



PERIO-TIMES

DEPARTMENT OF PERIODONTICS

VOL-1. ISSUE 3 • AUGUST- 2022



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Professor

DR.ARJUN M R
Reader

DR.NANDITHA
Asst.Professor

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Asst .Professor

DR.JILU
Asst.Professor

DR.HEMALATHA
Asst Professor

DR.VISHNU SRI PRIYA
Asst.Professor

DR.ANIL MELATH
PRINCIPAL, PROFESSOR & HOD

INDEPENDENCE DAY SPECIAL EDITION



AZADI KA AMRIT MAHOTSAV

Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence.

This Mahotsav is dedicated to the people of India who have not only been instrumental in bringing India thus far in its evolutionary journey. The official journey of Azadi Ka Amrit Mahotsav commenced on 12th March 2021 which started a 75-week countdown to our 75th anniversary of independence and will end post a year on 15th August 2023.

DEPT OF
PERIODONTICS, MINDS

UPCOMING EVENTS

ONAM CELEBRATION
September 6th

IMPORTANT DAYS

Teachers Day Celebration

PERIO

TIMES

india

happy Independence Day
my supporters —

Hon'ble Prime Minister Shri Narendra Modi has often shared his vision of building a new, AatmaNirbhar Bharat by the year 2022.

You may be aware that our great nation is now in the 75th Anniversary of Indian Independence (Azadi ka अमृत महोत्सव). To commemorate the monumental occasion, all Department and Ministries will host a set of activities for a resurgent, Aatmanirbhar Bharat.

How do you envision the India of tomorrow, the India which will merge the best of tradition with the most modern, global outlook in the following themes:

MESSAGE FROM HOD'S DESK



DR ANIL MELATH
PRINCIPAL & HOD

Welcome to the Department of Periodontics MINDS! We, the Department of Periodontics feel our enthusiasm to publish the third issue of our department independence day special edition newsletter, "PERIO TIMES." I, as head of the department would like to thank all the faculty members, non-teaching staffs and pg students for their limitless support and sincere efforts for the betterment and development of department. On this occasion, I congratulate all the team members of the editorial board for bringing up this special edition in a better shape.

JAIHIND!

THEMES



GOVERNANCE



DEVELOPMENT



TECHNOLOGY



OTHER



REFORM



**PROGRESS &
POLICY**



A BIRD'S EYE VIEW ON THE MILESTONES OF THE PAST FOUR MONTHS

The upcoming days were filled with full of hopes and enthusiasm on the pandemic was found to be slowing down. We conducted ISP-PARICHAY program for post graduate students on 2nd and 3rd April. The program turned out to be a great success as the participants highly appreciated the organization and implementation of the venture.

A hands-on certificate course on Basic Implantology –“FIXTURE” for interns posted in Periodontics from 11.4.22 to 12.5.22. Dr. Arjun MR was the program convener and this was yet another remarkable achievement of the department. The students were enlightened and their feedback really gave immense pleasure for our team.

CELS – A hands-on certificate course on laser application in dentistry was conducted for the interns posted in the department from 2.5.22 to 18.5.22. The program was found to be a great success as the participants remarked it as a very needy and useful program.

AICE – Advanced Implant Continuing Education. The program was conducted in two days 20.5.22 and 22.5.22 for the post graduate students. This program was so informative for the participants and they demanded more of such programs by the same speaker Dr.Prithvi Belapur.He has a very vast knowledge in this area and it really motivated the participants to learn more about it.

LUMINARY was the next program conducted by our department. It was conducted from 26.5.22 to 31.5.22 for the interns. It really helped the students to acquire knowledge and wisdom

We Came Up With Yet Another Program PROGNOSTIK- Hands-On Certificate Course On Periodontal Diagnosis And Surgery For The Final Year Students. The Program Was Conducted From 2.5.22 To 24.5.22.This Was Very Informative For The Students.All Together May Month Was Great For Team Perio.



The world no tobacco day is observed every year on 31st may ,to make tobacco users aware of the opportunity to lead a healthier life. aim of this day is to spread awareness about the dangers of using tobacco and how health problems can be tackled by doctors when one quits smoking. An awareness speech was given and educational video was released on the day.

Oral hygiene day was celebrated on 1st august with camps conducted entire week .awareness talk and patient education was given by Dr.Arjun .



Department

HAPPINESS Timeline



2022

DR ANIL MELATH

WAS INVITED AS MODERATOR FOR PANEL DISCUSSION AT ROYAL DENTAL COLLEGE FOR THE 2-DAY STATE LEVEL PROGRAMME ON MANAGEMENT OF MEDICAL EMERGENCIES AT THE DENTAL OFFICE



DR ARJUN M R

WAS AWARDED THE BEST TEACHER AWARD 2022 BY THE INSTITUTE OF SCHOLARS, HIGHER EDUCATIONAL LEVEL IN RECOGNITION FOR HIS CONTRIBUTION TO ACADEMIC EXCELLENCE.

2022



DR NAJIA NAZAR

(3RD YR PG)

Won Consolation Prize at 20TH ISP PG CONFERENCE CHANDIGARH

CATEGORY: BASIC RESEARCH

DR.SALMA ARIF

(2ND YR PG)

Won First Prize " DR V. N. BHATAVDEKAR AWARD" at 20TH ISP PG CONFERENCE CHANDIGARH

CATEGORY: CLINICAL RESEARCH

INSURANCE & INVESTMENT



DR.ARJUN. M.R

In today's day and age Insurance and Investment have become an integral part of one's life. While it's smart move and put a portion of what you're earning today towards saving for your and your family's future, many make the mistake of thinking Insurance and Investment means the same thing.

Further, there are many of us who think that investment or insurance plan that one has would also satisfy or be good for the other person.

In reality needs and capacity of each person and family is different and what might satisfy one person, might not satisfy other person or his/her family.

One needs to align their immediate and long-term goals and then find and plan that suits their requirement and capacity the best.

What is Insurance?

Insurance is a service that one purchases with the intention of guarding a person or family against some form of loss. This loss can be in for of loss of life, property, or health.

Biggest example for instance is car insurance which protects you from the financial havoc in case it gets badly damaged or worse stolen. Depending on the type of car insurance that you get, the insurance company covers the financial damage to the vehicle or replaces your car altogether in some cases.

In case of Life Insurance, the dependents get a single-sum income when the insured person passes away so as to provided them at least some financial help at the time of need, or provide them a lump sum amount once the term of the policy ends.



What is investing?

In case of Investment, it is the amount of money or assets that you give to a third party in exchange for the return of that money or assets along with profit at an agreed point in the future.

There are many kinds of Investment Plans, like Bonds, where you lend your money to a company or government, in return for an interest and stocks, where your stake equates to you being part owner of a business.

While Bonds are relatively safer purchase of stocks can earn you a larger profit and are high-risk where returns are not guaranteed.

There are also Mutual Funds where you invest in a mixture of stocks and bonds and is considered mid-risk with mid-returns.

So what to get: Insurance or Investment?

The answer is simple and boils down to what you need now and what you need in the future.

While Investments will take care of your now and immediate future, Insurance will take care of you and your loved ones in the long run.

The world of investing too saw a moment similar to this.

In 2008, Warren Buffett challenged hedge funds. Ted Seidos, the cofounder of a hedge fund took the bet.

Warren's contention was that the hedge fund wouldn't be able to give returns higher than the index in the US. The bet would last a period of 10 years - concluding in 2017.

Ahead of the 2017 deadline Ted accepted defeat.

It is not that hedge funds always underperform when compared to the index. But many of them do.

So a good investor would have to choose the right fund very carefully.

That itself is making investing complicated - how to choose the right investment?

We all know about investments like FD, mutual funds, stocks, etc.

Many of us aren't aware of more investment options - hedge funds, alternative investment funds, portfolio management services, etc.

In each of these categories, there exist many subcategories offering very detailed and complicated investment options.

There are funds that specialize in arbitrage investing, high-frequency trading, investment strategies that are top secrets, and so on.

The reality is that a huge chunk of these complicated investments simply fails to outperform simpler investments.

Even the ones that do perform very well - choosing the right one itself is a very complicated task most normal investors cannot afford to do.

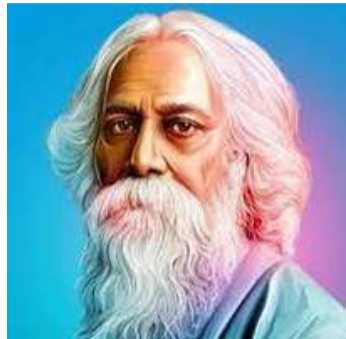
Most individual investors work full-time at their job or business.

Very complicated investments require constant time and attention - time that simply isn't available.

Keep it simple.

INDEPENDENCE DAY SPECIAL

Rabindranath Tagore



Where the mind is without fear and the head is held high,
where knowledge is free.
Where the world has not been broken up into fragments by narrow domestic walls.
Where words come out from the depth of truth,
where tireless striving stretches its arms toward perfection.
Where the clear stream of reason has not lost its way into the dreary desert sand of dead habit.
Where the mind is led forward by thee



DR. NANDITHA CHANDRAN

Dr. B R Ambedkar

Freedom of mind is the real freedom. A person whose mind is not free though he may not be in chains, is a slave, not a free man. One whose mind is not free, though he may not be in prison, is a prisoner and not a free man. One whose mind is not free though alive, is no better than dead. Freedom of mind is the proof of one's existence.



Mahatma Gandhi



Freedom is never dear at any price. It is the breath of life. What would a man not pay for living?"

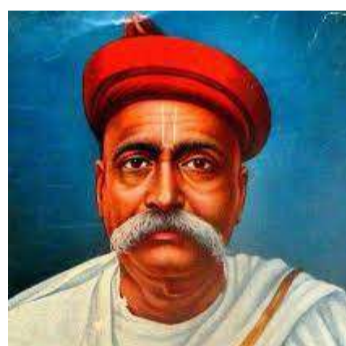
Chandra Shekhar Azad

Dushman ki goliyon ka hum samna karenge, Azad hee rahein hain, Azad hee rahenge



Bal Gangadhar Tilak

Swaraj is my birthright and I shall have it



Subash Chandra Bose

Tum Muje Khon Do, Mai Tumhe Azadi Dunga



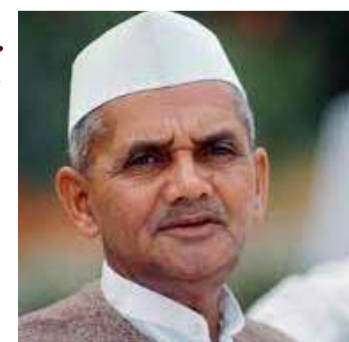
Bhagat Singh

Inquilab Zindabad



Lal Bahadur Shastri

Jai Jawan Jai Kisaan





DANCE - HIDDEN LANGUAGE OF SOUL



DR.THAVITHAVAKKER
3RD YEAR PG

There is no other way to express ourself and feel yourself like DANCE.

In an art of dance, you feel your soul, and forget the rule.

So dance like there is no tomorrow....

DEPARTMENT OF PERIODONTICS

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20's



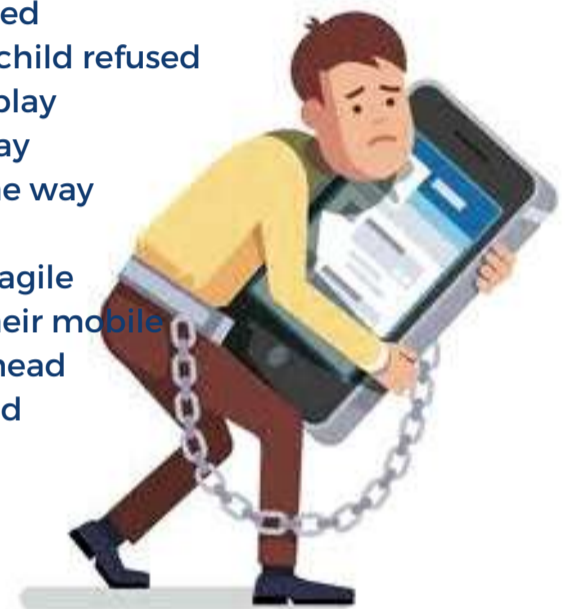
Dr.Rabees K.P.K

Though the sun was bright
Everything was going right ,
Garden was dry
Didn't give a try

Moving to the road
Head was exceeding load ,
I pray to the god
To make the day gold

I was so confused
When my 20's child refused
To go out and play
I didn't had a say
For them it's the way

Everything is fragile
For them it's their mobile
The new era's head
Everything dead



FEW FACTS..!

The national flag was first hoisted on 7 August 1906 at Parsee Bagan Square in Kolkata. Ever since then it has undergone several changes till the tricolour with Ashoka chakra was finally adopted on 22 July 1947.

TheQuint.com

Social status or Character? What really matters..?



DR.JILU ABRAHAM

Respect is one of the greatest expressions of love



I noticed a quote on FB from an unknown author that stated "No matter how educated, talented, rich or cool you believe you are, how you treat people ultimately tells all." I found myself completely nodding in agreement. I think it's a message we all forget too often, especially in our celebrity-worshipping, superiority-complex-having society. Worst of all, we're taught that those with any or all of the above are somehow better than us. That their lives matter more.

That means our entire worth revolves around the size of our bank account and social status.

Let's play a little "imagine if" game that'll really help drive the message home that how you treat people is truly the only thing that matters

First, I want you to imagine someone that has a lot of money, power, and/or fame, but that treats people like absolute crud... Between the media and his (or her) fans, we hear that this person deserves respect, that he is important, someone worth listening to and admiring. After all, he's rich! He's famous! He's powerful

Now, imagine that person without the money. Without the fame, the power, the fanbase. Would you want to know him? Be friends with him or her? Be associated with him in any way? Would you look at that person and still think that he is better than you?

If you want to know what a person like, take a good look at how she/ he treats his inferiors, not their equals... Respect is one of the greatest expressions of love. 😊



STORY OF HESITATION

DR.PRAKASH- 1st Yr PG

**Hesitation is common in all people
should i succeed in life?
no you might fail
should i approach that person?
no they might think bad
should i win the race?
no you might loose**

**Life is a journey an opportunity to
grow and shine yourself not
something too hesitate
follow your goals not the ego**



DID YOU KNOW?

A fact is something that has really occurred or is actually the case. The usual test for a statement of fact is verifiability, that is, whether it can be demonstrated to correspond to experience.

SOURCE: WIKIPEDIA.COM

AUGUST 2022 / VOL :1 / ISSUE:3

SOFT SKILLS APPRAISAL FOR DENTISTRY

DR SUBAIR K



When the dentist is working in his own clinic or any institution, he should know what exactly he desires to achieve. What is his golden goal? Whether he wants to become a good clinician or truly hardcore academician? Or both? And ahead this, what is his pure attention for progressive development for his target? The answer for achieving this is attaining and developing soft skills.

Soft skills is a sociological term relating to a person's "EQ" (Emotional Intelligence Quotient), the cluster of personality traits, social graces, communication, language,

personal habits, friendliness and optimism that characterize

relationships with the patients. Soft skills complement hard skills (part of a person's IQ), which are the occupational requirements of a dentists job and many other activities. In dental practices, no body taught these skills for overall growth of all practitioners, so it's time to highlight them for betterment.

Soft skills are personal attributes that enhance an individual's interactions, job performance and career prospects in the life of a dentist. Unlike hard skills, which are about a person's skill set and ability to perform a certain type of task or activity, soft skills are interpersonal and broadly applicable.

A dentist's soft skill EQ is an important part of their individual contribution to the success of their practices. Particularly smart practitioners dealing with patients face-to-face are generally more successful, if they train their staff to use these skills. Screening or training for personal habits or traits such as dependability and conscientiousness can yield significant return on investment for their clinics. For this reason, soft skills are increasingly sought out by dentists in addition to standard qualifications.

Soft skills are self-promoted, nontechnical and very important views of that person, within his work environment. For budding or upcoming dentist, he should develop soft skills related with his practices; positive emotional build blocks in inner self. He should develop soft skills with his/her staff and the patients. F

Following are the soft skills, required for victorious success in life of the dentist.

1. Positive behavior with the patient and the staff.
2. Interinstitutional and interpersonal hard work for betterment.

Likability is a soft skill that leads to hard results

3. Egoless desirability to learn and ability to take new responsibilities.

4. His/her stand and opinion for individual and institutional growth.

5. Capabilities for influencing people and executing decision for benefit.

Soft skills also throw light on the abilities of dentist like analytical thinking for diagnosis, cautiousness, his inner leadership behavior, flexibility and ability to accept newer changes in unfavorable

scenario, his diplomacy and ability to solve the problems. Most of the people think that soft skills are people skills or emotional intelligence. In reality, a hard skill in dentistry means technical ability or hard work for the best. In a competitive world of dentistry, hard skills are initially necessary, but to prove you, soft skills are mandatory. Soft skills play a vital role for professional success; they help one to excel in the workplace and their importance cannot be denied in this age of information and knowledge.

Good soft skills, which are in fact scarce, in the highly competitive practicing world, will help you stand out in a milieu of routine job seekers

with mediocre skills and talent. When dentist develops these soft skills like a learning child, his progress in his specialty is fabulous at individual and institutional level. He can get more opportunities and more respect, and obviously

more money.

Here some positive suggestions are given for improving these skills,

like:

1. Going for practice management workshops.

2. Sending staff for personality development workshops.

3. Showing positive and negative sides to staff, to improve positive soft skills.

4. Leadership development program for staff and dentist.

5. Giving rewards with cheer-up for network building and collaboration.

6. Showing instructional material like DVDS, live seminars for patients and staff.

7. Giving opportunity to staff, to think newer and express

their positive attitude for building practices.

8. Oration skill development program for maturing self- confidence.

CASE OF THE MONTH

BLOCK BONE GRAFT

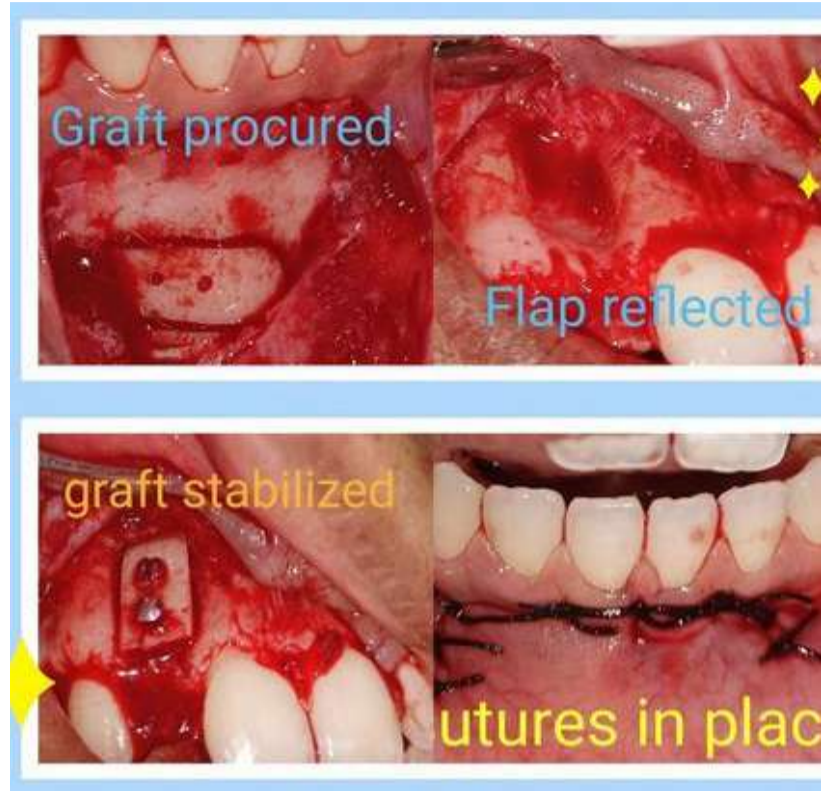
A patient reported to the department of Periodontics with the chief complaint of missing lateral, and she insisted on getting Implants done in that region

On detailed examination it was found that there was insufficient bone available for implant planning, marginal bone was intact but apical to the marginal bone only 2 mm of bone thickness was available

So we decided for a block bone autograft , the donor site was decided to be the symphysis .

THE SURGERY WAS DONE BY DR ARUNGIRI, UNDER THE SUPERVISION AND PLANNING OF DR SUBAIR , DR MAHESH, DR ARJUN, DR JILU AND DR NANDITHA

After the bone graft was procured, the recipient site was prepared and the block bone graft was stabilized with titanium screws

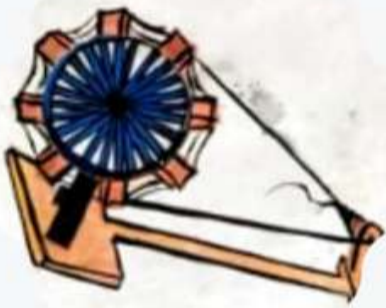


THE AICE COURSE BY DR PRITHVI REALLY HELPED US WITH THE CONFIDENCE BUILD, IN EACH AND EVERY ONE OF OUR POST GRADUATES

INDEPENDENCE DAY

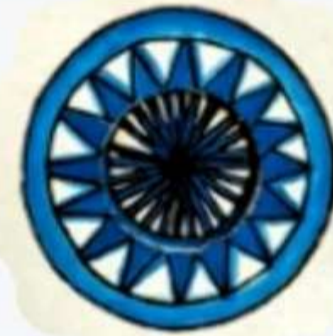


DR.VISHNU SRI PRIYA



Where the mind is without fear
and the head is held high;
Where knowledge is free;
Where the world has not been
broken up into fragments by
narrow domestic walls;
Where words come out from
the depth of truth;
Where tireless striving stretches
its arms towards perfection;
Where the clear stream of reason
has not lost its way into the dreary
desert sand of dead habit;
Where the mind is lead forward by thee
into ever-widening thought and action-
Into that heaven of freedom, my Father,
let my country awake."
-Rabindranath Tagore

15
August
India
INDEPENDENCE DAY



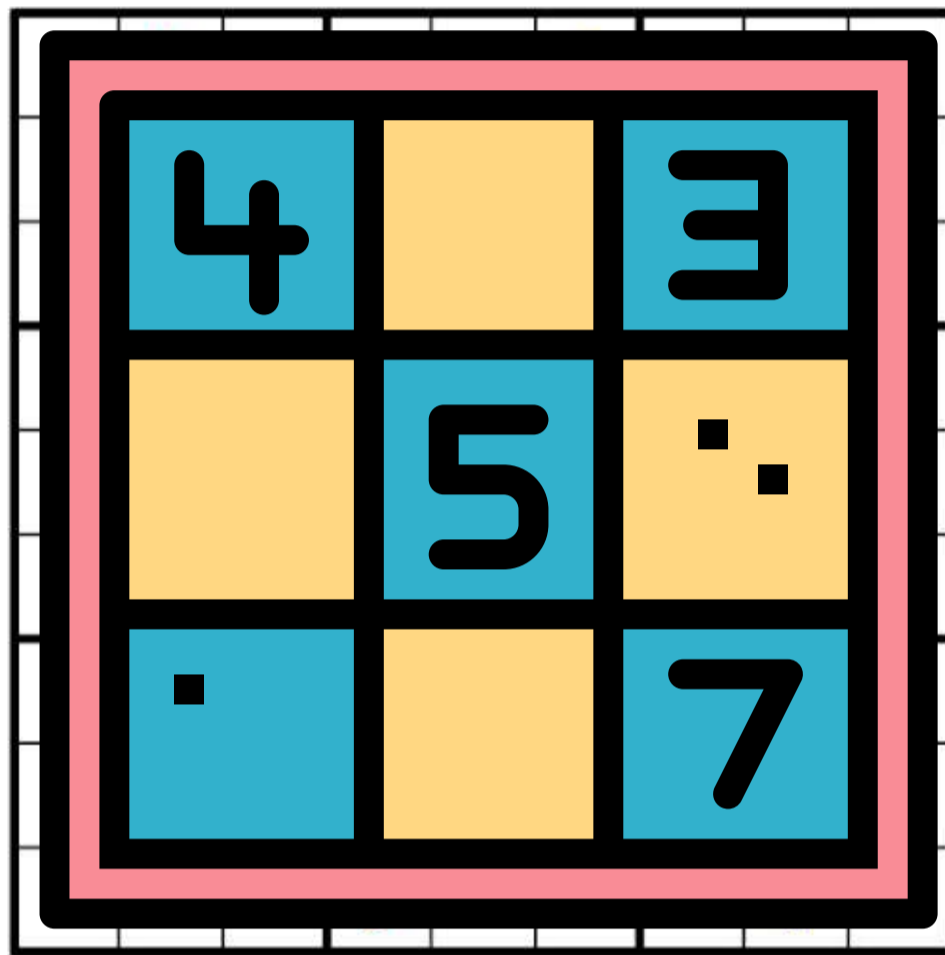
INDIAN INDEPENDENCE DAY

“Jai Hind” The slogan “Jai Hind” was initially coined by Zain-ul Abideen Hasan, but it was adopted by Netaji Subhash Chandra Bose



SUDOKU

Confidence is when you stop using a PENCIL while solving a SUDOKU



THE ORIGIN OF THE NEWSLETTER

We're in the middle of a newsletter renaissance, with many writers opting to use paid newsletters as a means to go independent. Most recently, newsletters are associated with marketing, for internal or external purposes. But where did they come from? How long have they been around? This piece digs in to that and what we may expect from the future.

To get started, what is a newsletter, The etymology of the word, gives us clues. Acta Diurna was the earliest physical newsletter found, published as early as 131 BC. These were government gazettes containing information for the public. News, military announcements, court news. In time, traders and merchants adopted newsletters for sharing important information.

By 1704, a publication considered the United States' first known newsletter appeared, The Boston News-Letter—a single sheet printed weekly that contained information from England of interest to Colonial Americans. These early newsletters evolved into what we today know as newspapers.



DR. JILU ABRAHAM



They were first chiseled in stone or metal; later, they were handwritten and distributed in public forums or read from scrolls by town criers.



LIVE YOUR LIFE



DR MAHESH RAJ

As human beings, one of our deepest-rooted desires is to have a meaningful and happy existence. You've probably heard of the saying, "Live your best life." It's good advice.

We all want to feel connected to both ourselves and others. We want to feel that we're part of something important and that we're making a difference in the world.

We want to look back at our lives and our achievements and be proud. In short, we want what the saying says: to live our best lives.

But what does it really mean to live your best life?

You are a unique individual, so living your best life is exclusive to you. Your best life will reflect your true values. It will be made up of what makes you happy and will be colored by what making a difference means to you

We each have a unique gift—the unique energy and essence that is who we really are. Each person has a unique gift to offer that no one else can or ever will again.

Living our best life means finding creative ways to share our best selves, whether in our work, our creative hobbies, or simply how we live.



Life is what happens when you're busy making other plans."



The Perio team was delighted and proud to be a part of the release of 2nd issue of our quarterly newsletter Perio-Times on 2nd of April by President Dr.Abhay Kolte and Secretary Dr.H.S.Grover of Indian Society of Periodontology

POWER INTENTION

DR. HEMALATHA



The act of deliberately thinking thoughts now of the future you want will do wonders. Health, happiness, peace all will come based on what you think now. By this way you could co-create your future and in a long run you become the maker of your life. The universe is all ears for what we ask for. Based on the intensity of our thoughts and our consistent perseverance of our thoughts we will reap the outcome. If you are stuck in your own world of problems and not moving forward, it should be high time for ur thoughts to be refurbished.

Always set your intension to manifest the solution instead of obsessing over problem. Never underestimate the power of intention. *Your thoughts and your words are they keys of your future.*

YOUTH & KALAM



DR. SALMA ARIF
3RD YEAR PG

An episode from Dr. Kalam's pre-presidential days narrates to us his dedication and enthusiasm towards encouraging the youth of India. On September 2001 in Jharkhand Bokaro district, Dr. A.P.J Abdul Kalam was travelling in a helicopter which faced technical problems. Death stared him in the face, yet he had a reassuring smile on his lips. Though they escaped the inevitable death, Kalam Sir had sustained injuries, yet he drove straight to Ramakrishna Vidyalaya to address the students as per the schedule. He had then told the kids to "dream big".

Nothing is impossible. The People's President not only lived by this principle, but preached it as well. He started a movement called "Lead India 2020 movement" labelling it a youth movement. He specially designed a ten point oath for young students of this mission. According to this oath, Dr. Kalam empowers the youth to make a difference to the society where they are living in areas of literacy, environment, social justice, minimizing rural urban divide, and work for national development, while working hard for an individual goal

This legend's last deed on earth was what he loved doing most: addressing the youth. As a tribute to the Missile man, it is only just that the students of India fulfil Dr. A.P.J Abdul Kalam's dream of India 2020. A big salute to the People's President.

“

I WOULD LIKE TO PUT FORWARD THAT IGNITED MINDS OF THE YOUTH IS THE MOST POWERFUL RESOURCE ON THE EARTH, ABOVE THE EARTH AND UNDER THE EARTH.

DR.AP.J.ABDUL KALAM

REMEMBERING SIR ON HIS 7TH DEATH ANNIVERSARY

ISP PARICHAY 2022



INTRODUCTION TO MDS

2 DAYS EVENT

It was with immense pleasure and honour that the fraternity of MINDS Perio conducted AICE, a 2 day lecture and hands-on program, on the 20th and 21st of May 2022. The resource person for this event was Dr Prithvi Balepur who graced the occasion. He is an oral and maxillofacial surgeon with a fellowship in Oral Oncology, an associate fellow in American Academy of Implant Dentistry, He is also a member of oral and maxillofacial surgery at royal college of physicians and surgeon Glasgow.

THE KEY TO GROWTH IS THE
INTRODUCTION OF HIGHER
DIMENSIONS OF CONSCIOUSNESS
INTO OUR AWARENESS

MAHE INSTITUTE OF DENTAL SCIENCES AND HOSPITAL

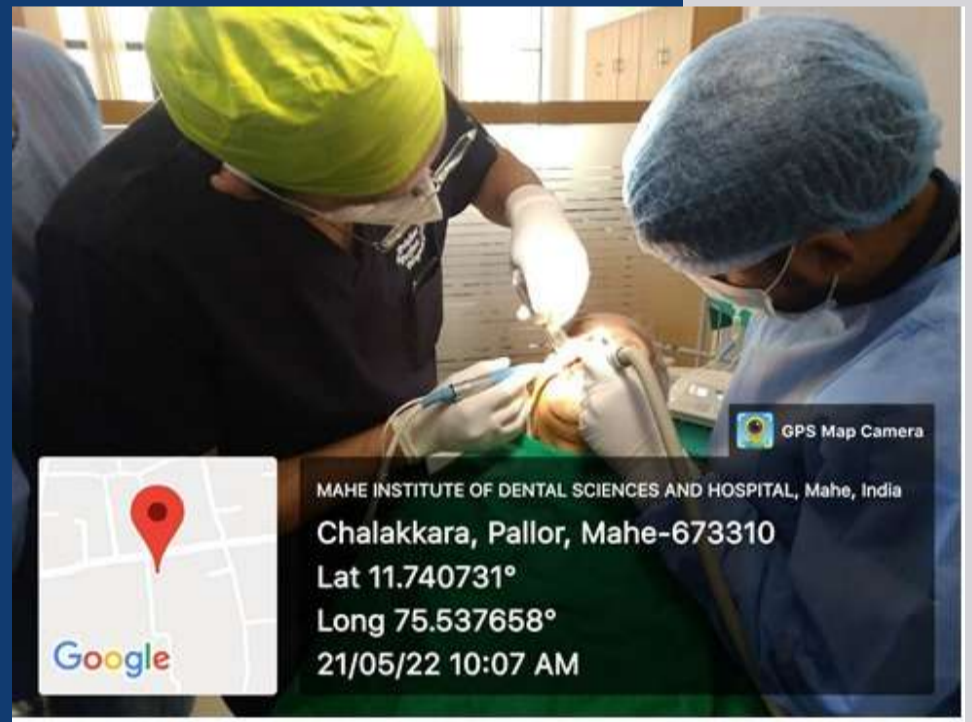
AICE
(Advanced Implant Continuing Education)

20TH & 21ST JANUARY 2022

DR. PRITHVI S. BALEPUR
M.D.S (Oral & Maxillofacial Surgery)
FELLOWSHIP IN ORAL ONCOLOGY. (R.G.U.H.S)
ASSOCIATE FELLOW (American Academy Of Implant Dentistry)
MOMS.RCPS (Glasgow)

The 2 day event kick started with an inauguration ceremony followed by a 2 hour lecture by Dr Prithvi on Sinus Augmentation Procedures where he emphasized the beauty of bone regeneration in Implant procedures and showcased a series of successful augmentation. Following, this where the hands on, where the sinus lift procedure was demonstrated with live video relay for the non -participants.

The 2nd day involved 3 patients , bringing the total to 8 sites of sinus lift procedure done on 4 patients. The lecture was attended by 50 participants and the hands-on was provided to 8 participants individually on the patient under the supervision and under the guidance of Dr Prithvi Balepur



PHOTOGRAPHY



PHOTOGRAPHY IS AN
AUSTERE AND BLAZING
POETRY OF THE REAL.



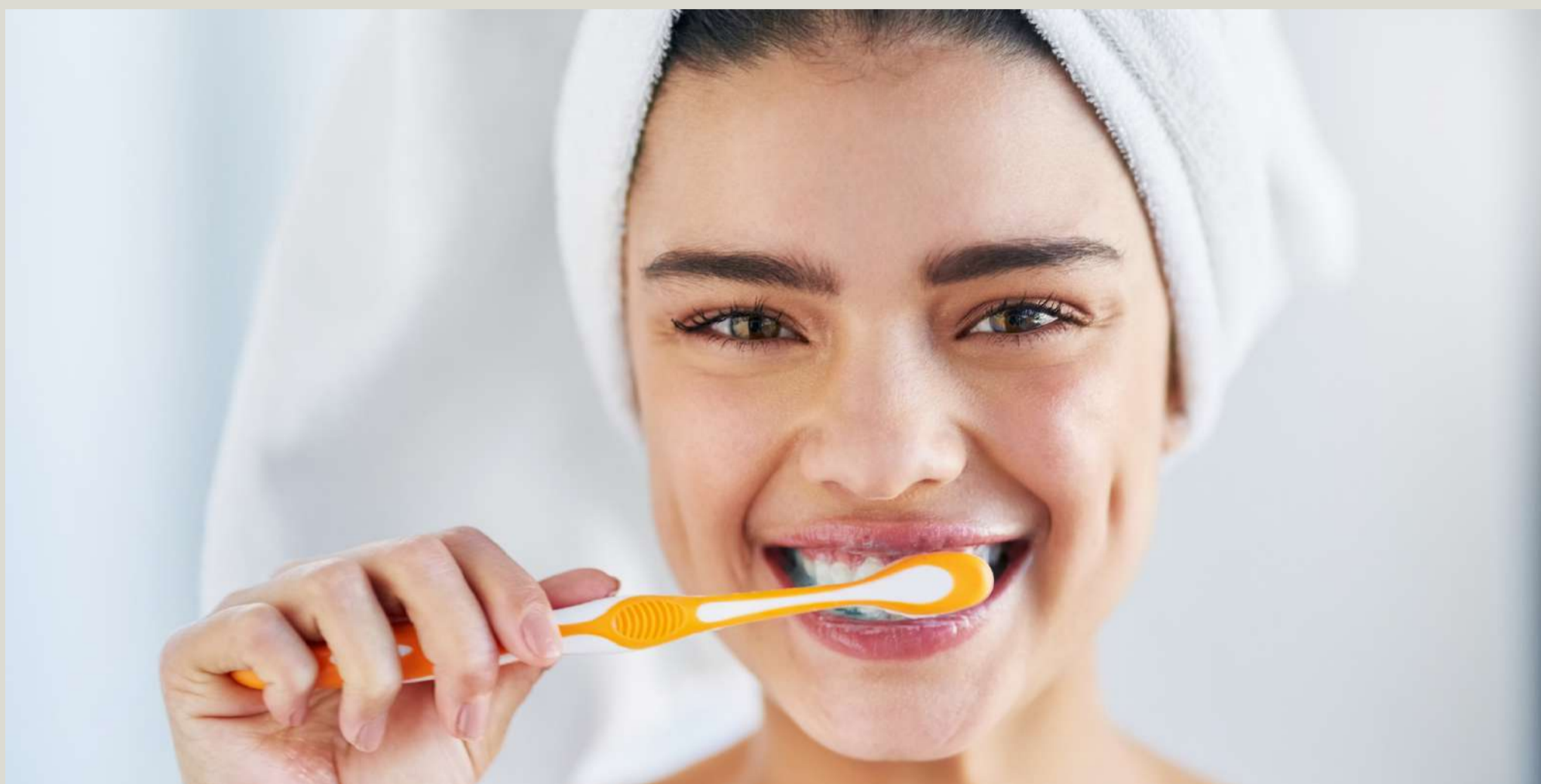
DR.DEEPITH KELOTTE
1ST YEAR PG



Awareness Program

August, 2023

ORAL HYGIENE DAY



Awareness Programs Conducted



Oral Hygiene Awareness program at
K. E. Safiya Autism Centre



Geriatric Screening Camp at Snehasadan
Old Age Home



Oral awareness lecture for patients
visiting MINDS



Oral screening week



Oral awareness camp at
Sreekandapuram

Every year, 1st August is observed as Oral Hygiene Day in India to commemorate the birth anniversary of Dr G B Shankwalkar, the founder of the Indian Society of Periodontology. The day aims at spreading awareness about the importance of maintaining oral hygiene and the ways to prevent several dental as well as systemic diseases.

Why is maintaining oral hygiene important?

The human body consists of several complex systems which are interconnected. For instance, the respiratory system (breathing system) and the circulatory system (blood carrying system) work together for the absorption of oxygen and the release of carbon dioxide from the body. Any disorder in the circulatory system would affect the exchange of gases in the lungs. Similarly, poor oral health can also result in several systemic complications including heart disease and diabetes

A genuine smile comes from the heart, but a healthy smile needs good dental care.

EXTENSION ACTIVITIES-DEPT.OF PERIODONTICS



AWARNESS TALK AT DIGITAL PARK

Dental Hygiene awareness lecture was given to the op patients visiting the college by Dr Arjun M R Reader, and Dr Mahesh Raj V V Senior Lecturer department of Periodontics. A dental kit was distributed to all the participants. All the patients visiting the department were screened in association with Oral screening week from 1-08-22 to 7-8-22. Periodontal findings were addressed and patients were educated and motivated to improve the oral hygiene measures.

SCREENING AND AWARENESS PROGRAM AT KE SAFIYA AUTISM CENTRE

Oral hygiene day program was organized and conducted by the Department of Periodontics, Mahe institute of dental sciences and hospital on 1-08-22. In association with the Oral hygiene day, We have conducted a screening and awareness program at KE SAFIYA Autism centre, Mahe on 21-7-22. Dr Subair K, Professor and Dr Nanditha Chandran, Senior Lecturer, post graduates Dr Deepith and Dr Indrajith attended the program. There were around 30 participants for the program. Lecture on oral awarness was given by Dr Subair followed by distribution of dental kit. Screening session followed led by Dr Nanditha, Dr Subair and the post graduates, The program concluded by around 1.00pm.



AWARNESS TALK AT SNEHASADAN- OLD AGE HOME

At Snehasadan- old age home an awareness talk and a screening session was carried by Dr Nanditha and Dr Mahesh- Senior Lecturers and Dr Salma, post graduate student on 27-7-22. There were around 10 participants for the program. Lunch was provided for all the inmates. The program concluded by around 1.30pm.



AWARNESS CAMP AT SREEKANDAPURAM

At Sreekandapuram an Awarness camp was organized under the guidance of Dr Subair K, Professor, Department of Periodontics, MINDS. Around 200 participants attended the camp.



TEAM PERIO

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