



MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL



MINDS INSIGHT



SCAN ME



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CONTENTS

PREFACE	03
<hr/>	
FROM CHIEF EDITOR'S DESK	04
CHAIRMAN'S MESSAGE	05
FACULTY AS A RESOURCE PERSON	06
RESEARCH AND PUBLICATIONS	08
SCIENTIFIC ACTIVITIES ORGANISED	13
<hr/>	
VALUE ADDED COURSES	17
ADD ON COURSES	19
COGNIZANCE	21
SCIENTIFIC PRESENTATIONS	22
SPECIAL CASES -DEPT WISE	27
EXTENSION ACTIVITIES	34
<hr/>	
AWARDS AND ACHIEVEMENTS	39
MINDS TUBE	42
AORAL INTRAORAL SCAN	43
CLEAR ALIGNERS	44
MINDS GALLERY	45
TESTIMONIALS	48
DENT - ARTISTS	51
TEAM -MINDS	53

PREFACE

Dear Readers,

Warm Greetings!

It is with exhilaration that we proudly put forth the third edition of MINDS INSIGHT of the session 2022-23! Together, as we embark on yet another fruitful academic year, the rooting of our core values of resilience, hard work, commitment, compassion, empathy and unison, strengthen manifold. The indomitable spirit of our learners to learn, explore, inquire and then come to concrete conclusions has yielded in their spectacular growth, not just as students but also as individuals.

MINDS INSIGHT is a mirror of our excellent academic activities and performance of all departments. It gives a vivid picture of college affairs and overall achievements.

As you delightfully go through this edition, we look forward to your valuable feedback. We hope you all have a wonderful time cruising through our academic excellence.

HAPPY - READING !



The function of education is to teach one to think intensively and to think critically.

Intelligence plus character—that is the goal of true education.

FROM CHIEF EDITOR'S DESK

Greetings from editorial board,
Mahe Institute of Dental Sciences and Hospital is well known for its academic excellence and dedicated approach towards dissemination of knowledge in the academic world. The College appreciates the role of research in education and is committed to developing an inclination towards research in both faculty and students.

In this pursuit, the College has taken the initiative to launch a college newsletter named 'MINDS-INSIGHT'

The successive issues of MINDS INSIGHT will be released biannually. The essential purpose of this newsletter is to inform, engage, inspire and entertain a diverse readership including alumni, faculty, staff, students and parents.

This issue includes the reflection of our college programs and activities and a complete insight of all departments. We hope you enjoy reading this issue as much as we have enjoyed making it.

“

“You cannot change your future,
but you can change your habits,
and surely your habits will change
your future”

DR.A.P.J.ABDUL KALAM

We the editorial team is extremely grateful to our chairman Mr K.P Ramesh Kumar for his never ending support and guidance. We also extend our sincere gratitude to our beloved Principal Dr.Anil Melath and Vice-Principal Dr.M. Selvamani for their constant encouragement and support and also extending our heartfelt gratitude to the administrative team headed by Mr.Madhu Vishwanath.

We also acknowledge the effort and extend sincere gratitude to all staff members who work hard behind this.

Together we made this!

Any suggestions or constructive criticism on this newsletter would be most welcome

Thank you !

DR. JILU ABRAHAM

Assistant Professor
Chief Editor MINDS-Insight





CHAIRMAN'S MESSAGE

MR. K.P RAMESH KUMAR
CHAIRMAN, MINDS

Dear MINDS family,

I am thrilled to be part of this year's college newsletter . It is important to focus on creativity and extra curricular activities alongside medical studies for a complete and satisfactory higher education.

MINDS provides a good eco-system of excellent faculty, students and facilities for you to utilise to realise your fullest potential. This will help you achieve your goals and ambition and propel your career to serve the society that needs it.

These are exciting times and I acknowledge the efforts taken by our students and staff in creating this newsletter. I wish you all the very best of luck!



VICE PRINCIPAL'S MESSAGE

DR. M.SELVAMANI
VICE-PRINCIPAL, MINDS

It gives me an immense pleasure to note that the MINDS is bringing out its third edition of "MINDS INSIGHT NEWSLETTER". I congratulate all the contributors and editorial board for their sincere effort in bringing out the journal. Let this be a forum to exhibit the potential of faculty and students to reflect their vibrant talents in a creative way and share their innovative ideas. I extend my best wishes for the success of this endeavor.



PRINCIPAL'S MESSAGE

DR. ANIL MELATH
PRINCIPAL, MINDS

Dear students,

The great aim of education is to not have knowledge but to put that knowledge into action. It is the moment from darkness to life. Our college this year is releasing a journal that will enclose our college's academic and cultural aspects. We have dedicated to the dissemination of new knowledge and information on sciences relevant to dentistry. The journal will stimulate interest, debate, discussion and interaction among the colleagues, students and staff.

Minds has ventured a journey of development, opportunities and thriving academic township. We have focused in the growth of the students that in turn lead to growth of our college. Our mission is to be amongst the most desired destinations for dental sciences.

Best wishes to each one of you !

“

"Education is the most powerful weapon you can use to change the world."

NELSON MANDELA

FACULTY AS A RESOURCE PERSON

Key note speaker in

1. National event of Indian Society of Periodontology, Haryana 2022.
2. 20th ISP PG Convention-2022
3. National event of Indian Society of Periodontology Colloquium Calcutta -2022
4. National event of Indian Society of Periodontology Colloquium Chandigarh -2022
4. National event of Indian Society of Periodontology (ISP) Colloquium Nagpur - 2022
5. "LUMINARY" value added course conducted by Dept of Periodontics



Dr. Anil Melath
Principal, MINDS

Key note speaker in

1. Faculty Development Program, conducted by Dept of Periodontics, Minds



Dr. George Thomas
Professor & HOD, Dept of Conservative Dentistry

Key note speaker in

1. Photoshop Workshop- faculty development program conducted by Mahe Institute of Dental Sciences and Hospital 2022



Dr. Roshin C N
Assistant Professor, Dept of Oral Pathology

Key note speaker in

1. Zoom Online Platform Workshop -Faculty Development Program, conducted by Mahe Institute of Dental Sciences and Hospital in 2020



Dr. Jilu Abraham
Assistant Professor, Dept of Periodontics

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

Dr Teenu ,Assistant Professor

25TH IAPHD NATIONAL CONFERENCE 2021- DENTAL CARIES EXPERIENCES IN RELATION TO BODY MASS INDEX, DAILY SUGAR INTAKE, SALIVARY Ph AND BUFFER CAPACITY AMONG 15-YEAR-OLD SCHOOL CHILDREN OF MANAGALORE CITY



DEPARTMENT OF ORAL MEDICINE AND RADIOLOGY

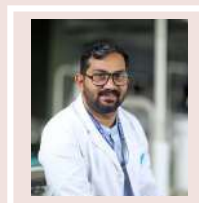
Dr Raj AC, Professor and HOD

LUMINOUS 2020 – ORAL PULPAL DIAGNOSIS
VIRTUAL OMR ORIENTAION PROGRAM 2021 – RADIOGRAPHIC INTERPRETATION OF PANOROMIC IMAGES
IDA THALASERRY 2022 – ORAL CANCER- LINKING, DIAGNOSIS AND MANAGEMENT
IDA NORTH MALABAR BRANCH 2022- CLOSE THE CARE GAP
ASMIK AND NSS INSTITUTION 2022- CANCER AWARNESS PROGRAM



Dr Nikhil, Assistant Professor

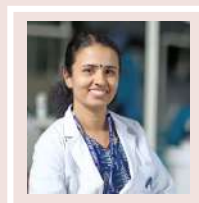
IAMOR 2021 HYDERABAD – ARE WE PREPARED TO BE A PART OF LEGAL ORGANIZATION
IDA VADAKARA 2022 – EARLY DIAGNOSIS IS THE KEY TO TACKLE ORAL CANCER



DEPARTMENT OF MICROBIOLOGY

Dr Anjali K, Assistant Professor

ORMICON 2020 CHENNAI – METAGENOMIC ANALYSIS OF ORAL MICROBIOME IN ORAL CANCER PATIENTS AT A CANCER CENTRE





RESEARCH & PUBLICATIONS

DR. ANIL MELATH
PRINCIPAL, PROFESSOR & HOD, DEPT OF PERIODONTICS, MINDS

- NSAIDS in Dentistry- IJDSIR Vol:5, Issue-3, June-2022, Page No.:465-473
- Interdisciplinary strategies in management of subgingivally fractured teeth- A sync at various levels ASDS Volume:6 , Issue:3 ,FEB 2022.
- Comparative evaluation of locally delivered probiotic paste and chlorhexidine gel as an adjunct to scaling and root planing in treating chronic periodontitis- ISP Volume: 26 , Issue:3 , Page: 262-268
- Interdental and Interradicular Bone Loss in Diabetic and Non-Diabetic Patients - A Correlation of Radiographic Assessment IJDSIR Volume :5, Issue :2, March :2022, Page No. : 229 - 237
- Tarnows technique with stabilising sutures- A case report JIDAM Volume No: 9, March 2022 , Issue No: 1
- Clinical assessments of variations in gingival biotype of individuals of Mahe population with regard to age , gender and arch location IJDSIR Volume :4, Issue:2, March:2021, Page No. : 166 - 173
- Cementum – Revisited IJMSDR Volume :05, Issue 02 ,March-April 2022, Pg NO. 01-11
- Moving with your biological rhythm: A review on Melatonin and Periodontitis SPIK Vol. 13 , Issue 3 , Dec 2021.
- Clinical decision tree for clinical implementation of staging and grading of Periodontitis”KDJ
- Lateral Periodontal cyst in endodontically treated teeth: A rare case with common misdiagnosis SPIK Vol. 13 , Issue 2 , July 2021
- Oral Gymnastic-Periodontal Vantage Point JIDAM Volume No: 8, Sept 2021 Issue No: 3
- Comparative evaluation of clinical changes and microbial flora associated with usage of mouth washes containing green tea,Chlorhexidine (0.2%) and essential oils in patients undergoing orthodontic therapy IJDRD Volume 3 Issue 2, April 2021 , Page: 1-3.



DR. SUBAIR K
PROFESSOR, DEPT OF PERIODONTICS, MINDS

- Dentinal Hypersensitivity IJSR Volume 11 , Issue 6, June 2022
- Smoking and Periodontal disease IOSR-JDMS Vol:21 ,Issue:5 , May 2022 , Page No. 18-25.
- Microbial symbiosis and dysbiosis- An overview of dental Plaque J Oral Hyg Health Volume 10 , Issue 4 ,Apr.2022.
- Acute Necrotizing Ulcerative Gingivitis IJMSDR Vol:05 , Issue:03 May-June , Page No.-1-7.
- Comparative evaluation of locally delivered probiotic paste and chlorhexidine gel as an adjunct to scaling and root planing in treating chronic periodontitis JISP Volume: 26 , Issue:3 , Page: 262-268
- Interdental and Interradicular Bone Loss in Diabetic and Non-Diabetic Patients - A Correlation of Radiographic Assessment IJDSIR Volume :5, Issue :2, March :2022, Page No. : 229 - 237
- Clinical decision tree for clinical implementation of staging and grading of Periodontitis
- Moving with your biological rhythm: A review on Melatonin and Periodontitis SPIK Vol. 13 , Issue 3 , Dec 2021.
- Lateral Periodontal cyst in endodontically treated teeth: A rare case with common misdiagnosis
- JSPIK Vol. 13 , Issue 2 , July 2021
- Oral Gymnastic-Periodontal Vantage Point JIDAM Volume No: 8, Sept 2021 Issue No: 3
- Comparative evaluation of clinical changes and microbial flora associated with usage of mouth washes containing green tea,Chlorhexidine (0.2%) and essential oils in patients undergoing orthodontic therapy IJDRD Volume 3 Issue 2, April 2021 , Page: 1-3.
- Clinical decision tree for clinical implementation of staging and grading of Periodontitis
- NSAIDS in Dentistry IJDSIR Vol:5, Issue-3, June-2022, Page No.:465-473
- Tarnows technique with stabilizing sutures – A case report JIDAM Volume No: 9, March 2022 , Issue No:



DR. ARJUN M.R
READER, DEPT OF PERIODONTICS, MINDS

- NSAIDS in Dentistry JDSIR Vol:5, Issue-3, June-2022, Page No.:465-473
- Dentinal Hypersensitivity IJSR Volume 11 , Issue 6, June 2022
- Smoking and Periodontal disease IOSR-JDMS Vol:21 ,Issue:5 , May 2022 , Page No. 18-25.
- Microbial symbiosis and dysbiosis- An overview of dental Plaque J Oral Hyg Health Volume 10 , Issue 4 ,Apr.2022.
- Acute Necrotizing Ulcerative Gingivitis- IJMSDR Vol:05 , Issue:03 May-June , Page No.-1-7.
- Tarnows technique with stabilising sutures- A case report JIDAM Volume No: 9, March 2022 , Issue No: 1
- Cementum – Revisited IJMSDR Volume :05, Issue 02 ,March-April 2022, Pg NO. 01-11
- Moving with your biological rhythm: A review on Melatonin and Periodontitis SPIK Vol. 13 , Issue 3 , Dec 2021.
- Oral gymnastics- periodontal vantage point JIDAM Volume No: 8, Sept 2021 Issue No: 3
- A Novel Technique” For Extraction of Paramolars – In both Adults and Children



DR. NANDITHA CHANDRAN
ASSISTANT PROFESSOR
DEPT OF PERIODONTICS, MINDS

- Comparative evaluation of locally delivered probiotic paste and chlorhexidine gel as an adjunct to scaling and root planing in treating chronic periodontitis JISP Volume: 26 , Issue:3 , Page: 262-268
- Interdental and Interradicular Bone Loss in Diabetic and Non-Diabetic Patients - A Correlation of Radiographic Assessment IJDSIR Volume :5, Issue :2, March :2022, Page No. : 229 - 237

- Microbial symbiosis and dysbiosis- An overview of dental Plaque J Oral Hyg Health Volume 10 , Issue 4 ,Apr.2022.
- Moving with your biological rhythm: A review on Melatonin and Periodontitis SPIK Vol. 13 , Issue 3 , Dec 2021.
- Comparative evaluation of clinical changes and microbial flora associated with usage of mouth washes containing green tea, Chlorhexidine (0.2%) and essential oils in patients undergoing orthodontic therapy IJDRD Volume 3 Issue 2, April 2021 , Page: 1-3.



DR. MAHESH RAJ V.V
ASSISTANT PROFESSOR,
DEPT OF PERIODONTICS, MINDS.

- NSAIDS in Dentistry IJDSIR Vol:5, Issue-3, June-2022, Page No.:465-473
- Cementum – Revisited IJMSDR Volume :05, Issue 02 ,March-April 2022, Pg NO. 01-11
- Moving with your biological rhythm: A review on Melatonin and Periodontitis SPIK Vol. 13 , Issue 3 , Dec 2021.
- Dentinal Hypersensitivity IJSR Volume 11 , Issue 6, June 2022
- Smoking and Periodontal disease IOSR-JDMS Vol:21 ,Issue:5 , May 2022 , Page No. 18-25
- Acute Necrotizing Ulcerative Gingivitis IJMSDR Vol:05 , Issue:03 May-June , Page No.-1-7.

PUBLICATIONS



DR. JILU ABRAHAM
ASSISTANT PROFESSOR,
DEPT OF PERIODONTICS, MINDS

- NSAIDS in Dentistry IJDSIR Vol:5, Issue-3, June-2022, Page No.:465-473
- Cementum – Revisited IJMSTR Volume :05, Issue 02 ,March-April 2022, Pg NO. 01-11
- Moving with your biological rhythm: A review on Melatonin and Periodontitis SPIK Vol. 13 , Issue 3 , Dec 2021.
- Dentinal Hypersensitivity IJSR Volume 11 , Issue 6, June 2022
- Smoking and Periodontal disease IOSR-JDMS Vol:21 ,Issue:5 , May 2022 , Page No. 18-25
- Acute Necrotizing Ulcerative Gingivitis IJMSTR Vol:05 , Issue:03 May-June , Page No.-1-7.



DR. VISHNUSRIYA
ASSISTANT PROFESSOR,
DEPT OF PERIODONTICS, MINDS

- Comparative evaluation of locally delivered probiotic paste and chlorhexidine gel as an adjunct to scaling and root planing in treating chronic periodontitis JISP Volume: 26 , Issue:3 , Page: 262-268
- Interdental and Interradicular Bone Loss in Diabetic and Non-Diabetic Patients - A Correlation of Radiographic Assessment IJDSIR Volume :5, Issue :2, March :2022, Page No. : 229 - 237
- Interdisciplinary Strategies in Management of Sub-Gingivally Fractured Teeth ASDS Volume:6 , Issue:3 ,FEB 2022.



DR. D.M HEMALATHA
ASSISTANT PROFESSOR,
DEPT OF PERIODONTICS, MINDS

- Clinical assessment of variations in the gingival biotype of individuals of Mahe population with regard to age, gender and arch location”, IJDSIR- March - 2021, Vol. – 4, Issue - 2, P. No. 166 – 173.



DR. RAJ A C
PROFESSOR &HOD
DEPT OF ORAL MEDICINE AND
RADIOLOGY, MINDS

- Denture injury and associated oral tissue changes
- IJCP Vol:7, Issue: 1, January-June 2021
- Assessment of oral submucous fibrosis using ultrasound as an adjunct to clinical evaluation
- IJDOS Vol:8, Issue:11, Nov 2021 Page no: 5042-5048

PUBLICATIONS



DR. JEENA SEBASTIAN
PROFESSOR
DEPT OF ORAL MEDICINE AND RADIOLOGY, MINDS

- Dental graduates- are we prepared to be a part of legal organization of India
- IJMACR Vol:4, Issue: 2, March-April 2021, Page no: 141-147
- Comparative evaluation of plasma glucose and salivary glucose in Type 2 Diabetes Mellitus patients



DR. NIKHIL
READER
DEPT OF ORAL MEDICINE AND RADIOLOGY, MINDS

- Dental graduates- are we prepared to be a part of legal organization of India
- IJMACR Vol:4, Issue: 2, March-April 2021, Page no: 141-147
- A Study to Assess the Bond Strength of Acrylic Teeth With Different Retentive Features "J Pharm Bioallied Sci . 2020 Aug;12(Suppl 1):S510-S516. doi: 10.4103/jpbs.JPBS_148_20. Epub 2020 Aug 28."



DR. MEGHA.B
ASSISTANT PROFESSOR
DEPT OF ORAL MEDICINE AND RADIOLOGY, MINDS

- Dental graduates- are we prepared to be a part of legal organization of India
- IJMACR Vol:4, Issue: 2, March-April 2021, Page no: 141-147



MRS. RAJESHWARI
LECTURER
DEPT OF MICROBIOLOGY, MINDS

- Rajeswari V, Gunasekar B, Chinnasamy S. Potential of Impatiens balsamina leaf extract against Quorum sensing in Pseudomonas aeruginosa PA01. J Pure Appl Microbiol. 2022. Rajeswari V, Gunasekar B, Chinnasamy S, Mathew M. Effect of (+)usnic acid on pigment production in bacteria. J Pure Appl Microbiol. 2022. doi: 22207/JPAM. 16.2.09



DR. ANJALI
ASSISTANT PROFESSOR
DEPT OF MICROBIOLOGY, MINDS

- Comparative evaluation of clinical changes and microbial flora associated with usage of mouthwashes containing green tea, chlorhexidine (0.2%) & essential oils in patients undergoing orthodontic therapy. International Journal of Drug Research And Dental Science



MR. GIRESH KUMAR
LECTURER
DEPT OF BIOCHEMISTRY, MINDS

- Gireesh Kumar K.M, Sumesh V.K, Rajeswari.V. Antioxidant stress in testes of experimental animals . International Journal of Scientific & Engineering Research. 10(01): 2022; 01-05

PUBLICATIONS



DR. GEORGE THOMAS
PROFESSOR AND HOD
DEPT OF CONSERVATIVE
DENTISTRY, MINDS

- SILK FIBRE REINFORCED GIC – A PROMISING ALTERNATIVE TO CONVENTIONAL GIC. INTERNATIONAL JOURNAL OF DENTAL SCIENCE AND INNOVATIVE RESEARCH



DR. SUNIL JOSE
PROFESSOR,
DEPT OF CONSERVATIVE
DENTISTRY, MINDS

- Silk Fibre Reinforced Gic – A Promising Alternative to Conventional GIC. International Journal of Dental Science and Innovative Research
- Micro-hardness Study on Bulk Fill Restorative Materials – An In Vitro Evaluation. International Journal of Dental Science and Innovative Research



DR.SONA JOSEPH
READER
DEPT OF CONSERVATIVE
DENTISTRY, MINDS

- Silk Fibre Reinforced Gic – A Promising Alternative to Conventional GIC. International Journal of Dental Science and Innovative Research
- Micro-hardness Study on Bulk Fill Restorative Materials – An In Vitro Evaluation. International Journal of Dental Science and Innovative Research



DR.ADARSH V.J
READER
DEPT OF CONSERVATIVE
DENTISTRY , MINDS

- Silk Fibre Reinforced GIC- A Promising Alternative To Conventional GIC. International Journal of Dental Science and Innovative Research



DR.SAI CHARAN
ASSISTANT PROFESSOR
DEPT OF CONSERVATIVE
DENTISTRY, MINDS

- Interdental and Interradicular Bone Loss in Diabetic and Non-Diabetic Patients - A Correlation of Radiographic Assessment. International Journal of Dental Science and Innovative Research.
- Comparative Evaluation of Surface Roughness of Micro Hybrid and Nanohybrid Composites Using Four Different Polishing Systems - An Invitro Study. International journal Of Dental Science and Innovative Research
- Interdisciplinary Strategies in Management of Sub-Gingivally Fractured Teeth - A Sync at Various Levels. ACTA Scientific Dental Sciences
- Silk Fibre Reinforced GIC- A Promising Alternative To Conventional GIC. International Journal of Dental Science and Innovative Research



DR.MANJU KRISHNA
ASSISTANT PROFESSOR
DEPT OF CONSERVATIVE
DENTISTRY, MINDS

- Effect Of Root Dentin Conditioning Using Different Chelating Agents On Pushout Bond Strength Of MTA-Fillapex And Bioroot RCS: An In Vitro Study. Journal of Conservative Dentistry

SCIENTIFIC ACTIVITIES ORGANISED

SL NO	DATE	PROGRAM
1.	1.08.2022	Oral Hygiene Day
2.	27.7.2022	Etiquette in cyberspace
3.	24.7.2022	Webinar 11-COGNIZANCE MEDICO LEGAL PROBLEMS IN DENTAL PRACTICE
4.	15.7.2022	Anti ragging awareness “Ragging and its consequences” by Dr. Binu Purushothaman
5.	12.7.2022	Career Guidance Program Opportunities in Army Dental Corps by Col. Sreejayan M P
6.	07.07.2022	Project Inauguration by Mahe CEO Mr Uthamaraj P
7.	01.07.2022	Doctor’ s Day Celebration by felicitating Dr Babu Raveendran & Dr Bastian T S
8.	30.06.2022	Blood Donation Camp
9.	29.06.2022	Visit to Rajiv Gandhi Ayurveda Medical College
10.	25.06.2022	Faculty Development Programme By Dr. Roshin C N
11.	24.06.2022	Drug abuse and illicit trafficking awareness
12. Tim	21.06.2022	Yoga Day Celebration
13.	19.06.2022	Webinar 10-COGNIZANCE Oral Disease Burden and Dental Workforce in India an Introspection
14.	31.5.2022	World No Tobacco Day Programme
15.	22.5.2022	Webinar 9 – COGNIZANCE Tobacco Epidemic- Health consequences, preventing self & protecting the environment
16.	20.5.2022	Awareness program “IDENTIFICATION OF VENOMOUS SNAKES AND SNAKE BITE”
17.	18.05.2022	Awareness Program on menopause and nutrition
18.	15.5.2022	Webinar on Career Guidance Program “ AFTER BDS WHAT”
19.	13.5.2022	CDE Program OMFS – Back to Basics
20.	12.5.2022	International Nurses Day Celebration
21.	20.4.2022	CDE OMR “ Role of Oral Physicians in Early Detection of Oral Cancer”
22.	17.04.2022	Webinar 8 – COGNIZANCE “Orthodontic Solutions to eliminate prosthesis in patients with missing teeth”
23.	12.04.2022	Workshop on Medical Management of Patients on Dental Chair
24.	02.04.2022-03.04.2022	ISP-PARICHAY PG Orientation Program

SL.NO	DATE	PROGRAM
25.	22.03.2022	CDE-Pedodontics
26.	20.03.2022	Webinar 7 – COGNIZANCE “Let’ s Dam It”
27.	8.03.2022	International Women’ s Day Program
28.	7.03.2022	Dentist Day Celebration
29.	4.03.2022	Lecture Series 7- Forensic Odontology
30.	25.2.2022	National Oral Pathologist Day
31.	20.2.2022	Webinar 6 – COGNIZANCE “ From Bench to Board Room ”
32.	4.02.2022	World Cancer Day Programme
33.	22.01.2022	Webinar 5-Cognizance-Smile Designing
34.	16.1.2022	Faculty Development Programme
35.	15.1.2022	Demystifying Implant Impression- Cde Programme
36.	11.01.2022	White Coat Day Ceremony
37.	20.12.2021	Blood Donation Camp
38.	19.12.2021	Webinar 4-Cognizance-Periodontal Surgery In Orthodontics
39.	17.12.2021	Rekindle – Minds Alumni Meet
40.	6.12.2021-9.12.2021	Marvelous Minds- Workshop Series
41.	2.12.2021	Demystifying Clear Aligners
42.	1.12.2021	World Aids Day Rally
43.	30.11.2021	MDS Orientation Day -2021-24 Batch
44.	25.11.2021	Annual gender sensitization program
45.	21.11.2021	Webinar 3-Cognizance-Molar Incisor Hypomineralisation
46.	16.11.2021-18.11.2021	Perio Advanced Continuing Education-Certificate Programme
47.	14.11.2021-24.11.2021	Your Composure Might Save The Day-Certificate Course In Medical Emergency
48.	07.11.2021- 13.11.2021	Expect The Unexpected – Certificate Course
49.	29.10.2021	Clean India Campaign- NSS Unit Programme
50.	18.10.2021-25.10.2021	Decoding Endodontics Lecture Series & Hands On
51.	17.10.2021	Webinar 2-Cognizance-Applications Of Lasers In Dentistry
52.	10.10.2021	Hands On Workshop- From Research To Publication
53.	4.10.2021-28.10.2021	Get To Grip Of Your Exam – Value Based Course
54.	4.10.2021	Dept Of OMR-Cde – Workshop On Cbct
55.	26.09.2021	Webinar 1-Cognizance-Writing A Research Article
56.	22.09.2021-25.09.2021	Dental Macrophotography- Value Added Courses
57.	20.08.2021	Onam Celebration
58.	28.07.2021	MGPPI-Oral Hygiene Celebration-E Poster Competition

SL.NO

DATE

PROGRAM

59.	17.08.2021	CDE-Tobacco Cessation Intervention In Dental Office
60.	15.08.2021	Flag Hoist Ceremony
61.	01.08.2021	Oral Hygiene Day Celebration
62.	31.05.2021	World No Tobacco Day Programme- Webinar
63.	31.05.2021	World No Tobacco Day Programme- Video
64.	12.05.2021	International Nurses Day
65.	12.04.2021	Interactive And Motivational Session On Mental Health Of College Students
66.	09.04.2021	Graduation Day
67.	08.04.2021	Farewell Day
68.	22.3.2021-27.03.2021	1 Week Awareness Camp For General Public Regarding Periodontal Health And Wellness
69.	20.03.2021	World Oral Health Day-Awareness Talk For Patients
70.	11.03.2021	National Dentist Day Celebration
71.	08.03.2021	Womens Day Celebration
72.	31.05.2021	World No Tobacco Day Programme - Webinar
73.	22.02.2021	Orientation Day- BDS
74.	11.02.2021	White Coat Day Ceremony
75.	22.01.2021	Patient Student Awareness Programme-Prosthodontics Demystified Was Followed By Community Outreach Program To Mcc - 100 Dental Hygiene Kits Were Distributed To The Needy Patients
76.	09-01-2021 10-01-2021	Department Of Periodontics (ISPRP Virtual Conference)
77.	15/03/2021- 20/03/2021	Updating Radiographic Skill
78.	01.11.2020-03.11.2020	Inter Dental Sports Meet Held At Century Dental College
79.	15.08.2020	Independence Day Celebration-Received Appreciation And Acknowledgement From Govt Of Puducherry And Ra For Contributing As Frontline Warriors In Fighting Covid 19 Pandemic
80.	13.08.2020	Orientation Day
81.	30.05.2020	Awareness Video - Stay Home Stay Safe
82.	14.05.2020	Awareness Video - Stay Home Stay Fit
83.	03.05.2020	Awareness Video - Stay Home Stay Healthy
84.	16.03.2020	Covid 19 Awareness Program
85.	12.12.2020	COVID Screening Camp
86.	08.03.2020	International Women' s Day
87.	06.03.2020	Dentist Day
88.	03.03.2020	Annual Sports Day
89.	29.02.2020	Annual Sports Day
90.	25.02.2020	National Oral Pathologist Programme
91.	13.02.2020	Oral And Maxillofacial Surgeons Day-Health

SL.NO

DATE

PROGRAM

92.	17.01.2020	Graduation Day
93.	16.1.2020	Bone Screws: A Beginners Guide.
94.	15.01.2020	Interclass 6s Cricket Tournament



VALUE ADDED COURSES

VALUE ADDED COURSES 2021-22

01.

DENTAL MACROPHOTOGRAPHY & CASE DOCUMENTATION -CERTIFICATE COURSE ON CLINICAL PHOTOGRAPHY

02.

GET TO GRIP YOUR EXAMS

03.

CERTIFICATE HANDS ON TRAINING COURSE ON BLS & TRAUMA

04.

CERTIFICATE COURSE IN MEDICAL EMERGENCY MEDICINE

05.

CERTIFICATE COURSE ON BIOMEDICAL RESEARCH & CLINICAL PRACTICE

06.

CERTIFICATE COURSE ON DENTAL OFFICE MANAGEMENT

07.

A BASIC TRAINING COURSE ON BIOMEDICAL WASTE MANAGEMENT

08.

CERTIFICATE COURSE ON YOGA

VALUE ADDED COURSES

MINDS INSIGHT



MINDS EXCELLENCE

GALLERY

ADD ON COURSE

01.

HANDS ON CERTIFICATE COURSE
ON BASIC IMPLANTOLOGY

02.

CERTIFICATE COURSE IN BASIC
ENDODONTICS

03.

HANDS ON CERTIFICATE COURSE IN
EXODONTIA OF IMPACTED TOOTH

04.

INFECTION CONTROL IN CLINICAL
PRACTICE- CERTIFICATE COURSE

05.

CERTIFICATE COURSE IN DENTAL
IMAGING

06.

HANDS-ON CERTIFICATE COURSE
IN PERIODONTAL DIAGNOSIS
AND SURGERY

07.

CERTIFICATE COURSE IN
FUMIGATION

08.

HANDS ON CERTIFICATE COURSE
ON BASIC LASER APPLICATION IN
DENTISTRY

09.

CERTIFICATE COURSE IN GROUND
SECTIONING



ADD ON COURSE

MINDS INSIGHT



Mahe Taluk, Mahe, 673310, PY, India
Latitude: 11.715851 N Longitude: 75.538426 E
Local 01:35:35 PM Altitude: 59.57 meters
GMT 08:03:35 AM Tuesday, 12/14/2022



Mahe, Kerala, India
MAHE INSTITUTE OF DENTAL SCIENCE AND HOSPITAL, Chalakkara, P.O.
Palloor, Mahe 673310.
Lat 11.721567°
Long 75.540687°



Mahe, PY, India
Mahe Taluk, Mahe, 673310, PY, India
Lat 11.720295, Long 75.538039
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HAPPY DAYS



Mahe, Kerala, India
PGCQ+29C, Palloor, Mahe, Kerala 670672, India
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Long 75.538296°



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REMEMBER 24 2020

COGNIZANCE



MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

MINDS CDE COMMITTEE
in association with
MINDS ALUMNI ASSOCIATION

COGNIZANCE

WEBINAR 1
"WRITING A RESEARCH ARTICLE"



SPEAKER

DR ASHISH KUMAR
PROF & HEAD
DEPT OF PERIODONTOLOGY
RIMS, MANIPUR

DATE : 26.09.2021
TIME : 6.00 PM

LOGIN ID:
MEETING ID : 564 505 3756
PASSCODE : Minds4th

 ZOOM

MINDS CDE Committee in association with Mahe Dental College Alumini association, proudly presents 'Cognizance'.

An online platform for CDE Program conducting on last sunday of every month. We minds team can proudly announce that so far 12 meetings has been conducted and successfully going..!

IN ASSOCIATION WITH

**MAHE DENTAL COLLEGE
ALUMNI ASSOCIATION**

COGNIZANCE

WEBINAR 12

»»»»

**POSITIONED FOR
SUCCESS**

»»»»



DR SHAZIA SALIM P C

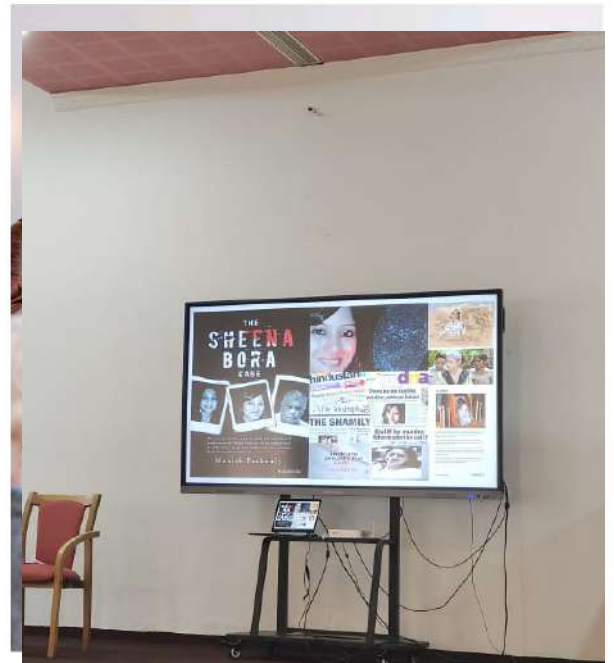
Endodontist,
Armed force hospital
Saudi Arabia

SCIENTIFIC PRESENTATIONS

DEPARTMENT OF PERIODONTICS

Dr Arunagiri

- ISPRP-22 TELUNGANA STATE-PALATOGINGIVAL GROOVE- A SILENT KILLER!!
- ISP PG CONVENTION 22 CHANDIGARH-COMPARTIVE EVALUATION OF GINGIVAL TISSUE FOLLOWING PLACEMENT OF A LIGHT CURED DRESSING AND A NON-EUGENOL PACK AFTER PERIODONTAL FLAP SURGERY.



Dr Najia

- ISPRP 2021 – RESTORING AN INTRUDED MAXILLARY CENTRAL INCISOR: FORM, FUNCTION AND AESTHETICS – A MULTIDISCIPLINARY APPROACH.
- ICDRP 2020 – STEM CELL IN PERIODONTICS
- GOMAH 2020 – LATERAL PERIODONTAL CYST
- ISP PG CONVENTION 2022 CHANDIGARH – AN IN VITRO EVALUATION OF THE EFFECT OF METFORMIN ON THE CELLULAR, PHENOTYPIC CHARACTERISTICS AND OSTEOGENIC POTENCY OF GINGIVAL MESENCHYMAL STEM CELLS
- ISP PG CONVENTION 2020 PUNE – PREVALANCE OF WORK-RELATED MUSCULOSKELETAL INJURIES AND AWARENESS ABOUT ERGONOMICS AMONG DENTAL PROFESSIONALS: AN EPIDEMIOLOGICAL SURVEY

Dr Venkat Raghavan

- ISPRP-21 KOZHIKODE-VESTIBULOPLASTY A VERSATILE SURGICAL APPROACH
- ISP PG CONVENTION 20 PUNE- ROOT COVERAGE PROCEDURE USING FREE GINGIVAL GRAFT- A TUNNELING APPROACH
- ISPRP -22 TELUGANA STATE-SALVAGING OF HOPELESS TEETH -A DEHISCENCE MANAGEMENT
- ISP PG CONVENTION 22 CHANDIGARH- COMPARTIVE EVALUATION OF TWO ANTIBACTERIAL COATED SUTURES VERSUS NON-COATED SUTURES IN PERIODONTAL SUTURING- A CLINICO MICROBIOLOGICAL STUDY

No research without action, no action without research

SCIENTIFIC PRESENTATIONS

Dr Salma Arif

- WOHC 2020 – TOOTH BANK A WISE INVEST”STEM”ENT-POTENTIAL IN PERIODONTAL REGENERATION
- ICDRP 2020- GUT FEELING ABOUT ATTACHMENT LOSS
- ISPRP- 21 KOZHIKODE – UNCLENCH YOUR JAW THE RIGHT WAY
- ISP PG CONVENTION 2020 PUNE- AN IN-VITRO SEM EVALUATION OF ROOT SURFACE ROUGHNESS AFTER INSTRUMENTATION WITH GRACEY CURETTES, ULTRASONIC TIPS AND PIEZZOSURGICAL DRIVEN DIAMOND COATED TIPS
- ISP PG CONVENTION 2022 CHANDIGARH – THINK IN TERMS OF PINK- A PHOTOMETRIC DIGITAL ANALYSIS OF GINGIVAL DEPIGMENTATION PROCEDURE USING SCALPEL AND DIODE LASER
- ISPRP 22 - TELUGANA STATE – CERVICAL RESPORTION REGENERATE DON'T REJECT

Dr Thavithavakar

- ISPRP 21 KOZHIKODE – FINISH LINE – AN ENIGMA
- ISP PG CONFERENCE 21 PUNE – ANEMIA IN PERIODONTICS
- ISPRP 22 TELUGANA – HOPE FOR HOPELESS CROWN ROOT FRACTURE
- ISP PG CONVENTION 2022 CHANDIGARH – EVALUATION OF DLC, ESR AND HB IN PERIODONTITIS AND GINGIVITIS PATIENTS

Dr.Rabees

- ISPRP 21 KOZHIKODE – FINISH LINE – AN ENIGMA
- ISPRP 22 TELUGANA – HOPE FOR HOPELESS CROWN ROOT FRACTURE
- ISP PG CONVENTION 2022 CHANDIGARH – EVALUATION OF DLC, ESR AND HB IN PERIODONTITIS AND GINGIVITIS PATIENTS

Dr Deepith Kelotte

- ISP PG CONVENTION 2022 CHANDIGARH- ROOT COVERAGE PROCEDURE USING FREE GINGIVAL GRAFT- A CASE SERIES

Dr Indrajith D

- ISP PG CONVENTION 2022 CHANDIGARH- A COMPARTIVE EVALUATION OF ANTIMICROBIAL EFFICACY OF SANTALAM ALBUM AND OSMIUM TENEFLORE EXTRACTS WITH CHLORHEXIDINE GLUCONATE AGAINST DENTAL PLAQUE PATHOGENS

Dr Prakash N

- ISP PG CONVENTION 2022 CHANDIGARH- PALATOGINGIVAL GROOVE- A SILENT KILLER!!

SCIENTIFIC PRESENTATION

DEPARTMENT OF ORAL PATHOLOGY

Dr Arulvizhi

- IDA THIRUVANATHAPURAM 2020- SPECIAL STAINS TO DISCLOSE BARR BODIES IN FORENSIC SCIENCES
- IAFO 2020 MANAGALORE – ASSESSING THE ACCURACY OF DE-MIRJIANS ACHARIYA AND WILLIAMS METHOD FOR AGE ESTIMATION FOR KERALA SAMPLE POPULATION
- OOO CONCLAVE 2020 - ASSESSING THE ACCURACY OF DE-MIRJIANS ACHARIYA AND WILLIAMS METHOD FOR AGE ESTIMATION FOR KERALA SAMPLE POPULATION
- INTERNATIONAL FORENSIC ODONTOLOGY 2020- ASSESSING THE ACCURACY OF DE-MIRJIANS ACHARIYA AND WILLIAMS METHOD FOR AGE ESTIMATION FOR KERALA SAMPLE POPULATION

DEPARTMENT OF PEDODONTICS

Dr Fazila

- ISPPD 2020 JAIPUR – TRICKS AND TREATS IN PAEDIATRIC CARE
- ISPPD 2021 BHUVANESHWAR – EFFECT OF MOUTH BREATHING AND ITS INFLUENCE ON DENTOFACIAL MORPHOLOGY IN CHILDREN

Dr Sinthuja

- ISPPD 2020 JAIPUR – ECO DENTISTRY
- ISPPD 2021 BHUVANESHWAR- APPLICATION OF SDF ON PRIMARY TEETH AND ITS EFFECT ON MICROBIOLOGICAL BOND STRENGTH OF COMPOSITE RESIN
- IAPD 2021- RECENT ADVANCES IN PERVENTIVE STRATERGIES FOR CHILDREN WITH SPECIAL HEALTH CARE NEEDED

Dr Catherine

- ISPPD 2021 BHUVANESHWAR – EXPECT THE UNEXPECTED A RECURRENT ANGIOEDEMA- A RARE CASE REPORT

Dr.Shincy

- ISPPD 2020 JAIPUR – ECO DENTISTRY
- ISPPD 2021 BHUVANESHWAR – PSYCHOSOCIAL IMPACT OF MALOCCLUSION IN MAHE
- IAPD 2021 IMPACT OF TRAUMA TO PRIMARY TEETH

Dr Sreelakshmi

- ISPPD BHUVANESHWAR 2021 – PREVALANCE OF TRAUMATIC DENTAL INJURY AND MOLAR RELATION IN SCHOOL CHILDREN IN MAHE
- IAPD 2021- TRAUMATIC INJURIES TO THE NASAL SPETUM IN CHILDREN- DO WE PEDIATRIC DENTISTS KNOW ENOUGH?
- ISPPD LUCKNOW 2022 – MANAGEMENT OF GAG REFLEX IN PAEDIATRICS PATIENTS

Dr Sabira

- ISPPD BHUVANESHWAR 2021- EFFECT OF PAEDIATRIC DRUGS ON THE SOLUBILITY OF COMMONLY USED PEDIATRIC RESTORATIVE MATERIALS
- ISPPD LUCKNOW 2022 – MITOCHONDRIAL CYTOPLASM – A CASE REPORT

Dr Theertha

- ISPPD BHUVANESHWAR 2021 – NATAL TOOTH
- IAPD 2021 – COMPARTIVE EVALUATION OF ANTIMICROBIAL EFFICACY OF HERBAL EXTRACTS AS A ROOT CANAL IRRIGANTS
- ISPPD 2022 LUCKNOW- EFFECT OF PAEDIATRIC DRUGS ON THE MICROLEKAGE OF COMMONLY USED PEDIATRIC RESTORATIVE MATERIALSDr Anusree
- ISPPD 2022 LUCKNOW – DENTAL MANAGEMENT OF CHILDREN WITH SPECIAL CARE NEED

Dr Durga

- ISPPD 2022 LUCKNOW - DENTAL MANAGEMENT OF CHILDREN WITH SPECIAL CARE NEED

Dr Hajra

- ISPPD LUCKNOW 2022 – RIDGE PRESERVATION AND ITS IMPORTANCE IN CHILDREN

SCIENTIFIC PRESENTATION

DEPARTMENT OF CONSERVATIVE DENTISTRY

Dr. Rahul Sayanth

- 12TH ISPRP NATIONAL CONFERENCE, MYSURU.
- 2ND ZONAL IACDE CONFERENCE, MANGALORE, TOPIC: MMP'S AND ITS RELEVANCE IN DENTISTRY
- PROS-PER, MAHE-TOPIC: MMP'S – NECESSARY OR NOT

Dr Neelima Narayanan

- 12TH ISPRP NATIONAL CONFERENCE, MYSURU
- TOPIC: MANAGEMENT OF DENTINAL HYPERSENSITIVITY AND ESTHETIC - IN CASE OF GINGIVAL RECESSION USING LASER.
- 2ND ZONAL IACDE CONFERENCE, MANGALORE
- TOPIC: MMP'S AND ITS RELEVANCE IN DENTISTRY
- PROS-PER, MAHE-TOPIC: MMP'S – NECESSARY OR NOT
- 12TH IFEA WORLD ENDODONTIC CONGRESS- THE TOUGH GETS GOING- A CLINICAL CASE SERIES ON MANAGEMENT OF COMPLICATED CROWN ROOT FRACTURE

Dr Giftlin Denny

- 1ST ZONAL IACDE CONFERENCE, CHENNAI : BIO-CONCEPTS IN ROOT CANAL IRRIGATION
- 33RD IACDE NATIONAL CONFERENCE, VIJAYAWADA: BIO-CONCEPTS IN ROOT CANAL IRRIGATION
- 2ND VIRTUAL ISPRP NATIONAL CONFERENCE 2022 : TOPIC: PALATOGINGIVAL GROOVE –A SILENT KILLER: TREATMENT OF AN OSSEOUS DEFECT DUE TO IT : FIRST PRIZE-PAPER PRESENTATION

Dr Kathiravan

- 12TH IFEA WORLD ENDODONTIC CONGRESS, CHENNAI 2021: CASE PRESENTATION: POST IN TIME SAVES DIME

Dr Senthil Kumar

- 12TH IFEA WORLD ENDODONTIC CONGRESS, CHENNAI 2021: CASE PRESENTATION: POST IN TIME SAVES DIME
- 2ND VIRTUAL ISPRP NATIONAL CONFERENCE 2022: EXTERNAL CERVICAL RESORPTION : CONSOLATION PRIZE IN PAPER PRESENTATION

Dr Kishore Kumar

- 12TH IFEA CONFERENCE, CHENNAI 2021: MICROHARDNESS STUDY ON BULK FILL RESTORATIVE MATERIAL AN IN VITRO STUDY
- 2ND VIRTUAL ISPRP NATIONAL CONFERENCE 2022: HOPE FOR HOPELESS-CROWN ROOT FRACTURE
- FIRST PRIZE-PAPER PRESENTATION

Dr Arjama Chaudhury

- 22ND IACDE NATIONAL PG CONVENTION, BELAGAVI 2021: “REVEALING THE TRUTH IN WHITE SMILE” – CHALLENGES IN POST BLEACHED RESTORATIONS: SECOND PRIZE-POSTER PRESENTATION

Dr Krithiga M

- 22ND IACDE NATIONAL PG CONVENTION, BELAGAVI 2021: “REVEALING THE TRUTH IN WHITE SMILE” – CHALLENGES IN POST BLEACHED RESTORATIONS: SECOND PRIZE-POSTER PRESENTATION

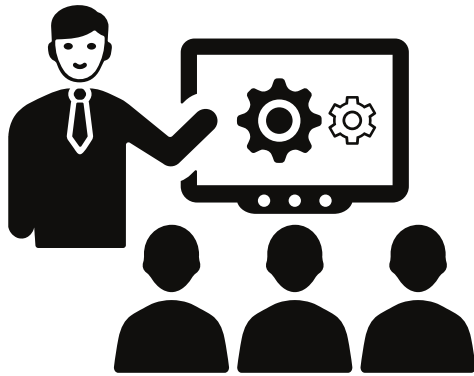
Dr.Niranjana

- 22ND IACDE NATIONAL PG CONVENTION, BELAGAVI 2021: “REVEALING THE TRUTH IN WHITE SMILE” – CHALLENGES IN POST BLEACHED RESTORATIONS: SECOND PRIZE-POSTER PRESENTATION

DEPARTMENT OF PROSTHODONTICS

1. Dr Ahnaf Abdulla

- 2. 48th IPS CONFERENCE NAGPUR – VIRTUAL ARTICULATOR
- 3. 4TH IPS STATE CONFERENCE – ROBOTICS IN PROSTHODONTICS – FICTION OR REALITY
- 4. 49TH IPS CONFERENCE – PROSTHODONTIC REHABILITATION OF A PATIENT WITH KENNEDYS CLASS 1 USING PRECISION ATTACHMENT AND CAST PARTIAL DENTURE – A CASE REPORT



Dr Leaozol

- 1) 48th IPS CONFERENCE NAGPUR – FABRICATING COMPLETE DENTURE WITH CAD/CAM AND RP TECHNOLOGIES

Dr Prem

- 1) 49TH IPS PG CONVENTION DHARWAD – STRESS DISTRIBUTION ON SOLITARY IMPLANTS RESTORED WITH FOUR DIFFERENT MATERIALS IN THE POSTERIOR MAXILLA: A 3D INFINITE ELEMENT ANALYSIS

Dr Shreya

- 1) 49TH IPS PG CONVENTION DHARWAD – STRESS DISTRIBUTION ON SOLITARY IMPLANTS RESTORED WITH FOUR DIFFERENT MATERIALS IN THE POSTERIOR MAXILLA: A 3D INFINITE ELEMENT ANALYSIS

Dr Jobin

- 1) 49th IPS PG CONVENTION DHARWAD – BAR ATTACHEMNT VERSUS LOCATORS

Dr Ragul

- 1) 49th IPS PG CONVENTION DHARWAD – BAR ATTACHEMNT VERSUS LOCATORS



Case of the month in dept of Department Of

PERIODONTICS

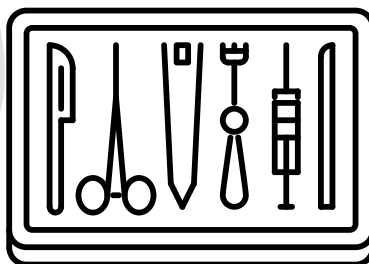
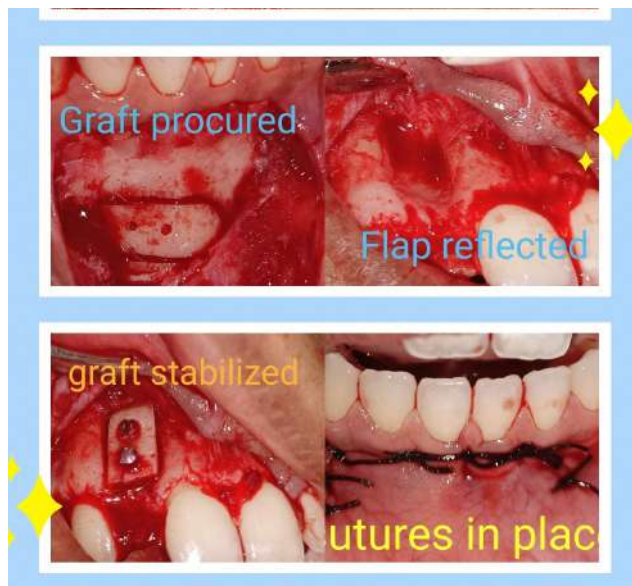


Block Bone Graft

A patient reported to the department of Periodontics with the chief complaint of missing lateral, and she insisted on getting Implants done in that region

On detailed examination it was found that there was insufficient bone available for implant planning, marginal bone was intact but apical to the marginal bone only 2 mm of bone thickness was available

So we decided for a block bone autograft , the donor site was decided to be the symphysis .



Post Operative

After the bone graft was procured, the recipient site was prepared and the block bone graft was stabilized with titanium screws



CLINICAL EXCELLENCE

CASE NO: 2

A 15 year old female patient reported to department of periodontics with chief complaint of excessive gingival display(gummy smile).On clinical examination gingival display of about 6mm with reverse smile type.On treatment part, esthetic crown lengthening followed by lip repositioning using scalpel technique was performed.The immediated and 3 months follow-up results shows that excessive gingival display have reduced.

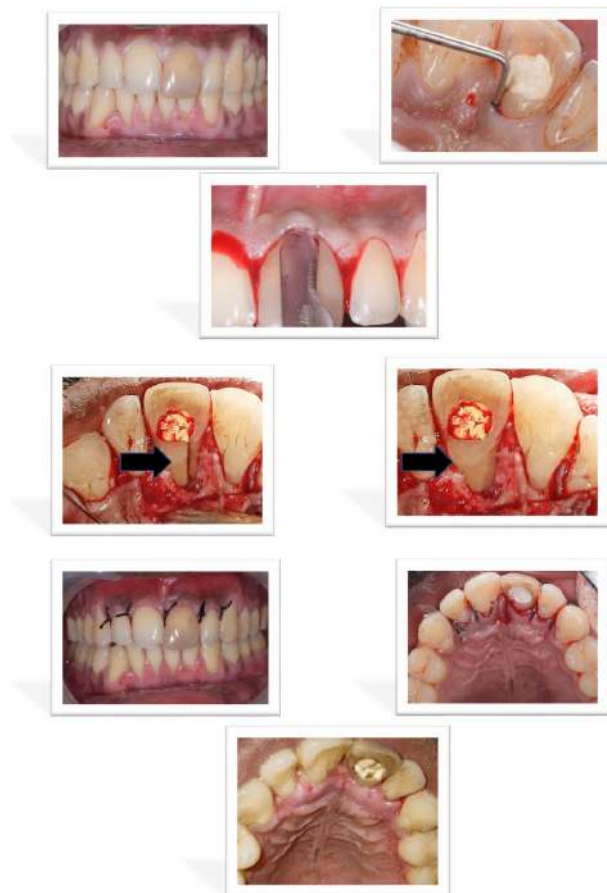


CASE NO: 2

35 year old male patient referred from the department of conservative and endodontics for periodontal opinion regarding 21, Patient gives history of trauma to upper front tooth 15yrs back followed by root canal treatment done 7 years ago. The patient also reported about recurrent swelling and pain in the same tooth which was relieved by medication. On examination periodontal pocket of 10mm, IOPA irt 21 reveals radiolucent line extending from crown to root apex. Based on clinical and radiological examination diagnosed as Combined Endo-perio lesions ,Treatment was full thickness mucoperiosteal flap was elevated from 12 to 22 and the palatal radicular groove was sealed using light cure GIC material.

'PERIODONTIST'

Skill to heal & Spirit to care your gums!





Case -1

Patient was not confident enough to smile due to spacing of the maxillary anterior teeth. We had given three treatment options like fixed appliance therapy, direct veneer therapy and indirect veneer therapy .Patient opted for Emax indirect veneer therapy due to time constrain and more esthetic appeal.



'Prosthodontist'
God creates.. We recreates!

Case -2

Pateint reported with chief complaint of multiple missing and worn out teeth. Examination revealed the need of increasing the vertical dimension due to collapsed bite. Endodontic therapy of remaining natural teeth was performed followed by full mouth rehabilitation.



Department of Conservative Dentistry

Smile makes dreams...!

PRE OP



Case -1

Patient reported to the department with the chief complaint of spacing in the upper front teeth region and wanted aesthetic correction. Patient lacked time to undergo orthodontic correction. Diastema closure was done by direct composite buildup (palatal template method using putty material).



STEPS



POST OP



'ENDODONTIST'

'Conserving your healthy smile' 😊

Special Cases

PRE OP



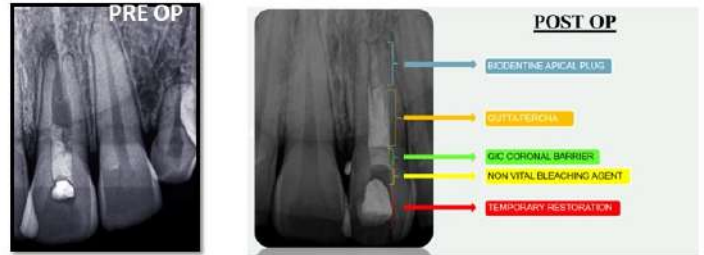
POST OP



Case No. 2

Patient reported to the department with the chief complaint of fractured tooth 11. Patient gave history of trauma that happened 3 months back and wanted aesthetic correction. Beveling, selective etching and direct composite restoration was done.

Case No.3



Patient reported to the department with the chief complaint of discolored upper front tooth and gave history of trauma 10 years back . Root canal treatment followed by non vital bleaching using hydrogen peroxide and sodium perborate was done in 21 . The shade correction was assessed by digital method using digital SLR White balance card for better accuracy . Superior aesthetic results were achieved at the end of 4 sessions.

DEPARTMENT OF Pedodontics

Case -1



Patient aged 3 years was brought to the dental clinic with a chief complaint of discoloured upper anterior tooth.

On examination the child was seen to have dental caries on 61.

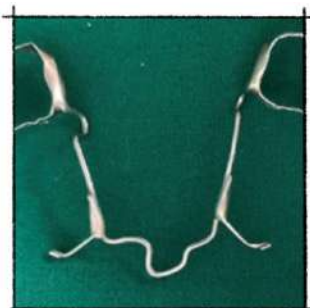
The treatment planned was complete coverage of the tooth with a strip crown on 61

Case -2



Patient aged 8 years was brought to the department of Pediatric and preventive dentistry with a chief complaint of irregularly placed lower anterior teeth.

On examination there was anterior crowding with insufficient space for alignment of 32,42.



The treatment planned was extraction of 33 and 43 followed by a lingual arch space maintainer with stoppers to prevent the mesial migration of the posterior teeth





Case -3

A patient aged 5 years was brought to the department with a chief complaint of a missing tooth due to trauma. On examination, the 61 was missing in the anterior region.

Treatment planned: Considering the age of the child and the long period for permanent tooth eruption in that region, a fixed Groper's appliance was advised



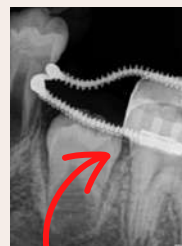
WHO IS A PEDODONTIST?

A pedodontist, commonly called a pediatric dentist, is a dentist who specializes in children's dental care.



Case -4

A patient aged 10 years was brought to the department with a chief complaint of missing tooth in the back region. On examination the space in the 35 region had closed partially due to early extraction of the primary second molart 75. The space available was not sufficient for the eruption of 35. The treatment planned was to regain space in that region using a fixed Gerber's space regainer.



Space regaining with Gerber's space regainer



SCAN ME

EXTENSION ACTIVITIES



SCREENING CAMP AT – PULARI UNIT- MEMUNDA

An oral health awareness talk and screening camp was conducted by CPIM Pulari Unit branch at Memunda on 02.01.22.. It was attended by 1 staff , and 8 interns. Dr. Teenu Thomas gave an informative talk to the camp attendees on Importance of Maintaining Good Oral Hygiene. Overall a total of 59 people were screened and referral cards given to avail treatments at a lesser expense at Mahe Institute of Dental Sciences.

CLEAN INDIA CAMPAIGN - 2021

As a part of the initiation of the new batch of NSS volunteers in the college and Clean India Campaign 2021, a Campus Cleaning Drive was organized by the NSS unit of Mahe Institute of Dental Sciences, Mahe on 29.10.2021.

The formal function started at 1:30 pm in Lecture hall 1 of the college. Dr. Teenu Thomas, Program Officer of NSS at MINDS welcomed the gathering. Principal, Dr. Anil Melath congratulated and appreciated the volunteers in his address. Mr. Gireesh, Program Coordinator of NSS at Mahe Region inaugurated the function. The District Co ordinator of Nehru Yuvak Kendra, Ms Remya, was also present and addressed the volunteers.

The function was followed by Campus Cleaning. Volunteers actively participated and collected plastic wastes from the campus surroundings. The collected plastic wastes were later removed with the help of Mahe Municipality Team.



SCREENING CAMP AT – NANMA CHARITABLE TRUST- MUZHAPPILANGAD

An oral health awareness talk and screening camp was conducted by NANMA CHARITABLE TRUST- MUZHAPPILANGAD on 04.01.22.. It was attended by 1 staff , and 8 interns. Dr. Seby J Gardens gave an informative talk to the camp attendees on Importance of Maintaining Good Oral Hygiene.

Overall a total of 56 people were screened and referral cards given to avail treatments at a lesser expense at Mahe Institute of Dental Sciences.



SCREENING CAMP AT GLPS PALLOOR



An oral health awareness talk and screening camp was conducted by –MINDS MAHE at PALLOOR 18.04.2022. It was attended by 2 staffs , and 8 interns. Dr. Teenu Thomas gave an informative talk to the camp attendees on Importance of Mainintaing Good Oral Hygiene. Overall a total of 10 people were screened and referral cards given to avail treatments at a lesser expense at Mahe Institute of Dental Sciences

SCREENING CAMP AT HEALTH MELA, GOVERNMENT HOSPITAL MAHE

Mahe Institute of Dental Sciences took part in the Health Mela of Mahe region on 21.04.2022 (Thursday) held at Government Hospital, Mahe as per the directions from the Ministry of Health and Family welfare. It started from 9:00 am till 3:00 pm.



A total of 70 people came forwards for the dental screening and they were refreed to Mahe Institute of Dental Sciences for further treatment.

SCREENING CAMP AT – GOVT. MIDDLE SCHOOL, MAHE

An oral health awareness talk and screening camp was conducted by the Department of Public Health Dentistry at Government Middle School, Mahe, as part of Project Punchiri on 21.07.22, from 10:00 a.m to 1:30 pm at the school campus. It was attended by Dr. Teenu Thomas, Dr. Saranya NK and Dr. Athul Prakash, along with a team of 12 interns of the dental college.

Overall a total of 293 students were screened and referral cards given to avail treatments at a lesser expense at Mahe Institute of Dental Sciences.



The Dept. of Public Health Dentistry organized an Awareness Exhibition with Posters and Video display for the public who attended the mela. A free Dental check up camp was also conducted for the people. Dr. Teenu Thomas, Dr. Saranya NK and Dr. Athul Prakash lead the team of 7 interns and 6 final years in the mela. Dr. Shakuntala GK, Professor, Dept. of Oral Medicine also took part actively, especially by providing her expertise in Oral Cancer Screening.

EXTENSION ACTIVITIES



SCREENING CAMP AT CIVIL STATION, MAHE

An oral health awareness talk and screening camp was conducted by – Mahe Institute of dental Sciences at Civil Station , Mahe on 21.03.2022.. It was attended by 2 staffs , and 7 interns. Dr. Teenu Thomas gave an informative talk to the camp attendees on Importance of Mainintaing Good Oral Hygiene.

Overall a total of 24 people were screened and referral cards given to avail treatments at a lesser expense at Mahe Institute of Dental Sciences.

SCREENING CAMP AT – RAJIV GANDHI AYURVEDA MEDICAL COLLEGE, CHALAKKARA, MAHE

An oral health awareness talk and screening camp was conducted by – Rajiv Gandhi Ayurveda Medical College, Chalakkara, Mahe on 11.3.22, 18.3.22, 25.3.22, 04.04.22.. It was attended by 2 staffs , and 13 interns. Dr. Teenu Thomas gave an informative talk to the camp attendees on Importance of Mainintaing Good Oral Hygiene.

Overall a total of 191 people were screened and referral cards given to avail treatments at a lesser expense at Mahe Institute of Dental Sciences.



SCREENING CAMP AT MUNDOCK MAHE

An oral health awareness talk and screening camp was conducted by –BDK Thalassery at Mundock Mahe on 27.03.22. It was attended by 1 staffs , and 9 interns. Dr. Teenu Thomas gave an informative talk to the camp attendees on Importance of Mainintaing Good Oral Hygiene.

Overall a total of 58 people were screened and referral cards given to avail treatments at a lesser expense at Mahe Institute of Dental Sciences.



SCREENING CAMP AT GLPS KEEZHPAYYUR



An oral health awareness talk and screening camp was conducted by – Nalanda Self Help Group, Keezhpayyur on 29.05.2022. . It was attended by 1 staff , and 8 interns. Dr. Teenu Thomas gave an educational talk on the occasion. Overall a total of 110 people were screened and referral cards given to avail treatments at a lesser expense at Mahe Institute of Dental Sciences.

SCREENING CAMP AT GLPS PANDAKKAL

An oral health awareness talk and screening camp was conducted by –MINDS MAHE atglps Pandakkal on 25.04.2022. It was attended by 1 staff , and 6 interns. Dr. Saranya NK lead the team. Overall a total of 23 people were screened and referral cards given to avail treatments at a lesser expense at Mahe Institute of Dental Sciences.



BLOOD DONATION CAMP AT MINDS

Blood Donors Kerala Charitable Society, Thalassery Thaluk, NSS Unit of Mahe Institute of Dental Sciences and Hospital, jointly organized a Blood Donation Camp in association with the Malabar Cancer Centre Blood Bank, Thalassery at the Dental college campus at Chalkkara on 30.06.2022. The camp was inaugurated by the Principal -Dr. Anil Melath. A total of 32 students, interns , post graduates and staff voluntarily came forward for this noble gesture. Dr. Teenu Thomas, Dr. Roshin CN, Dr. Noorul Hamna, Dr. Athul Prakash , Blood Donors Kerala Society President- Mr. PP Riyaz, Secretary- Mr. Nikhil Ravindran, Mr. Krishna Duth, Mr. Shanil MC, Mr. Sameer Peringadi led the camp.



EXTENSION ACTIVITIES-DEPT.OF PERIODONTICS



AWARNESS TALK AT DIGITAL PARK

Dental Hygiene awareness lecture was given to the op patients visiting the college by Dr Arjun M R Reader, and Dr Mahesh Raj V V Senior Lecturer department of Periodontics. A dental kit was distributed to all the participants. All the patients visiting the department were screened in association with Oral screening week from 1-08-22 to 7-8-22. Periodontal findings were addressed and patients were educated and motivated to improve the oral hygiene measures.

SCREENING AND AWARENESS PROGRAM AT KE SAFIYA AUTISM CENTRE

Oral hygiene day program was organized and conducted by the Department of Periodontics, Mahe institute of dental sciences and hospital on 1-08-22. In association with the Oral hygiene day, we have conducted a screening and awareness program at KE SAFIYA Autism centre, Mahe on 21-7-22. Dr Subair K, Professor and Dr Nanditha Chandran, Senior Lecturer, post graduates Dr Deepith and Dr Indrajith attended the program. There were around 30 participants for the program. Lecture on oral awareness was given by Dr Subair followed by distribution of dental kit. Screening session followed led by Dr Nanditha, Dr Subair and the post graduates, The program concluded by around 1.00pm.



AWARNESS TALK AT SNEHASADAN- OLD AGE HOME

At Snehasadan- old age home an awareness talk and a screening session was carried by Dr Nanditha and Dr Mahesh- Senior Lecturers and Dr Salma, post graduate student on 27-7-22. There were around 10 participants for the program. Lunch was provided for all the inmates. The program concluded by around 1.30pm.



AWARNESS CAMP AT SREEKANDAPURAM

At Sreekandapuram an Awareness camp was organized under the guidance of Dr Subair K, Professor, Department of Periodontics, MINDS. Around 200 participants attended the camp.



Awards & Achievements-Staff



Dr. Anil Melath
Principal and HOD
Dept of Periodontics
MINDS

- PRESIDENT OF ISPRP ON 6TH FEBRUARY 2022
- PRINCIPAL OF THE YEAR FROM GLOBAL OUTREACH DENTAL AWARD 2021
- MOST PERSPECTIVE SENIOR ACADEMICIAN AWARD OF THE YEAR 2018-19- PERIODONTICS BY DENTAL EXCELLENCE AWARDS.
- THE MOST PROACTIVE ACADEMICIAN FOR THE YEAR 2018-2019 BY GUIDENT 6TH DENTAL ACADEMIC EXCELLENCE AWARDS

BOOK CONTRIBUTIONS:

- TEXTBOOK OR PERIODONTICS, CHAPTER : PERI-IMPLANTITIS, YEAR: 2021



Dr. Arjun M.R
Reader, Dept of Periodontics

- EXCELLENCE IN PERIODONTOLOGY BY INDIAN HEALTH PROFESSIONAL AWARDS BY SMILE NATION
- GLOBAL FACULTY AWARD 2021 BY AKS EDUCATION AWARDS



Dr. Raj A C
HOD, Dept of OMR

- CERTIFICATE OF EXCELLENCE IN REVIEWING BY JOURNAL OF PHARMACEUTICAL RESEARCH INTERNATIONAL
 - COMMUNITY SERVICE AWARD 2018 BY INDIAN ACADEMY OF ORAL MEDICINE AND RADIOLOGY
- BOOK CONTRIBUTIONS:**
- MCQS IN CLINICAL DENTISTRY 2021
 - A HAND BOOK OF WHITE LESIONS IN ORAL CAVITY- 2015

AWARDS AND ACHIEVEMENTS



Dr. Anjali K
Assistant Professor, Dept of Microbiology

LOUIS PASTEUR AWARD FOR BEST ORAL SCIENTIFIC PAPER IN THE INTERNATIONAL VIRTUAL CONFERENCE ON ORAL MICROBIOME – ORMICON 2020

BOOK CONTRIBUTIONS:

RESEARCH INSIGHTS OF LIFE SCIENCE STUDENTS



Dr. Bastin. S
Professor & HOD , Dept of Oral Pathology

BOOK CONTRIBUTIONS:

TEXTBOOK OF DENTAL AND ORAL HISTOLOGY WITH EMBRYOLOGY AND MCQS



Dr. Ajeesha Feroz
Assistant Professor, Dept of Oral Pathology

BOOK CONTRIBUTIONS:

ESSENTIALS OF ORAL BIOLOGY-2019



PG-Achievements

DEPT.OF PERIODONTICS

- DR.SALMA ARIF 1ST PRIZE IN POSTER PRESENTATION ISPRP VIRTUAL CONFERENCE -2021
- DR NAJIA NAZIR CONSOLATION PRIZE IN POSTER PRESENTATION 19TH ISP PG CONVENTION 2021
- DR ARUNAGIRI 1ST PRIZE IN PAPER PRESENTATION ISPRP VIRTUAL CONFERENCE 2022
- DR. VENKAT RAGHAVAN CONSOLATION PRIZE IN PAPER PRESENTATION ISPRP VIRTUAL CONFERENCE 2022
- 2020-2023 DR THAVITHAVAKER 1ST PRIZE IN PAPER PRESENTATION ISPRP VIRTUAL CONFERENCE 2022
- 2020-2023 DR.SALMA ARIF CONSOLATION PRIZE IN PAPER PRESENTATION ISPRP VIRTUAL CONFERENCE 2022

DEPT.OF PEDODONTICS

- DR.SHINCY SEBASTIAN -BEST PAPER IN 42ND ISPPD NATIONAL CONFERENCE IN 2021

DEPT.OF PROSTHODONTICS

- 2ND ISPRP CONFERENCE - DR PREM KUMAR - FIRST PRIZE - PAPER PRESENTATION
- 24TH IPS PG CONVENTION 2022 DHARWAD - DR SREYA MAHESH AND DR PREMKUMAR - BEST SCIENTIFIC POSTER AWARD - POSTER PRESENTATION

DEPT.OF ORTHODONTICS

- DR JENISH, DR SANTHOSH, DR GENEYOY, DR NANDINI, DR NUSAIFA HAVE CLEARED THE PRESTIGIOUS INDIAN BOARD OF ORTHODONTICS (PHASE 2) EXAMINATION HELD ON 20TH FEBRUARY 2022.
- DR. JENISH UNDER THE GUIDANCE OF OUR PROFESSOR AND HOD, DR JITHESH KUMAR, HAVE APPLIED FOR PATENCY ON "AN AUTOMATED COGWHEEL EXPANDER- A PRELIMINARY DESIGN".

DEPT.OF CONSERVATIVE DENTISTRY

- DR GIFTLIN DENNY XAVIER, 2ND VIRTUAL ISPRP NATIONAL CONFERENCE 2022 TOPIC: PALATOGINGIVAL GROOVE -A SILENT KILLER: TREATMENT OF AN OSSEOUS DEFECT DUE TO IT
- FIRSTPRIZE-PAPER PRESENTATION- DR SENTHIL KUMAR
- 2ND VIRTUAL ISPRP NATIONAL CONFERENCE 2022: TOPIC: EXTERNAL CERVICAL RESORPTION
- CONSOLATION PRIZE IN PAPER PRESENTATION
- DR KISHORE KUMAR -2ND VIRTUAL ISPRP NATIONAL CONFERENCE 2022: TOPIC: HOPE FOR HOPELESS-CROWN ROOT FRACTURE- FIRST PRIZE-PAPER PRESENTATION
- DR ARJAMA CHAUDHURY -22ND IACDE NATIONAL PG CONVENTION, BELAGAVI 2021: "REVEALING THE TRUTH IN WHITE SMILE" - CHALLENGES IN POST BLEACHED RESTORATION -SECOND PRIZE-POSTER PRESENTATION.
- DR KIRTHGA M -22ND IACDE NATIONAL PG CONVENTION, BELAGAVI 2021: "REVEALING THE TRUTH IN WHITE SMILE" - CHALLENGES IN POST BLEACHED RESTORATIONS. SECOND PRIZE-POSTER PRESENTATION
- DR NIRANJANA-22ND IACDE NATIONAL PG CONVENTION, BELAGAVI 2021: "REVEALING THE TRUTH IN WHITE SMILE" - CHALLENGES IN POST BLEACHED RESTORATION-.SECOND PRIZE-POSTER PRESENTATION

WARMEST WISHES TO ALL...!

MINDS-TUBE

LMS-Learning Management System

(N)ever (S)top Learning



LIKE



Studies have shown that the use of short video clips allows for more efficient processing and memory recall. The visual and auditory nature of videos appeals to a wide audience and allows each user to process information in a way that's natural to them. In a nutshell, videos are good teachers



LCD
TECHNOLOGY

LARGE
FORMAT

USER-FRIENDLY
OPERATION

ADVANCED FACILITIES FOR EXCELLENT PATIENT CARE

Aoralscan

Intraoral Scanning Expert

AORAL SCAN 3 INTRAORAL SCANNER



AccuFab-L4D is the latest addition to the SHINING 3D family digital solutions. It is a large-format dental 3D printer developed completely in-house by SHINING 3D to make 3D printing solution more accessible to everyone. It brings users an exceptionally unique printing experience with its features like light-weight, large print size and user-friendly operation

The scan speed has been drastically improved, up to 30% faster than the previous model thanks to a renewed scanning technology.

Similarly, the accuracy is also greatly increased by 30%, allowing for better results.

Moreover, with a longer autoclavable scan tip and a greater scan depth, Aoralscan 3 is suitable for different clinical scenarios; both dentists and patients can expect more comfortable experience.

ACCUFAB-L4D3D RESIN PRINTER



Large Print Size, High Resolution

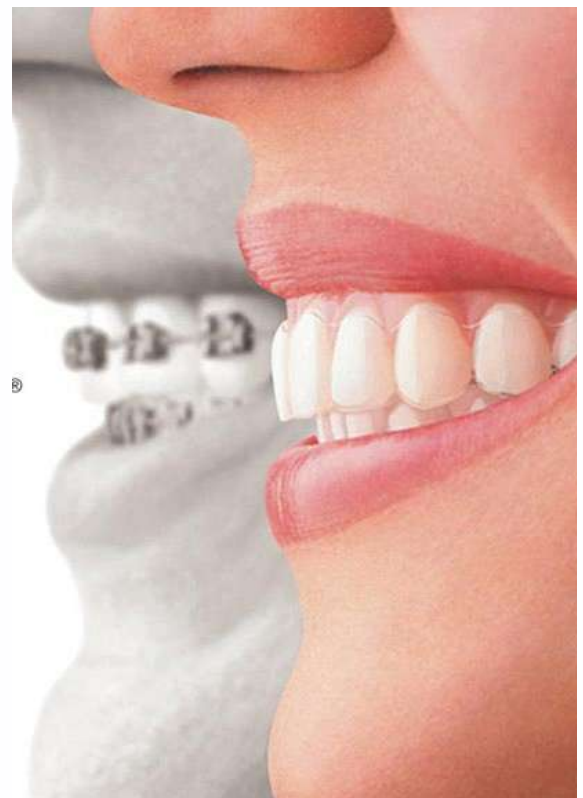


TRANSFORM YOUR SMILE WITH CLEAR ALIGNERS

Before beginning your orthodontic treatment to correct the malaligned teeth, patients have a variety of options to choose from, including different types of bracket systems they want. In modern-day orthodontics, patients are provided with numerous options of bracket systems, made of either metal or ceramic or a more modern and less invasive method like aligners.

How to decide if which type is right for them?

The primary consideration for the use of aligners should be based on the cost, comfort, the specific cases, and finally the patient's personal choice. One might also consider if a certain type will impact the patient's confidence or their professional life.



In recent years, clear aligners show a rise in popularity because they offer the least amount of disruption to a patient's everyday life.

Clear aligners are a custom-made series of plastic trays, which are removable. The main advantage of an aligner is that they are esthetically acceptable. They are fabricated with the latest digital 3D computer imaging technology.

The most popularly known aligner is INVISALIGN.

The main advantage of an aligner is that they can be removed, allowing patients to eat and drink whatever they want, which is limited in the conventional bracket system.



A smile is your greatest social asset

-Zig Ziglar

For more information, about clear aligner treatment



SCAN ME

MINDS GALLERY



Bachelor of Dental Surgery



Batch of 2016



Master of Dental Surgery



Batch of 2018



MINDS

M O M E N T Z



MINDS

EVERGREEN MOMENTZ





TESTIMONIALS

*A LIFE CHANGING EXPERIENCE
AS TOLD BY ANDREW SIMMONS*

**WE NEVER THOUGHT THE MINDS
CAN CHANGE THE WAY WE SAW
LIFE!**



DR JILU ABRAHAM ★★★★★

It was my immense luck and fortune to be the proud alumini of Minds where I grown. I did my PG in Periodontics in Minds.It is a great privilege and honour to be part of this prestigious institution. Our Chairman Mr.K.P Ramesh Kumar and his administration wing supported all of us during our pg days.

The entire faculty and department leaves no stone unturned to shape one's future. My three years of post graduation at MINDS have been a wonderful experience of learning with prolific exposure to outside. Staffs helped me to enhance my academic and interpersonal skills. The regular presentation and academic discussion with staff helps me to be more confident and develops presentation skills that are required for future use.

Huge respect, love and devotion for entire faculty members especially to my mentor guide and our principal HOD Dr.Anil Melath and department. It's their efforts and blessings that make me to count myself into a better professional



DR. SARA THALHATH ★★★★★

I,had studied at Mahe Institute Of Dental Sciences and Hospital for 5 years. And it was probably the most crucial years of my life where I dived to the higher level of education. MINDS has helped to shape me as a person and a doctor. The esteem staff memebers are nothing but extemely supportive and encouraging. The higher and well equiped facilities provided by the college has helped me to sharpen my skills and knowledge



DR. ROSHIN C.N ★★★★★

I have had the privilege to be in the first batch of BDS and 2nd batch of MDS at Mahe Institute of Dental Sciences and Hospital. From the very beginning the institute and especially the amazing teachers have been successful in engraving in us the sense of responsibility, curiosity and the fire to go beyond our capacity. For the person i am today i am grateful to MINDS. With state of good infrastructure and best teachers, the future of students are in great hands.

Testimonial



DR SUNNY JOSEPH



This college was not only a place where I learned my basic profession as a dental student but I felt like being a member of the Minds family

5 years back when I first joined college I was initially a bit nervous and homesick but progressively the campus friends teachers teaching and non teaching staff along with the serene atmosphere set amidst arabian sea completely changed the scenario and outlook towards professional college life .

For a person like me who was less interaction during my school days Social interaction and bond of friendship had made me a much better person than I was before.

Down the lane 5 years has given me immense memories of college life from freshers day to sports and all other extra curricular activities which make the students feel more relaxed rather than concentrating on academics the full time.

With such a beautiful campus which is maintained regularly in every aspect Minds was undoubtedly the right choice for my dental education owing to its state of the art infrastructure.

The attitude of staff members and their dedication to teaching the subject along with a young and dynamic principal and the HODs who could be freely approached .

Being a proud Alumni of minds I would say that MINDS will continue to produce skilled ethical dentists who can serve the society and truly excell in their future practice and career

WISHING MAHE INSTITUTE OF DENTAL SCIENCES AND THE HONORABLE CHAIRMAN MR. KP RAMESH KUMAR AND THE MANAGEMENT A GREAT SUCCESS IN THE FUTURE



DR. RASEENA THASNEEM



As an alumnus of Mahe Institute of Dental Sciences and Hospital (MINDS), I cherish all precious experiences that molded me into a better self. The institute itself is a blend of great infrastructure, good campus , a plethora of highly qualified professors, excellent clinic exposure and diverting cultural events. It was my immense fortune to be a part of my institute. Huge respect ,love and devotion for all the faculties and departments. It's their efforts that make me count myself into better profession.



DR. SHALAKA



College is a phase of life where we discover new things, meet new people and gain knowledge & life lessons. My college life has been a memorable one. After completing five years in MINDs, I have not only become a doctor, but also I have progressed as a better person. College has trained us into being a good professional and skillful student, we were given opportunities in all different fields and help us gain experience from a vast source.



DR. NOORUL HAMNA



My 5 years at MINDS were cherishable. As a student starting a new phase of life, it was quiet strenuous in the beginning. But with the help of my batch mates and faculties I grew gradually. To be an alumni who has graduated from our college, I can proudly say, I am a doctor from MINDS.

Testimonials



DR. D.M. HEMALATHA ★★★★★

I have spent three years of my post-graduation in this institution. The moment I drove up to this place it was like a natural reserve which makes learning environment peaceful. My department fostered me to find, learn and research things that I am interested in and led me in a best direction in my academics. It was a home away from home for me and I had a stress-free time during my time of studies. The support rendered by the well experienced staff was tremendous. As an alumni, I can well assure prospective families that their children are in safe hands.



DR. ATHUL PRAKASH ★★★★★

It has been a pleasure to be a part of MINDS family. When I walked into the college as a fresher, I had struggled initially. But now my struggle has paid off. This institution has helped not only to build my academic knowledge but also enriched my extracurricular activities. I consider myself blessed to have learned under the best faculties in this field. I thank MINDS for letting me be a part of this esteemed institution.



DR. ANJANA SACHEENDRAN ★★★★★

Our college has one of the best infrastructure as well as teaching experts. To be a part of this college is my privilege. College plays an important role in shaping a student's professional life. And my college has played a very significant role in doing so. Dentistry is a field where one has to be efficient academically and clinically for which the college has trained us. The college has molded my personality and clarified my vision for future.



DR. VYSHNAVI ★★★★★

It is an honor to refer to myself as an alumnus of prestigious MINDS. Considering the 5 years of journey at MINDS, it has also given me a good platform to build myself and shape my career. The guidance of MINDS faculties helped me in gaining both theoretically and own practical aspect giving me the confidence to work independently. This is one such place that I shall be forever grateful to be a part of it.

Testimonials





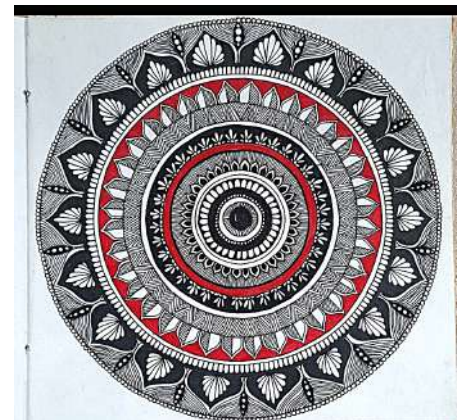
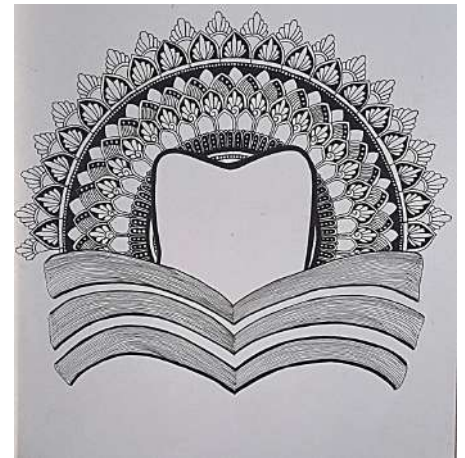
Dent-Artists



Dr Jilu Abraham
Dept of Periodontics



In the ancient Sanskrit language of Hinduism and Buddhism, mandala means "circle." Traditionally, a mandala is a geometric design or pattern that represents the cosmos or deities in various heavenly worlds. "It's all about finding peace in the symmetry of the design and of the universe,



Dr Megha B
Dept of Oral Medicine & Radiology





**DR ARAVIND H
DEPARTMENT OF ORTHODONTICS**



**DR NIROSHA VIJAYAN
DEPARTMENT OF PROSTHODONTICS**

ARTISTIC CORNER

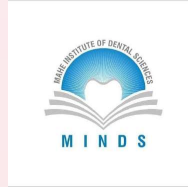
MINDS - TEAM

ISSUE. 03 | AUGUST 2022

www.mahedentalcollege.org

ONE TEAM

The strength of the team is each individual member. The strength of each member is the team



ONE DREAM

A team that works together, stays together and finds greatness together.



MINDS TEAM

We are a team **NOT JUST** because we work **TOGETHER...**
WE ARE A TEAM BECAUSE WE **RESPECT, TRUST AND CARE**
FOR **EACH OTHER**



INSIGHT MINDS



MAHE INSTITUTE OF DENTAL SCIENCES & HOSPITAL

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Ph: +91490 2337 406, 2334 406, 2336 190.

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