i>
54.	SREELAKSHMI.P	P	P	P	<i>Sreelakshmi</i>
55.	SRIHARI.S	P	P	P	<i>Srihari</i>
56.	SUBHINA.C.B	P	P	P	<i>Subhina</i>
57.	THOMAS SAJI THOMAS	P	P	P	<i>Thomas Saji</i>
58.	VIGNESHWARI.D	P	P	P	<i>Vigneshwari</i>
59.	VISMAYA SUJITH	P	P	P	<i>Vismaya</i>
60.	ANAGHA CP	P	P	P	<i>Anagha</i>
61.	ASWATHY P R	P	P	P	<i>Aswathy</i>
62.	NIKHITHA	P	P	P	<i>Nikhitha</i>
63.	PRISCILLA MERCY B	P	P	P	<i>Priscilla</i>
64.	RAMANA R	P	P	P	<i>Ramana</i>
65.	SALMANUL FARSI MI	P	P	P	<i>Salmanul</i>



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VICE PRINCIPAL





MINDS

**MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL**

**BIOMEDICAL  
WASTE**

A VALUE ADDED CERTIFICATE COURSE

## Certificate of Participation

Presented to

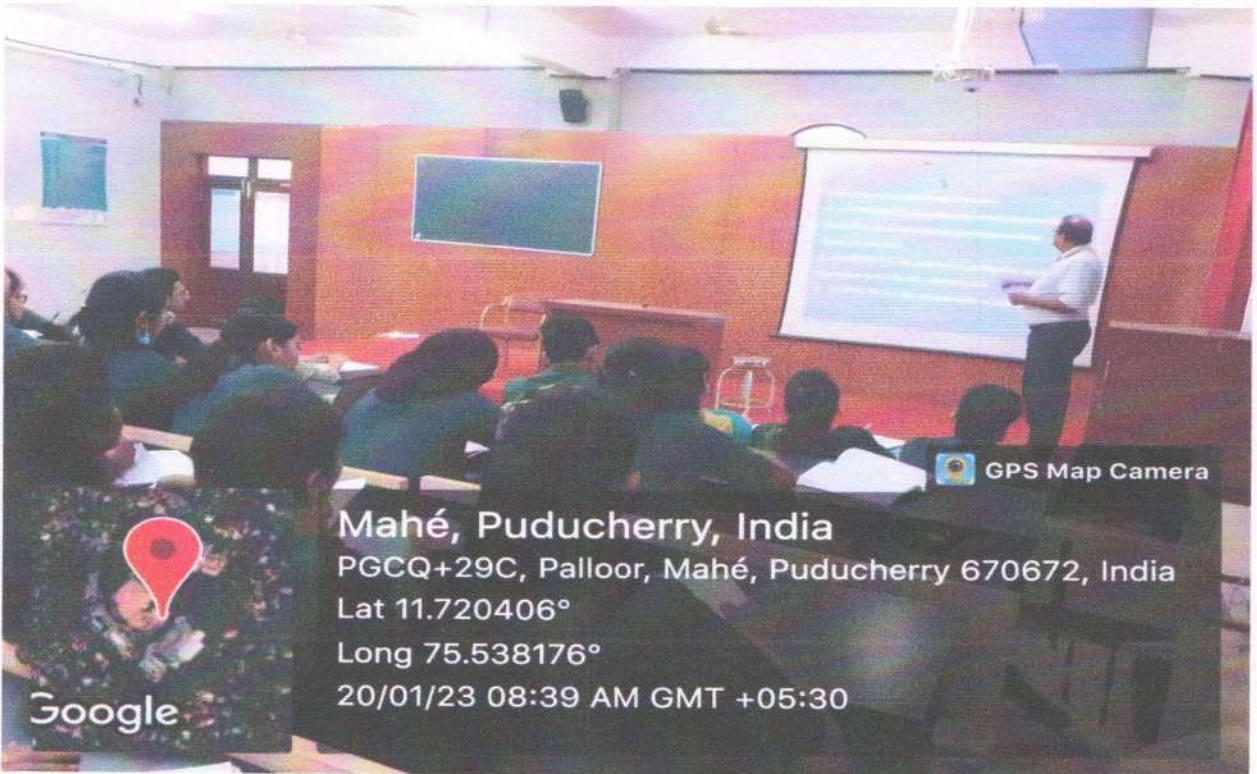
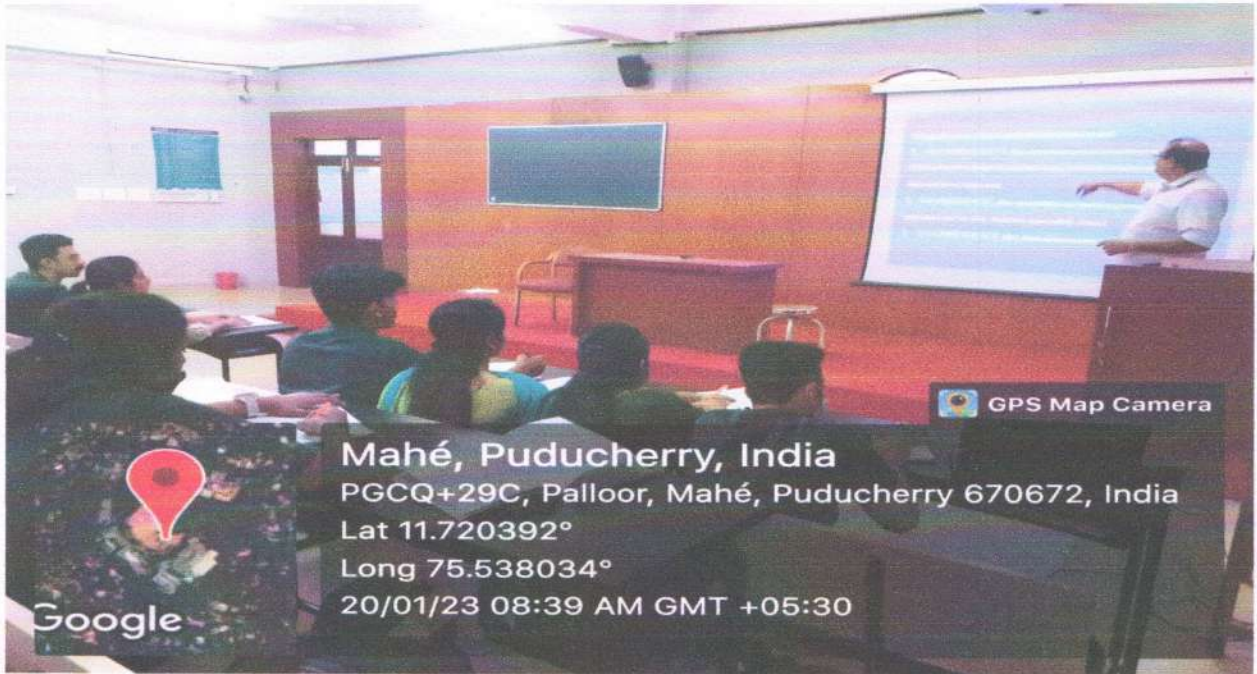
ASCHARYA K SASI

FOR ACTIVELY PARTICIPATING  
IN THE CERTIFICATE COURSE ON BIOMEDICAL WASTE,  
ORGANIZED BY DEPT OF OMFS, MAHE INSTITUTE OF DENTAL  
SCIENCES AND HOSPITAL, CHALAKKARA, MAHE, U.T. OF  
PUDUCHERRY, DURING 16.1.2023-20.1.2023

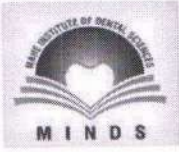
DR ANIL MELATH  
PRINCIPAL

DR M SELVAMANI  
VICE PRINCIPAL

**BIOMEDICAL WASTE**







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Chalakkara, P.O. Pallor, Mahe-673 310  
U.T. of Puducherry. Ph : 0490 2337765

**DEPT OF ORAL AND MAXILLOFACIAL SURGERY**

**FEEDBACK FORM**

**BIOMEDICAL WASTE- 16-01-2023 - 20-01-23**

*Please tick the appropriate option for each parameter.*

SL NO	QUESTION	4	3	2	1
1.	Procedure explained in a clear and organized manner	/			
2.	The program objectives were met		/		
3.	Examples or cases were given to facilitate your understanding		/		
4.	Opportunities to learn interactively	/			
5.	Relevancy of the content to professional activities was a reason for you to participate	/			
6.	Usefulness of handouts and audio-visual materials		/		
7.	The course content met your expectations	/			
8.	The procedure room and facilities were comfortable and adequate		/		
9.	Programme venue	/			
10.	Degree to which the program is recommended to colleagues	/			



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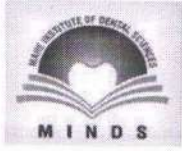
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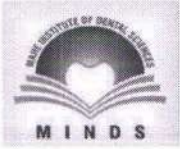
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SL NO	QUESTION	4	3	2	1
1.	Procedure explained in a clear and organized manner	✓			
2.	The program objectives were met		✓		
3.	Examples or cases were given to facilitate your understanding	✓			
4.	Opportunities to learn interactively	✓	✓		
5.	Relevancy of the content to professional activities was a reason for you to participate	✓			
6.	Usefulness of handouts and audio-visual materials		✓		
7.	The course content met your expectations	✓			
8.	The procedure room and facilities were comfortable and adequate	✓			
9.	Programme venue	✓	✓		
10.	Degree to which the program is recommended to colleagues	✓			